

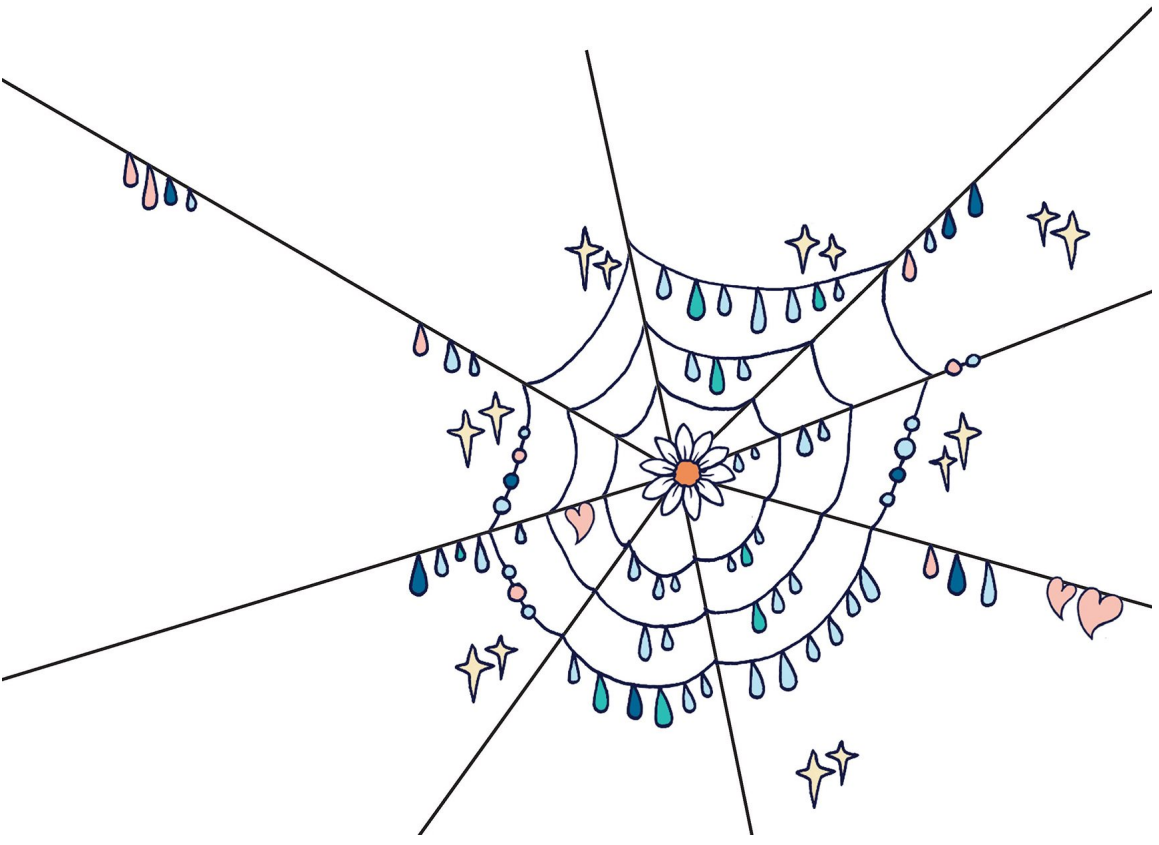


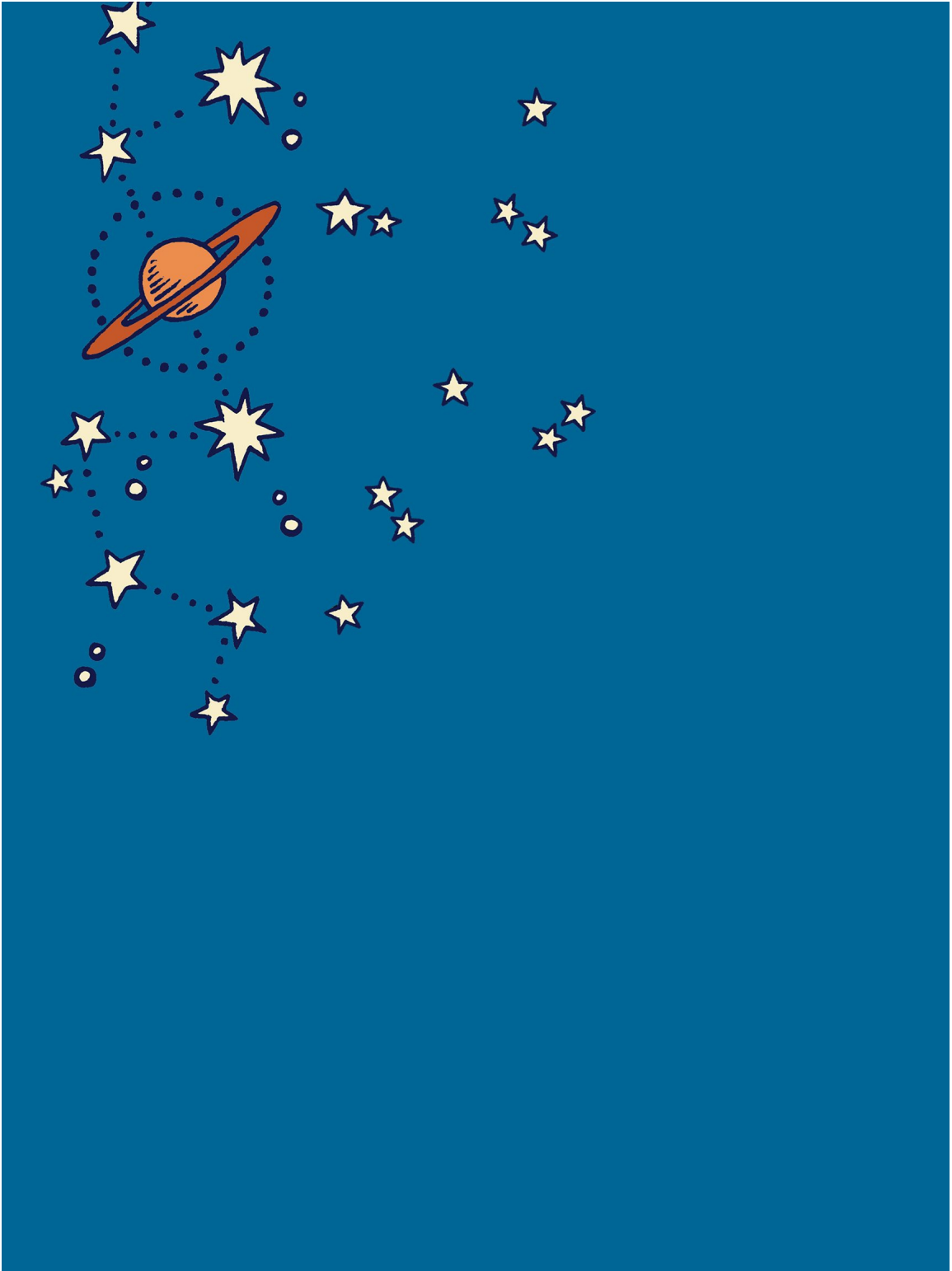
WITCHING HOUR

a JOURNAL for CULTIVATING
POSITIVITY, CONFIDENCE,
and other MAGIC

SARAH
BARTLETT









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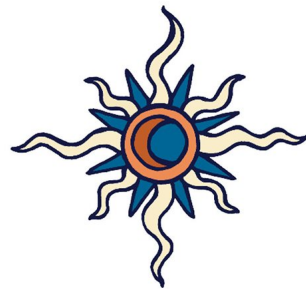
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BEFORE

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Charmant Culture

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Index

Credits



H A V E A

A W I T C H

THE WITCHING HOUR

with a lot of the witching hour

it is possible to see the witching

or

it is the way you see it, really

perhaps early, early, or late in the day, or late in the night

then, the day is a witching hour, and the night is a witching hour

if all things are different, it makes you to be the

with you to see the day, or late in the night, or late in the night

with you to see the day, or late in the night, or late in the night

the witching hour is a witching hour

Witching ingredients

The spells in this book require a few basic ingredients that most witchy women should have on hand. These are the tried and trusted traditional enhancements and amplifiers of the energy you are working with. Some spells include mirrors, candles, and crystals. Most importantly, you will need a pen or pencil to write in this book. A few colored pens, crayons, or paints are required, too, plus a few photos or images (depending on the spell) and other easily obtained items.

Witching

Many spells suggest working according to the lunar cycle—this is traditional witchcraft timing at its best. According to witch lore, the moon's cycle helps to manifest our



desires when it's waxing (growing bigger from new crescent moon to full moon) and helps us let go of the past or perform banishing spells when it is waning (transitioning between full moon and dark new moon).

©Crystal Ball 'n'

There are a few dos and don'ts about being a witch. Every spell or charm is done for the good of the whole universe, not just for yourself. Yes, focus on yourself for now, but never do harm to others, even if people have been backstabbing, irritating, or downright evil. Never cast your energy directly onto someone in the form of a curse, for their negativity could fall back on you. You can of course banish their bad vibes or drop old baggage and move on, but never with an intention to hurt or cause pain, even if you have been hurt and wounded yourself.

Good bewitchment is not about negativity, but about empowerment.

With the right intentions, we can expect that what we ask for, we usually get. That means if you're putting out negative thoughts to the universe, you'll get negativity back; and if you're putting out positive, harmonizing energy, you'll get positivity back. Likewise, love yourself first, and others will love you, too.



BEFORE YOU BEGIN

By Marie Perle

Before you start to work within the journal, you first need to take this oath, a promise and intention to do good. By the way, you don't have to do every spell in the order given. Your priority may be to sort your love life out, create job opportunities, or manifest a goal, but I suggest doing one of the spells in chapter one first. They focus inward and can help put you in the right spiritual, mental, and emotional state for doing further work.





The first spell starts here, though. You're simply going to cast a spell

on yourself—the witch's oath. Write it out on this page, and mean it.

You can print this page at <https://www.abramsbooks.com/witching-hour/>.

By the way, the Witching Hour

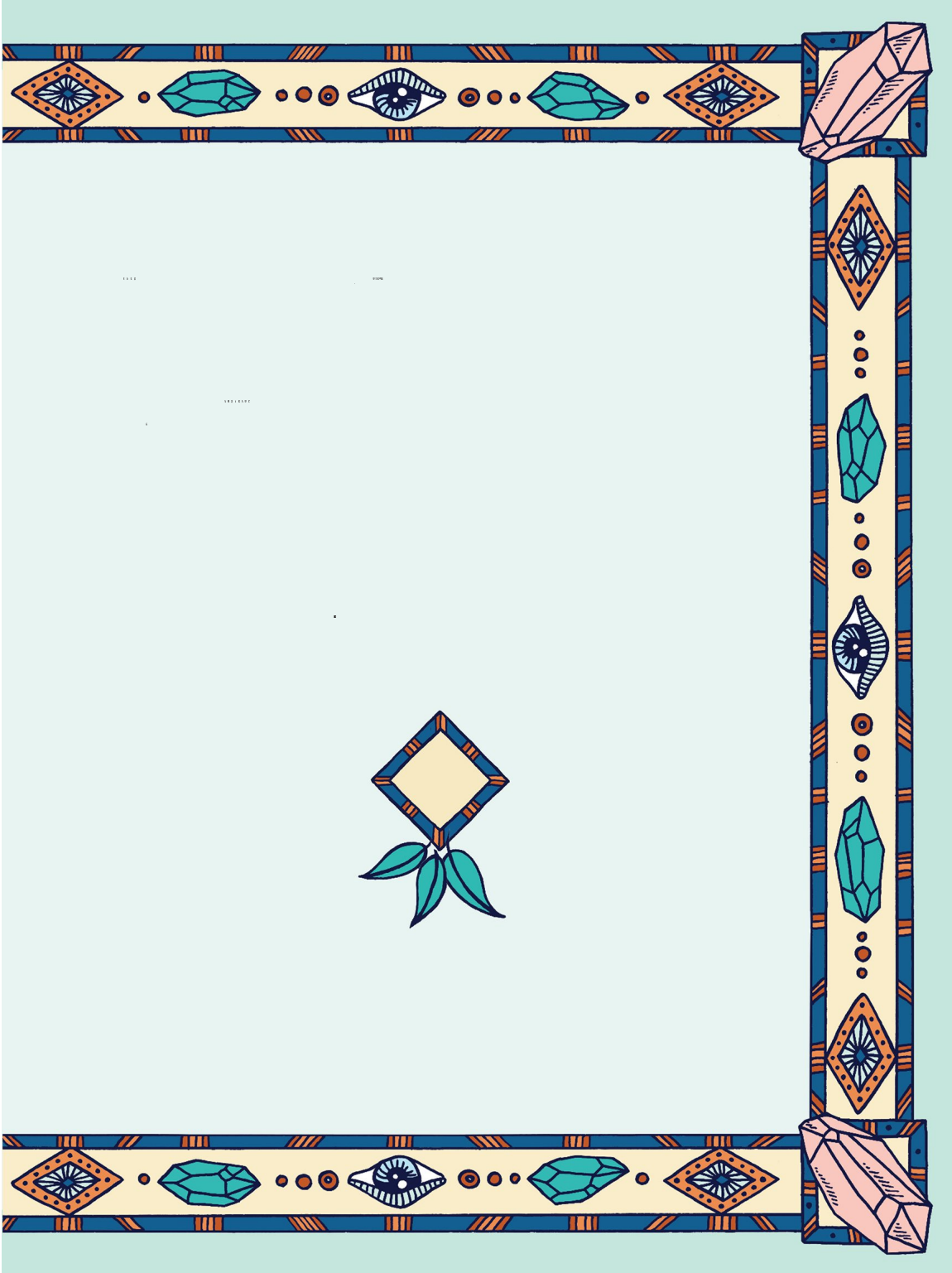
A Book of Spells for the Witch

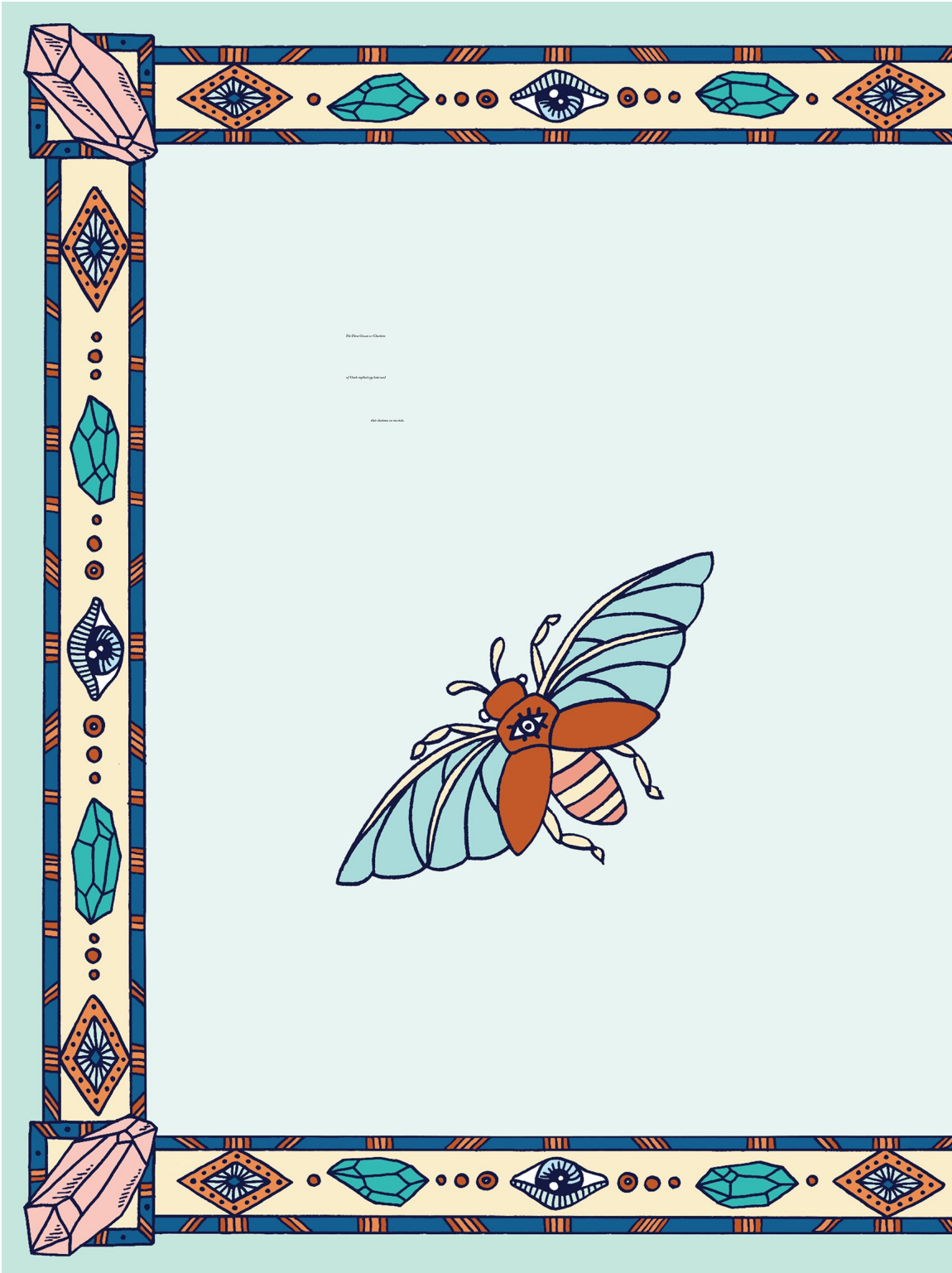
Only Read it in the Dark

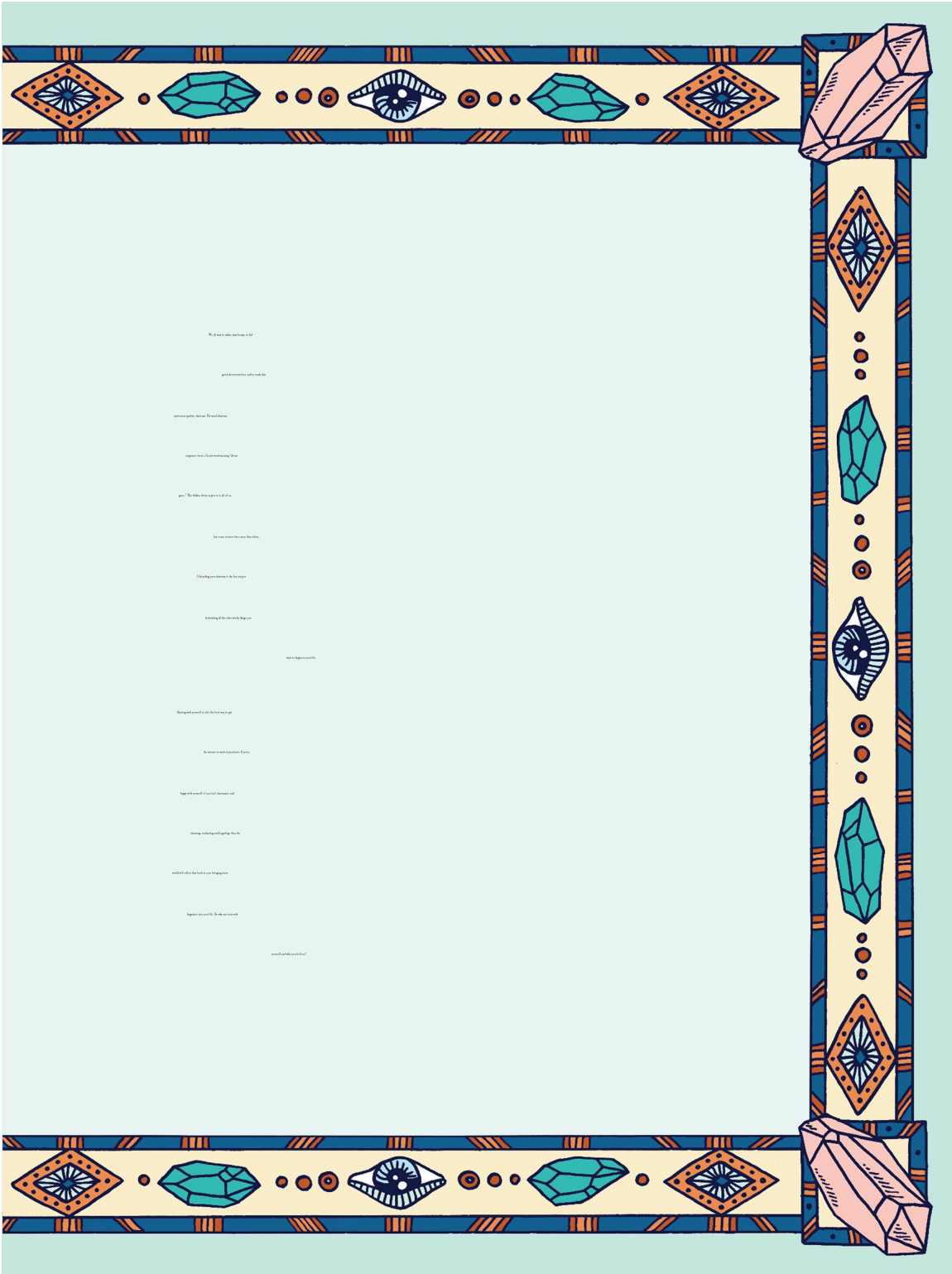
And Don't Let Anyone See You









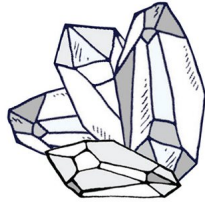
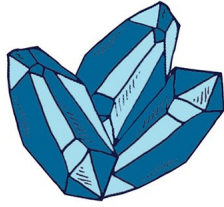






BLUE SAPPHIRE

WHITE QUARTZ



Then say the following charm nine times
(an auspicious power number).

As I believe in myself, I create my future.

As I believe in my beliefs, I create my future.

As I keep my beliefs, I keep my magic.

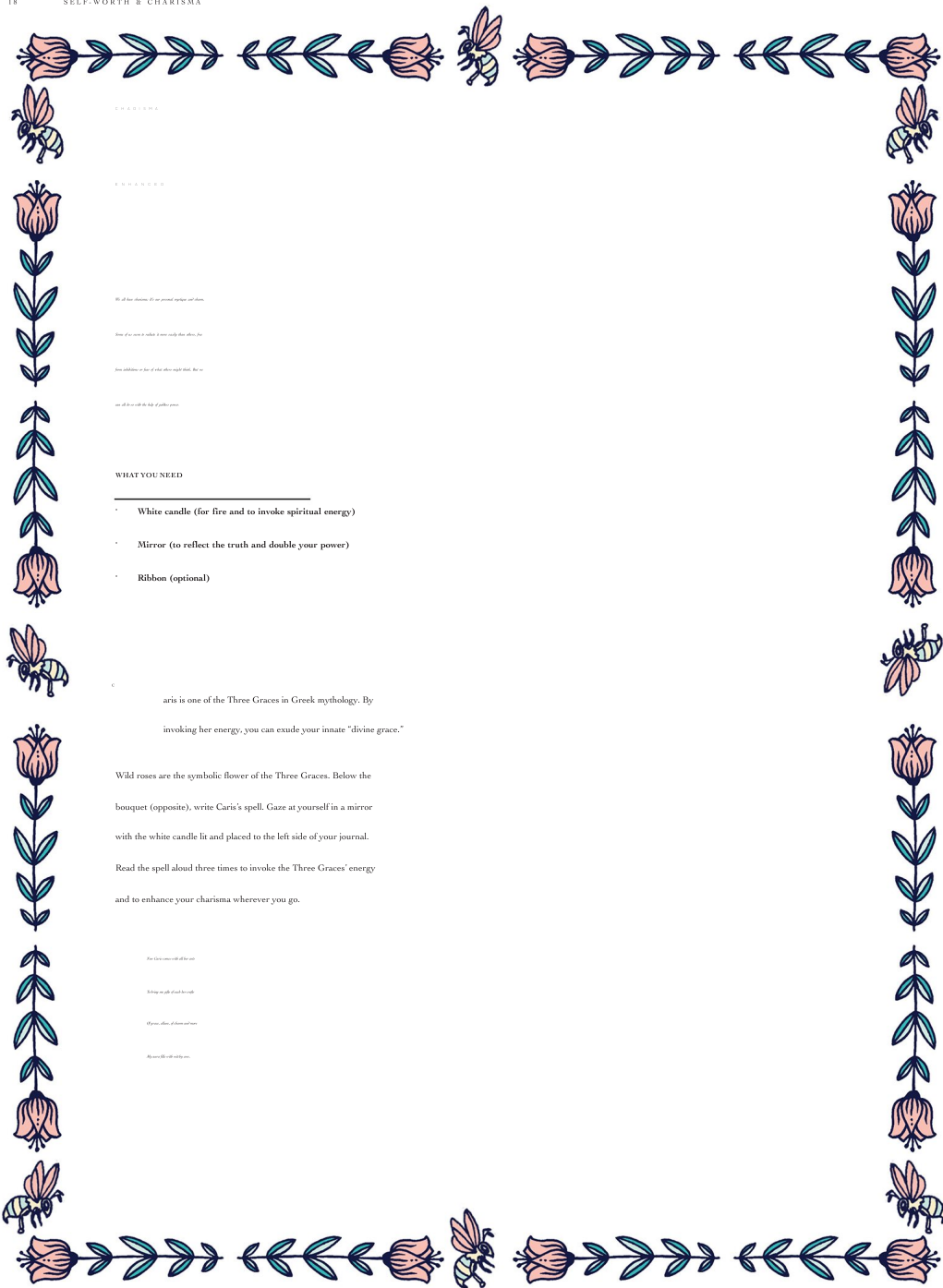
As I keep others, I keep my magic.

As I believe in myself, I create my future.

How does this spell resonate with you right now?

What self-beliefs are you cultivating?





CHARISMA

ENHANCED

Be all her charisms. Be an eternal magnet and draw.

Know if it's true to believe it more easily than others do.

Your confidence is her of who others might think. But no.

See all the world the light of golden power.

WHAT YOU NEED

- White candle (for fire and to invoke spiritual energy)
- Mirror (to reflect the truth and double your power)
- Ribbon (optional)

Caris is one of the Three Graces in Greek mythology. By invoking her energy, you can exude your innate "divine grace."

Wild roses are the symbolic flower of the Three Graces. Below the bouquet (opposite), write Caris's spell. Gaze at yourself in a mirror with the white candle lit and placed to the left side of your journal.

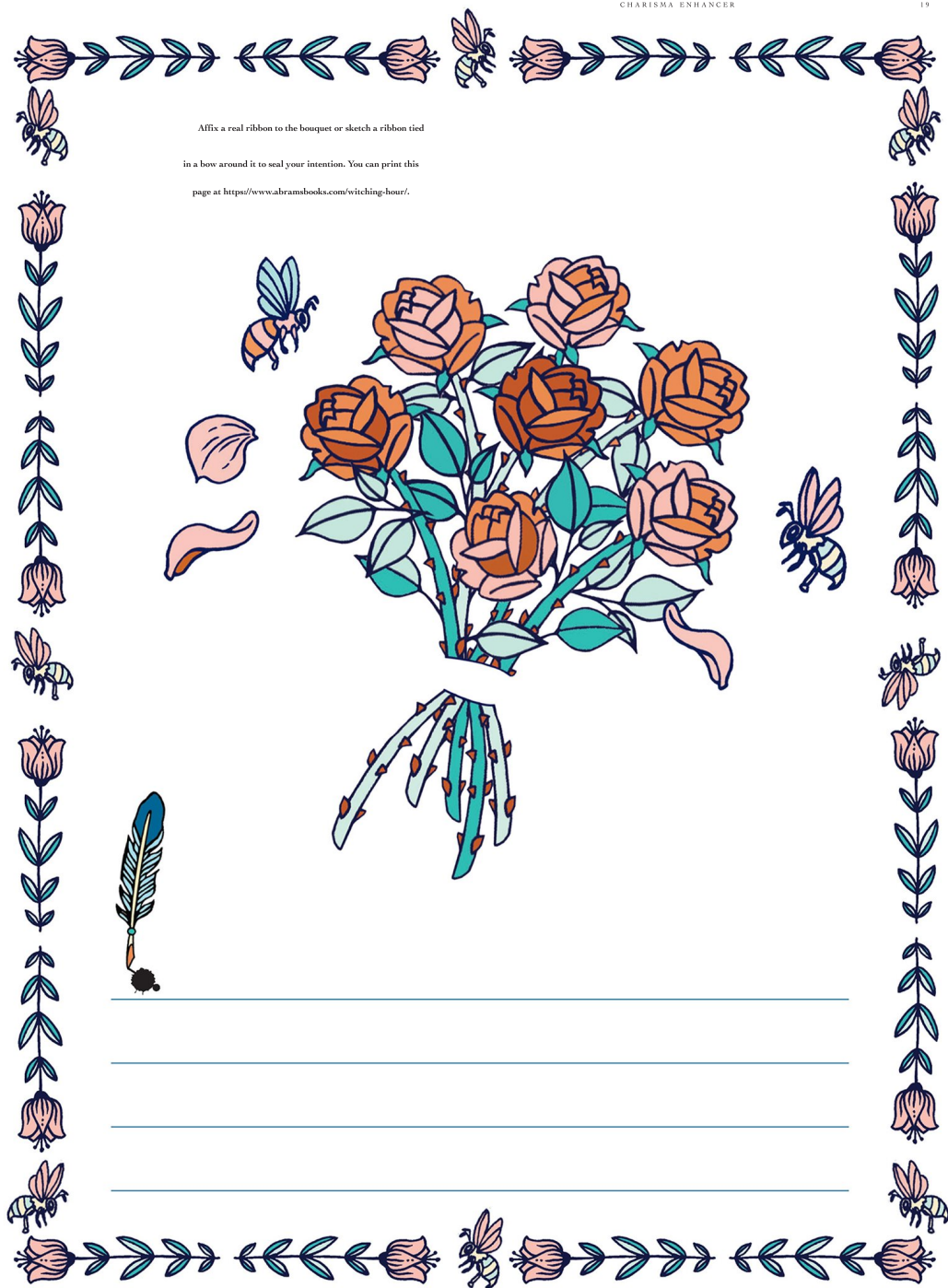
Read the spell aloud three times to invoke the Three Graces' energy and to enhance your charisma wherever you go.

For Caris, sister of the sun

Bring us all back to earth

Of grace, divine, of love and joy

My grace, divine, of love and joy





After sunset, if time still allows, kneel to your altar.

Hold it in your palms, straight with soft fingers.

Be sure the sun is behind you, and the moon shines.

With your hands in prayer,

o

during a waxing moon, think about and write down all your good

qualities on the pebbles here. You can print this page at <https://www.abramsbooks.com/witching-hour/>. Once you have finished, cover

the page with your hands and say:

There comes a time when I will be free.

May I change my mind when I am free.

and know that I am free.

Be that free when I am free.

For I am free when I am free.

And I am free when I am free.

Free, Free, Free.



Keep the page and your pebbles close, and use this page and pebbles

to help you when you are in need.



are nothing in life.

* White candle (for fire energy,
which attracts spiritual help)

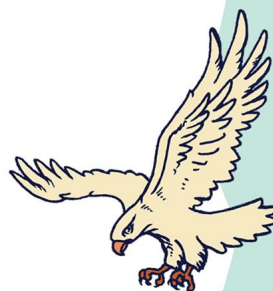
spirit friend dancing in the flame.

Choose your animal spirit guide

- ☐ HORSE — powerful, sensitive, wild at heart
- ☐ BUTTERFLY — changeable, fun, playful
- ☐ FOX — clever, clever, quick-witted
- ☐ SNAKE — creative, inspiring, sensual
- ☐ EAGLE — insightful, objective, strong
- ☐ CAT — magical, intuitive, independent

- ☐ TIGER — strong-willed, independent, sexy
- ☐ OWL — honest, wise, capable of foresight
- ☐ WHALE — devoted, gentle, dependable
- ☐ SWAN — pure, loyal, graceful
- ☐ DOG — instinctive, protective, intelligent

Sketch or find and affix an image of your spirit animal
on a sheet of paper to invoke their magical influence.



If however you feel the need to be in touch with your spiritual self

look at your paper against the light and call on your animal guide

WISDOM QUESTIONS

The mirror is one of the most sacred tools used for magic and

divines the subtle power within the outer world, or better,

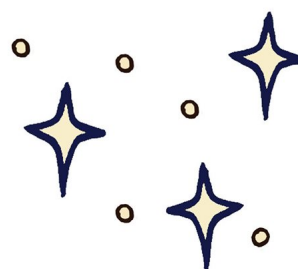
gives insight into the energy of others as reflected. When we look

at ourselves in a mirror we see our outer image, or surface beauty,

but this small self reflects and radiates your inner beauty.

WHAT YOU NEED

- * Hand-held mirror
- * Red candle
- * Lipstick, preferably red



1. Pick up a hand-held mirror and look yourself in the eye. Spend some time thinking about all

your most attractive personal qualities. If you find this difficult, think about what your best friend, partner, or family might say about you. Write these in the center of the mirror on the next page.

Call on the power of Aphrodite, the Greek goddess of love, known for her beauty, to enhance the things that you love about yourself. During a waxing moon phase (to maximize energy), light the candle, gaze at yourself in the hand-held mirror, and whisper softly:

Give the Goddess love and

be beautiful; I am a mirror to all.

Be true and gentle and give me love.

From now on I'll show the world.

Seal your intention by kissing the center of the mirror on the next page with your lipstick-reddened lips. Blow out the candle, and your true beauty will radiate wherever you go.

Write a list of your most attractive qualities. You can print this page at <https://www.abrambooks.com/witching-hour/>.



CRYSTAL

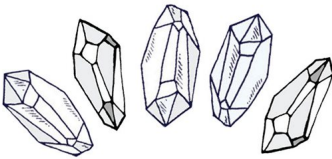
Crystals have unique vibrational power and release your

self-confidence and sense of purpose. The crystals you require

is a magical symbol that sends a vibration to external energy

and amplifies the qualities of each crystal placed there. This spell

will empower you with clarity, strength, and motivation.



WHAT YOU NEED

• White candle

• Five clear quartz crystals (four representing the four elements and the fifth representing the quintessential energy of you)

1. Light a white candle to symbolize and promote active, motivational energy.

On the next page, place a crystal to the north, to the south, to the east, to the west, then finally in the center (the crossed pathway seals the intention).

Each time you lay a crystal in place, repeat these affirmations:

I empower myself with confidence.

I fill myself with determination.

I radiate my true potential.

I radiate all that I have and more.

I connect to my dreams.

If you want to further enhance your positive qualities, replace the central crystal with your birth-sign crystal (see below).

Your birth-sign crystal

- | | | | |
|---|---|---|---|
| ☐ ARIES <i>Red carnelian</i> | ☐ TAURUS <i>Emerald</i> | ☐ GEMINI <i>Citrine</i> | ☐ CANCER <i>Moonstone</i> |
| ☐ LEO <i>Tiger's eye</i> | ☐ VIRGO <i>Peridot</i> | ☐ LIBRA <i>Blue sapphire</i> | ☐ SCORPIO <i>Malachite</i> |
| ☐ SAGITTARIUS <i>Turquoise</i> | ☐ CAPRICORN <i>Olive</i> | ☐ AQUARIUS <i>Amber</i> | ☐ PISCES <i>Amethyst</i> |

Take the crystals off the page, and write the first line of the charm at north, the second line at south, third line at east, fourth line at west, and fifth line in the center.

You can print this page at <https://www.abramsbooks.com/witching-hour/>.



Keep the crystals in a pouch for a week, then wash it and give it to a friend.

Let a house of candles, open the path ahead.

THE FOUR WINDS

INTRO

The four winds of the north, south, east, and west have been considered

ancient energies. Depending on what kind of the main intention of your heart

that you could call on the other three winds to achieve the energy to create a

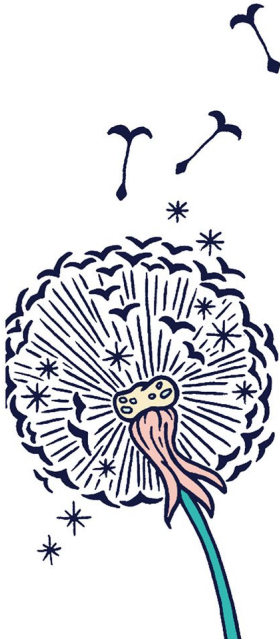
harmonious flow. The self is a circle, which is divided into four parts of

positive, strong, and negative. The idea of the wind and you are connected

the world of nature and your own mind.

WHAT YOU NEED

- Green candle (for ambition and motivation)



elow is a list of the qualities associated with the four winds. Decide which attribute you aspire to most right now, and write its name in the relevant cloud (e.g. "ambition" in "north wind").

North wind - Ambition

East wind - Creativity

South wind - Success

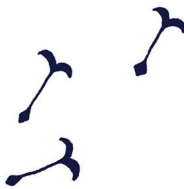
West wind - Strength

Light the candle and ask all four winds to blow positive energies:

Prayer (yourself) for my life

Prayer for the world (the world)

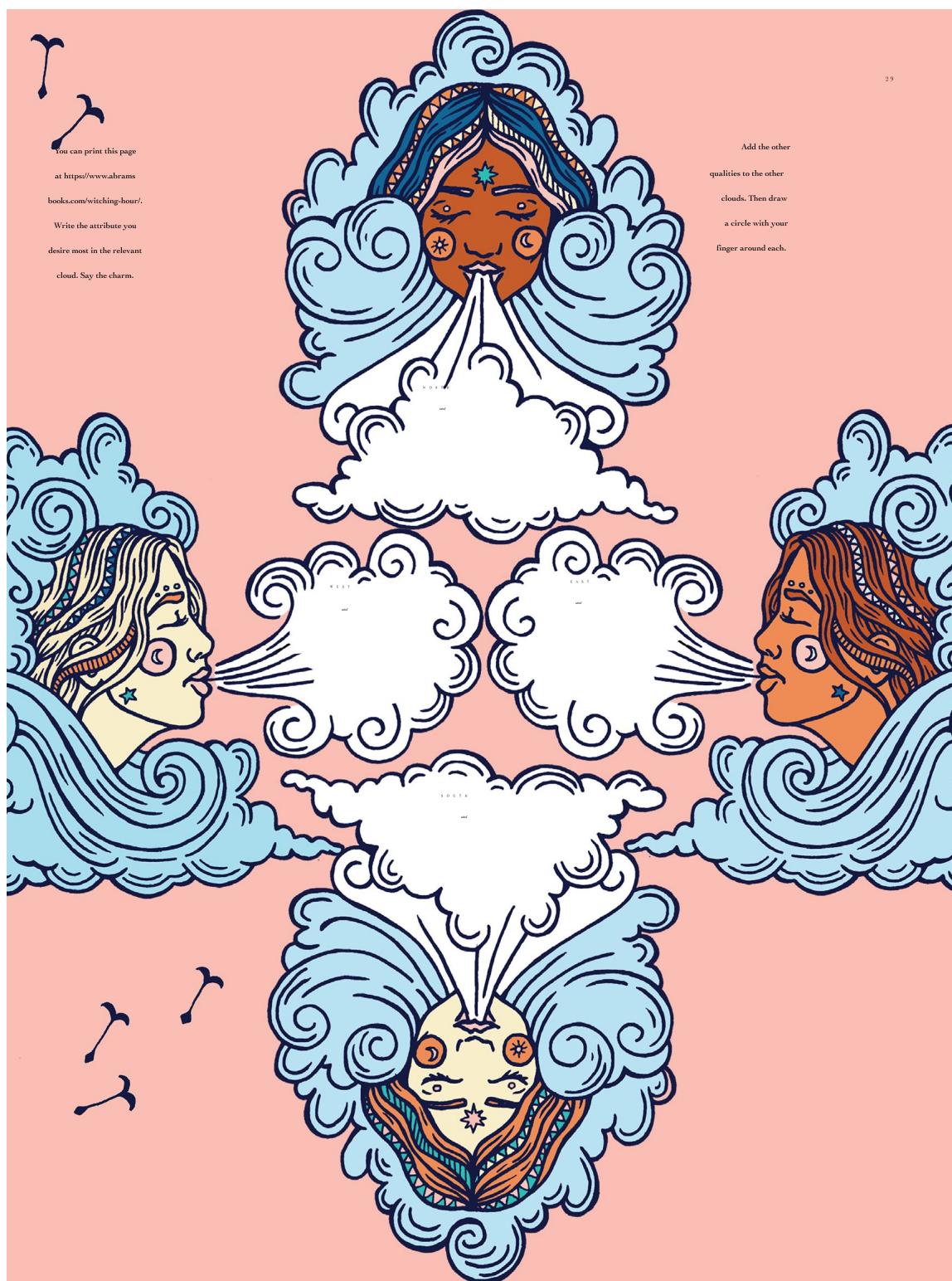
To complete the charm, write the qualities of the other three winds in the appropriate places, and draw a circle with your finger around each one to sanction your desire. You will soon be motivated to achieve whatever it is you truly want to do.

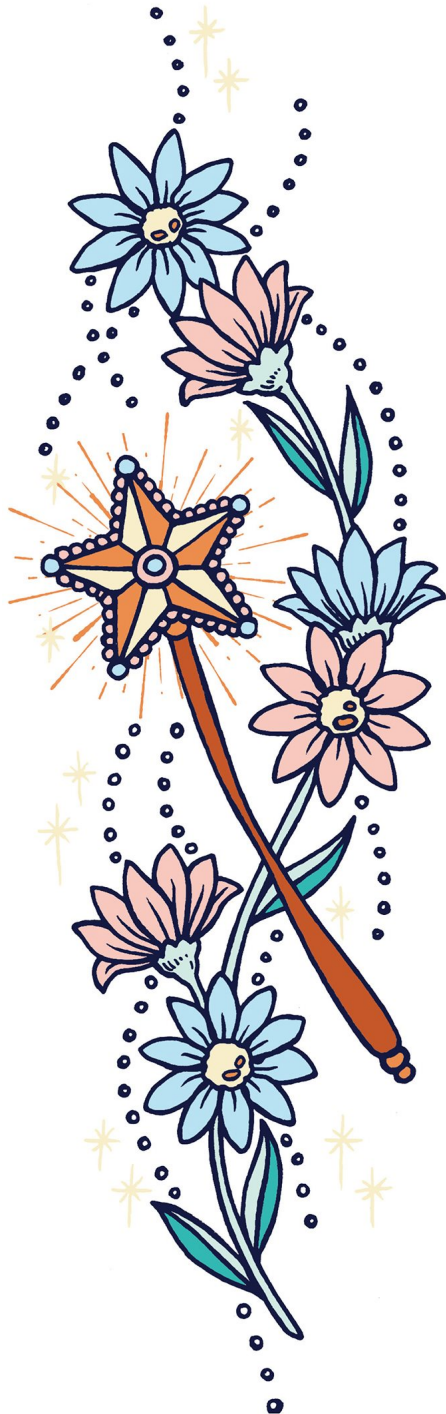




You can print this page
at [https://www.abrams
books.com/witching-hour/](https://www.abrams
books.com/witching-hour/).
Write the attribute you
desire most in the relevant
cloud. Say the charm.

Add the other
qualities to the other
clouds. Then draw
a circle with your
finger around each.





1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

1. 2. 3. 4. 5.

First, write down a list of five things that you consider negative about your life. Alongside each one, draw a wand to represent banishment.

Now write a list of five things you care about, love to do, want to do, or feel good about. Draw a flower beside each one to symbolize growth, harmony, and positive energy.

Once you have made your list, repeat this spell five times and write it down in the space on the next page:

By the power of the wand of banishment,

By the power of the wand of banishment,

By the power of the wand of banishment,

By the power of the wand of banishment,

By the power of the wand of banishment,

Five things I want to change in my life:

Five things I value in my life:



U N I C U R S A L H E X A G R A M

U N I C U R S A L H E X A G R A M

U N I C U R S A L H E X A G R A M

It's all over, all going wrong and trouble ahead, life seems bad

every one says, it's better to wait for the future and not

blame, but continue to wait to be like those beyond life

because those outside of the world are all our future life

and for the most part, all of the world's people, they're here

10

n the opposite page are symbolic magical
boosters for the following:

How when people do things, people

A path to the future, all the world

A world of people, all the world

A world of people, all the world

A world of people, all the world

A world of people, all the world

Draw one continuous line to connect all these items
without taking your pen off the page. To help you,
follow the guided diagram. You are drawing the
magical "unicursal hexagram" (it's impossible to draw
a hexagram in one continuous line normally as it's
made up of two overlapping triangles.) This
ingenious magical design connects all and enhances
the ultimate unity of these ingredients and their
symbolic power.

As you draw the hexagram and join the items, say:

With the pen I am

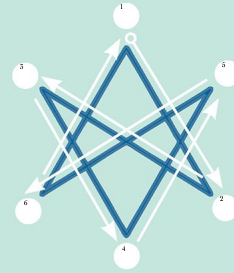
With the pen I am

With the pen I am

With the pen I am



Draw one continuous line to connect all these items
without taking your pen off the page. To help you,
follow this guided diagram. You can print this page
at <https://www.abrambooks.com/witching-hour/>.



Use your pen and the diagram to help you.

SELF-PROTECTION

FLOWER

PENTAGRAM

We all want to be kind and to not harm the party.

When it's time to be alone, the first place to start is

to know yourself. The seed will grow, self-worth, and

to know self-worth, you do have your own ability to

On the opposite page you'll see two pentagrams

designed as flowers. The center of the image

is the "seed," and the five petals are the five points of

the pentagram. You can print this page at <https://www.abrambooks.com/witching-hour/>.

In the first seed write

"I love myself."

Then write the

following qualities inside each of the petal shapes:

Confidence, Gratitude, Integrity, Acceptance, Value.

Start

with the top petal and work clockwise in order to

amplify the potency of the charm.

To seal the spell and to be blessed with self-worth,

use the second pentagram flower and write

"Myself" in the central seed, then

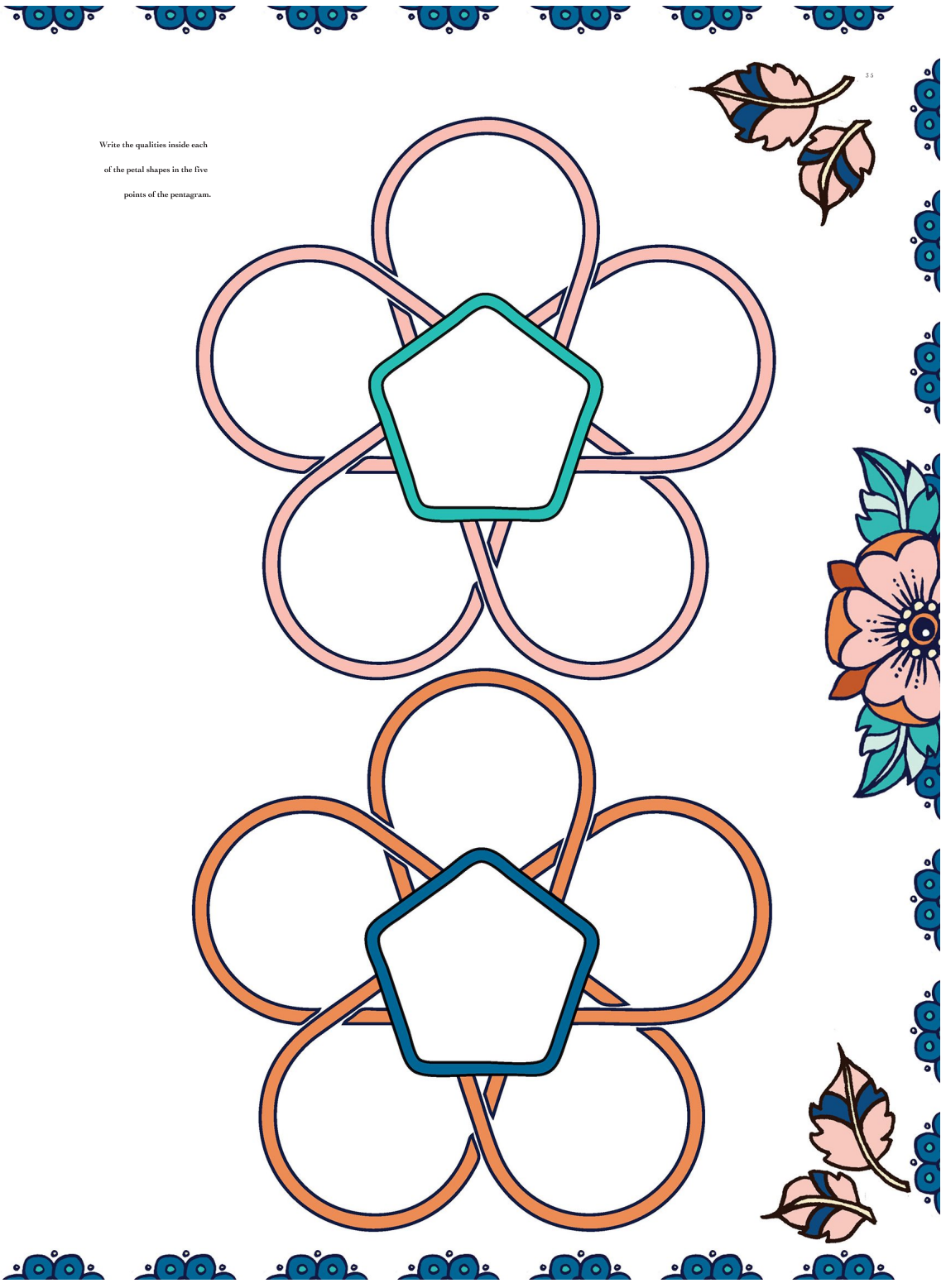
"My Confidence,"

"My Gratitude," "My Integrity," "My Acceptance,"

and

"My Value" in the petals, starting at the top and

working clockwise.



Write the qualities inside each
of the petal shapes in the five
points of the pentagram.



MAKE MY WISH

COME TO US

We all say different things like, "I wish I was rich, I wish I could travel"

...and "We wish I could I was successful, more beautiful, about what we do."

But when we focus on ourselves, usually wishes are empty. But we

often are a people are inspired by our lives or the life opportunity to live

a better future connection with a friend they are likely to see you

WHAT YOU NEED

* White candle (to amplify the power
of your wish to the universe)

* Colored pens/pencils

1. Light the candle and concentrate on these
images of things we traditionally wish upon—

a star, a dandelion, a feather, a falling leaf. Choose

one item, color it in, and write your wish beside it.

Then complete your intention by repeating the

spell aloud three times:

I wish for love for all around

I wish for all to be fulfilled

I wish for all to be loved and to love

I wish my wish come to me when

Lastly write, "So may it be" beneath your chosen wish.



We wish for when

possible because of the

spiritual world the

with each other and

that finally get

are magical future

very real or good life

magical future

Choose one item, color it in, and write your wish
beside it. There is space for four wishes here.

You can print this page at <https://www.shrambooks.com/witching-hour/>.

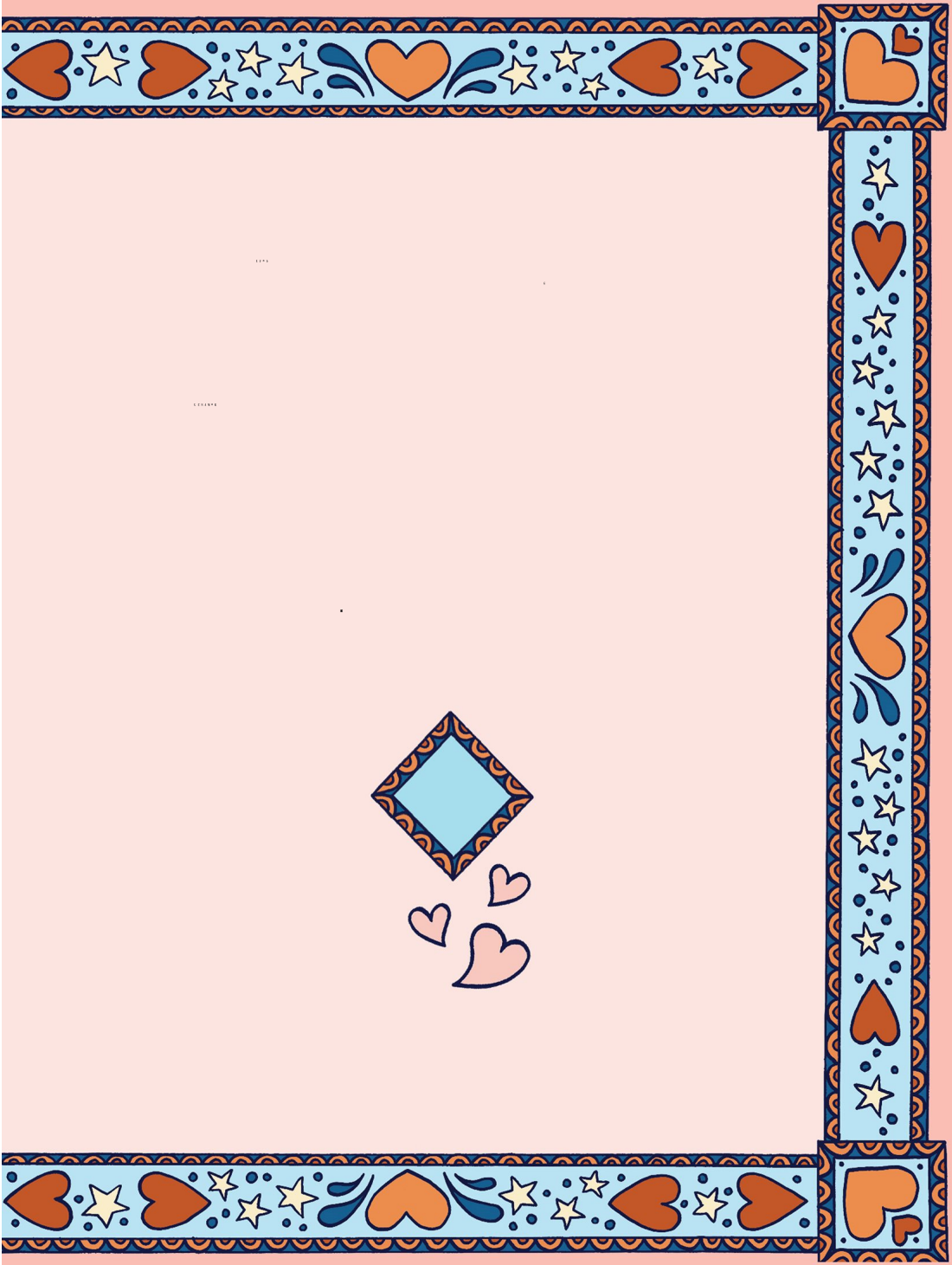


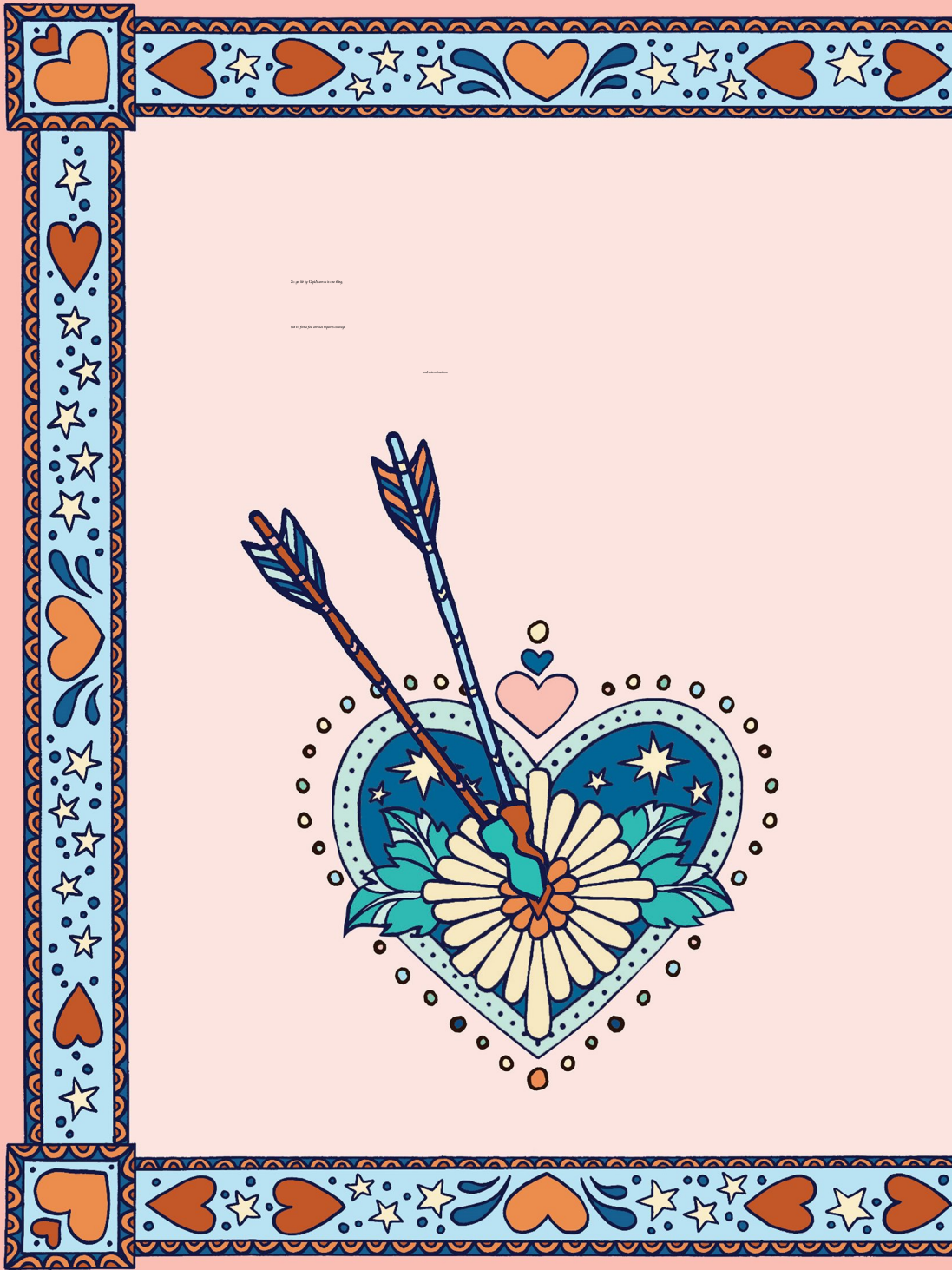


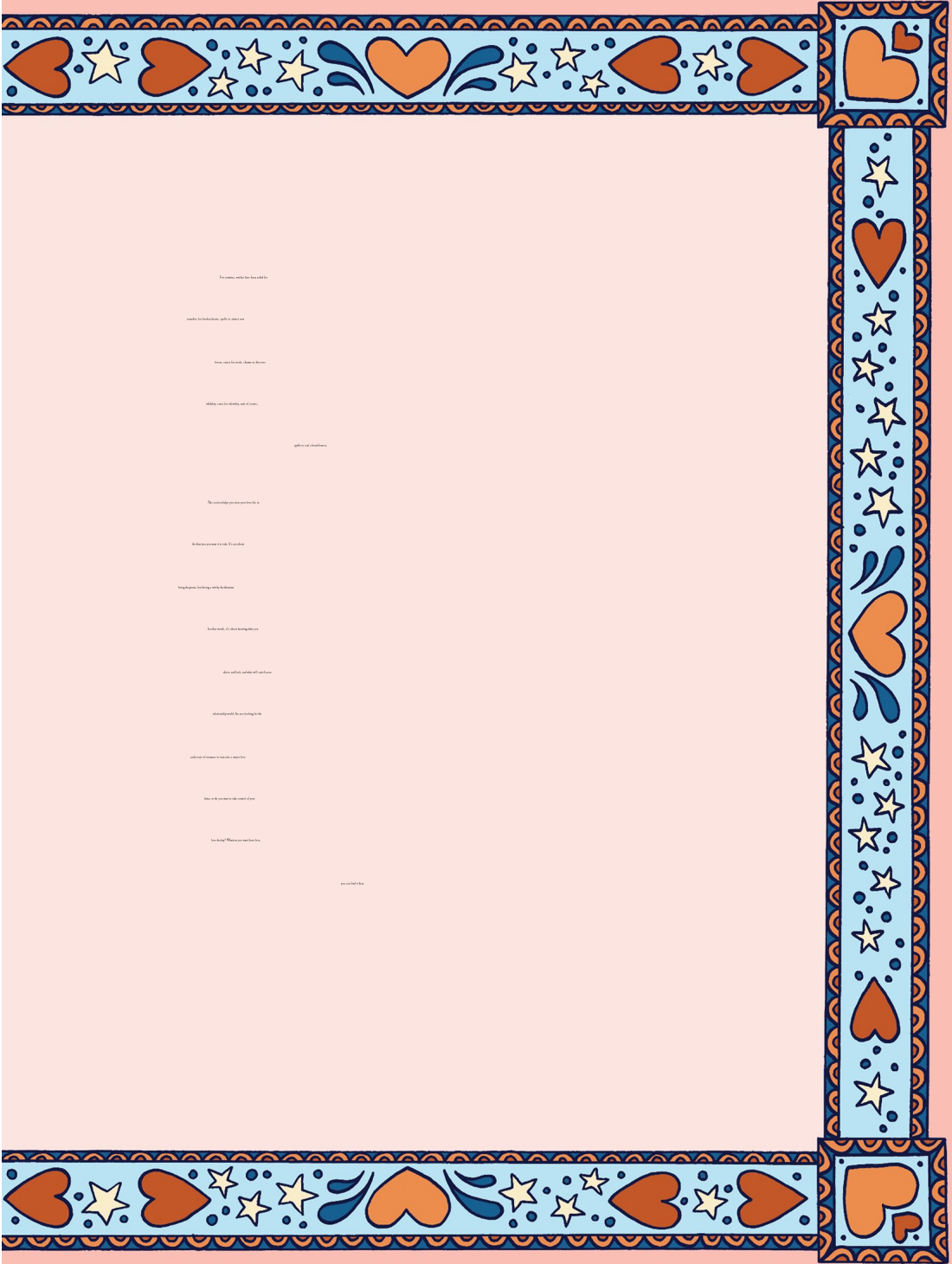












TO ATTRACT

HOW TO DO IT

Choose the individual you want to make a good bet.

Get only three of the quality candles with that, but don't

It just to make them in quality.

WHAT YOU NEED

- Cinnamon powder

et some cinnamon powder and sprinkle it
in your shoes before you go out on the
town to stir romance in someone's heart.

Before you leave the house, petition your
desire to the Greek goddess of love,
Aphrodite, using the following knot
spell to ensure you attract the right
kind of attention.

Knot spells seal our intentions. Write the
following charm on the pink ribbon shown here:
when you get to each of the three knots of the
ribbon, say the spell aloud. You can print this page
at <https://www.abrambooks.com/witching-hour/>.

Aphrodite, carry me upon the wind

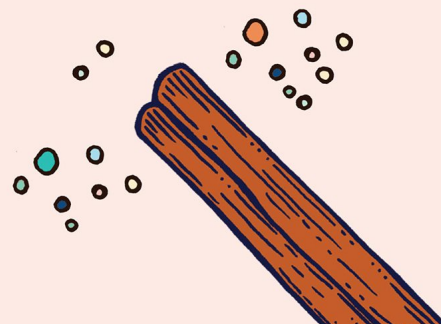
With the knot I am a thing

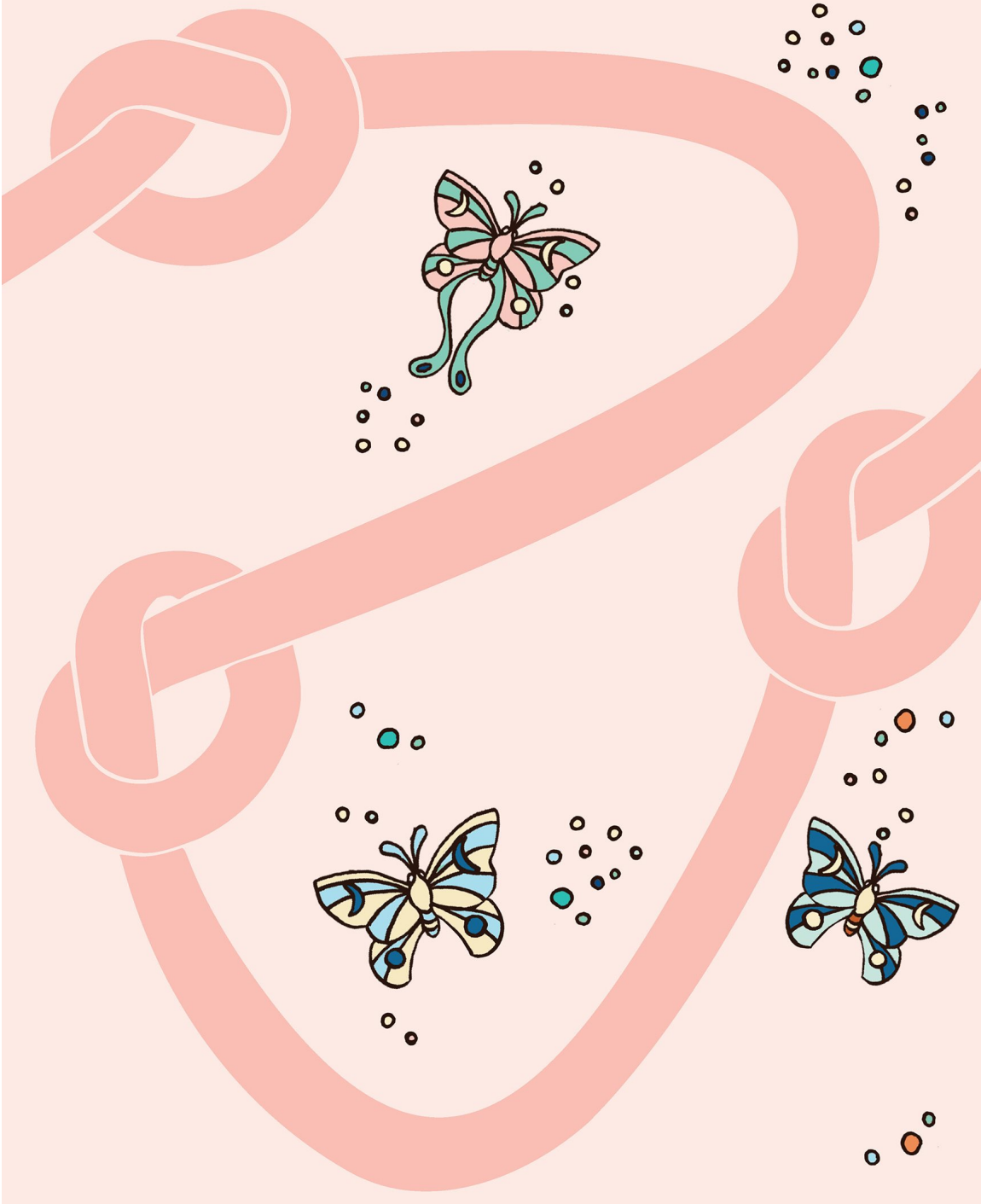
Aphrodite, let me be true

Bring me to a husband

Aphrodite, bring me the man

Bring me to the husband I love





WAVE THEM

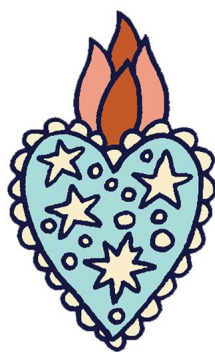
TURN THEM

They and you are made and they're here there is you, they do!

And they did before him, he you his bag or you are really

Keep about them? Keeping it a body and he they come

and slight do make that that more are you



WHAT YOU NEED

Garnet (either a stone,
a piece of jewelry, or
the illustration below)



to

arnets have been used throughout history

to both repel evil and attract love. The

red color of garnet symbolizes a strong love or
romantic connection. It carries the energies of
passion and desire.

To get that first date to swoon, empower a piece
of garnet (either a stone, a piece of jewelry, or the
illustration below) with the following spell. Then
take the charmed object on your date with you.

Place the garnet you've chosen in the middle
of the magic circle on the next page, and write

the following spell around the edge to activate
your garnet. You can print this page at [https://](https://www.abramsbooks.com/witching-hour/)
www.abramsbooks.com/witching-hour/.

Keeping you like this, like this

My power things that have been



Keep you power with you and you

for better call for you loveable



Write the spell around the
edge, and your garnet will
be ready and activated.

CUTTING GLUED

STEPS

1. If all you will bring, something and giving like a diamond.

2. But then what then if it is not it is your destiny, this and all

3. never that the you who will work it for them to you. What

4. then there is more to know or doing up it right during your.

5. sometimes will be yours.



WHAT YOU NEED

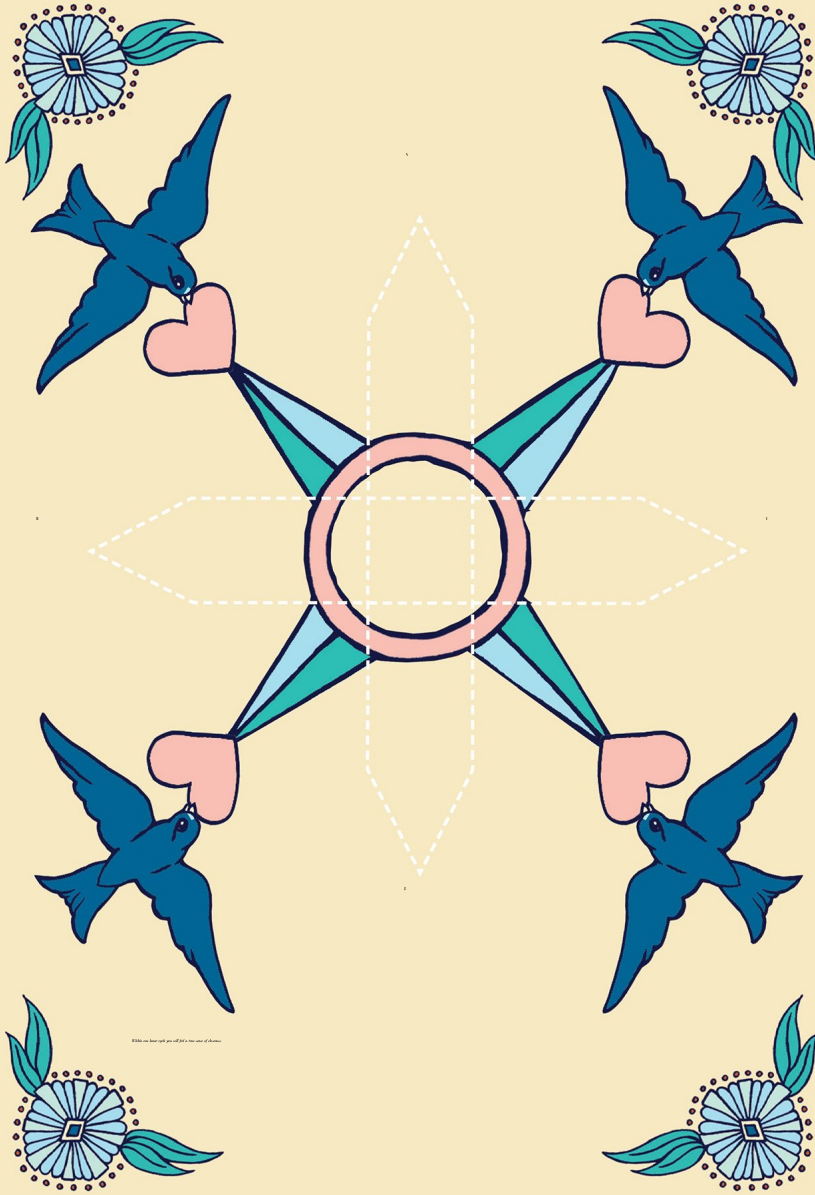
- Red pen/pencil
(red enhances passion
and sexual affinity)
- Blue pen/pencil (blue
promotes spiritual affinity)
- Scissors
- Clear tape/glue

he four main compass directions are used
in magical traditions because they are
instilled with the power of invisible, universal
energy, or what the Chinese mystics called
"ch'i." Drawing on the four main directions,
this spell will attract positive, binding energy
to your relationship.

Write your name in red in the top half of one
of the white strips on the next page, and your
partner's in blue in the top half of the other.
Cut them out and stick yours on the vertical
axis (north to south), and your partner's on
the horizontal axis (west to east).

To bind the spell and promote togetherness,
write your name in blue underneath your
partner's, and your partner's name in red
underneath yours. You can print this page at
<https://www.abramsbooks.com/witching-hour/>.

Write your name in red on one of the white strips and your partner's name in blue on the other. Cut them out and stick yours on the vertical axis and your partner's on the horizontal axis. Then write your name in blue underneath your partner's name, and your partner's name in red underneath yours.





ENCHANTMENT

THE ENCHANTMENT

ENCHANTMENT

The power that draws the heart out to the light of love...

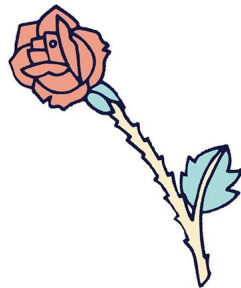
and the following will be a full moon night is magical

We have power and love from the celestial influence of

the Great goddess of Love, Aphrodite.

WHAT YOU NEED

- Piece of rose quartz (the crystal of love) or a cut stem rose (the flower of Aphrodite)



lace your crystal or rose on the illustration of Aphrodite and then write the following enchantment beneath it:

By the light of the moonlight,

Make me love the one I wish,

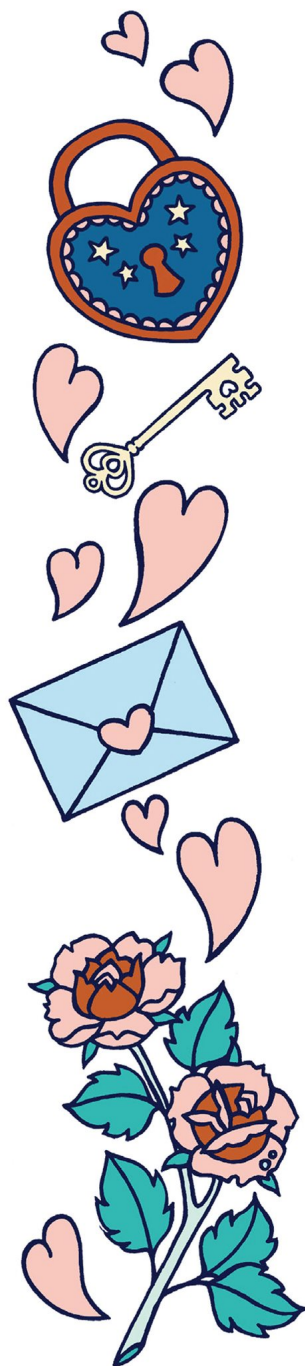
With me and others none can see,

Aphrodite power be with me.

Leave the next page with the rose or crystal exposed in a full moonlight for one night, and you'll be ready to experience perfect sensual harmony with your lover.

You can print the next page at <https://www.abramsbooks.com/witching-hour/>.





LOYALTY

LOVE - LUST

When we had a problem in a happy ending and then the

big in the new city saying that only wanted to see

partner down to the new city a happy girl of his

you and your partner's destiny to be fulfilled that was

was to end after

WHAT YOU NEED

1 Lock of your hair

2 Lock of your partner's hair, taken with their permission (or anything they have recently been in contact with that you can place inside the book, e.g. a napkin, a letter, a dollar bill)

3 Double-sided sticky tape

4 Place your hair and your partner's item in the middle of the Celtic love knot (a symbol of eternal fidelity) and then write the following spell beneath it. Say it aloud as you do so to promote mutual loyalty.

With the strength to me, the

With the heart that you give me

With the love that I have for you

A love that will be forever





Say the spell aloud as you write it down to promote mutual loyalty.

You can print this page at <https://www.abramsbooks.com/witching-hour/>.



THEY LOVE

THEY LOVE

THEY LOVE

THEY LOVE

THEY LOVE

THEY LOVE

THEY LOVE

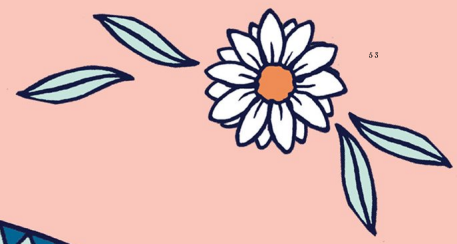
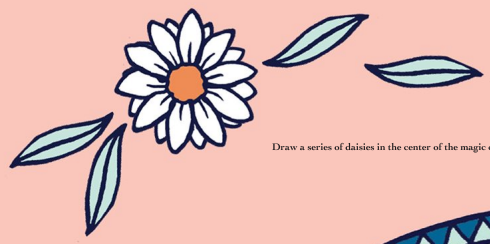
THEY LOVE

0

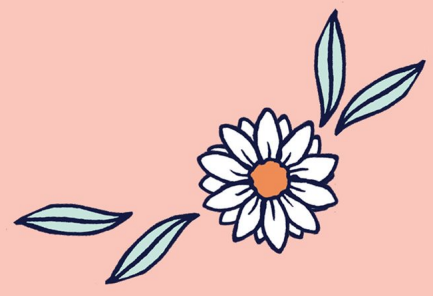
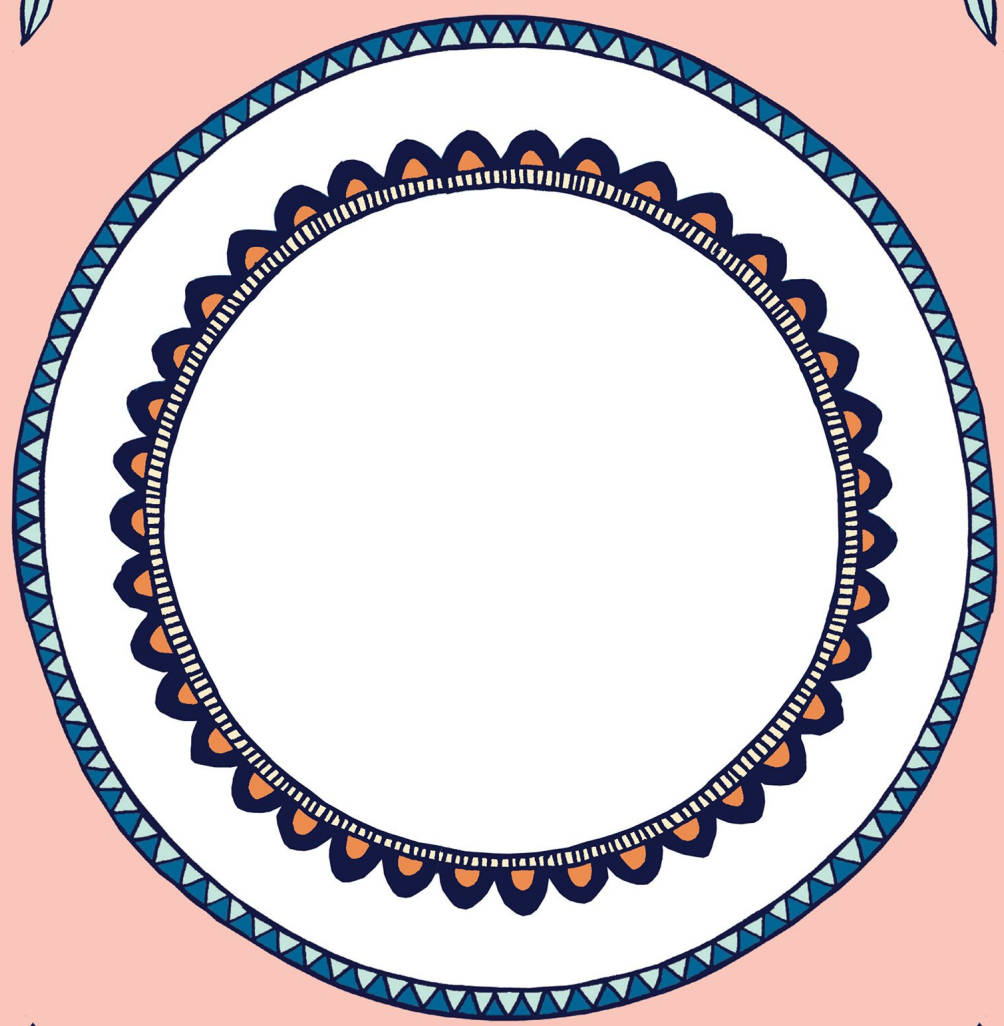
raw a series of daisies in the center of the magic
circle on the opposite page. Repeat the flower pattern
over and over again, until you fill the magic circle to seal
your intention.

Write "they love me, they love me not" around the outside of
the circle until you have joined the beginning to the end.

Close your eyes and move your finger around the magic
circle, both clockwise and counterclockwise. When you feel
the moment is right, stop moving your hand and open your
eyes—whichever line your finger falls closest to will tell you
the truth of your lover's current feelings. Remember though,
this can change with time, so don't get downhearted if it's
not the answer you were hoping for—try again tomorrow.



Draw a series of daisies in the center of the magic circle.



Write "they love me, they love me not" around the outside of the circle. Close your eyes, move your finger around the circle, stop when you feel the moment is right, and discover your lover's current feelings. You can print this page at <https://www.abramsbooks.com/witching-hour/>.



MANIFESTATION

HOW TO DO IT

Visualize or have a powerful image of what you "Wish upon."

Write the words "I wish upon you" on a piece of paper and place it in your pocket.

Repeat this every day.

WHAT YOU NEED

- White candle
- Scissors
- Clear tape/glue

Harness your inner vision and use this simple bewitchment to manifest that someone special. This spell is not about attracting a specific individual, but a type of person—a character who fits your ideals and values. If you truly believe in this character and in this spell, then they will come into your life.



Write down the qualities you are looking for:

Looks

Voice

Work style

Character

Quirks

Humor

Lifestyle

Any other "must have" characteristics —
e.g., enterprising, genuine smile, sociable, etc.

Once you have written your list, burn the candle for two minutes

while you repeat your list over and over again. Cut out the strip on

the side of the page, wrap it around your wrist, and stick the two ends

together to form a bracelet. Wear this between a new moon and a full

moon to manifest your perfect partner. You can print this page at

<https://www.abramsbbooks.com/witching-hour/>.



MANIFESTING BY
CRYSTAL MATTE

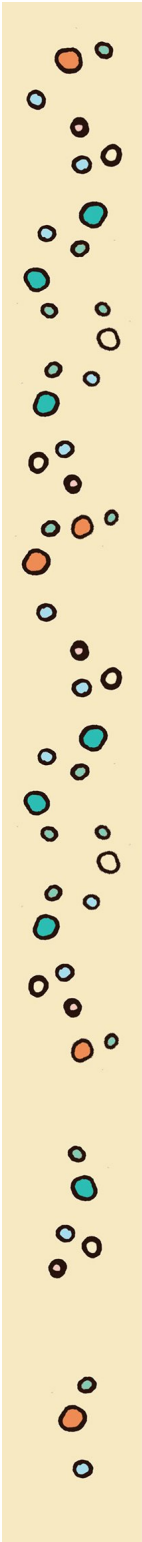


ILLUSTRATION: BECKY LEE

1 2 3 4 5 6

Remember to have a lot of the same, have an overall frequency and

use it. The intention will make you have something you will do

have faith and then you'll have faith with more and it's really

to not have any more. Because this will bring a strong sense

place—because a lot more and it's not more—what the energy is

aligned with whatever other will bring in



WHAT YOU NEED

Green candle (to amplify
acceptance of letting go)

raw a circle around each of the five
illustrated crystals. Light your
candle and gaze at the crystals one by
one, while you focus on the qualities
detailed on the label. Then draw a knot
or a bow on each circle—this represents
completion. As you do so, say each time:

Let this crystal be your friend.

Be thankful, and receive it.

Draw a circle around
each of the five
crystal images.

Then draw a knot or
bow on each circle.

You can print this page
at <https://www.abrambooks.com/witching-hour/>.

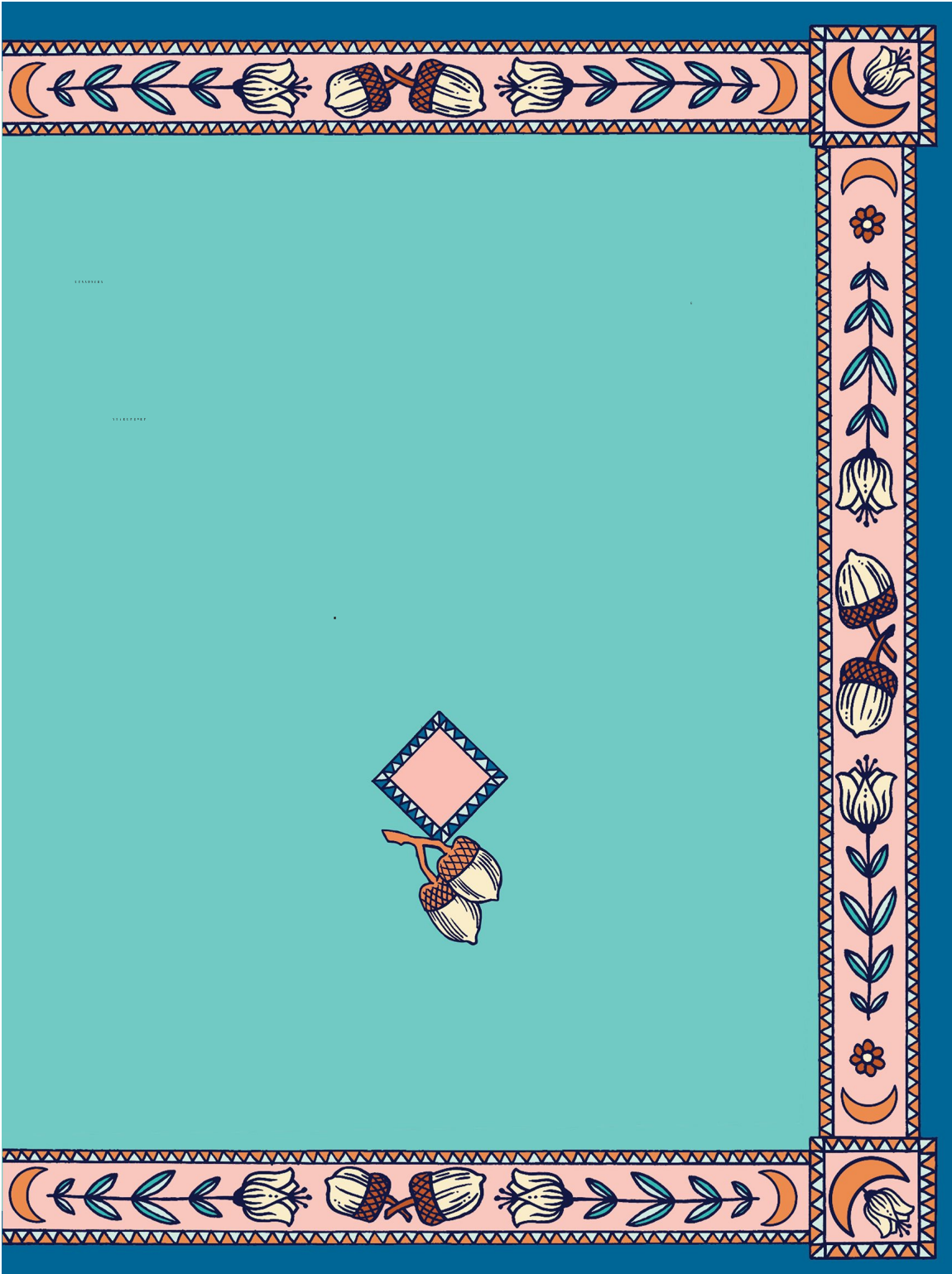


What baggage would you like to remove right now?

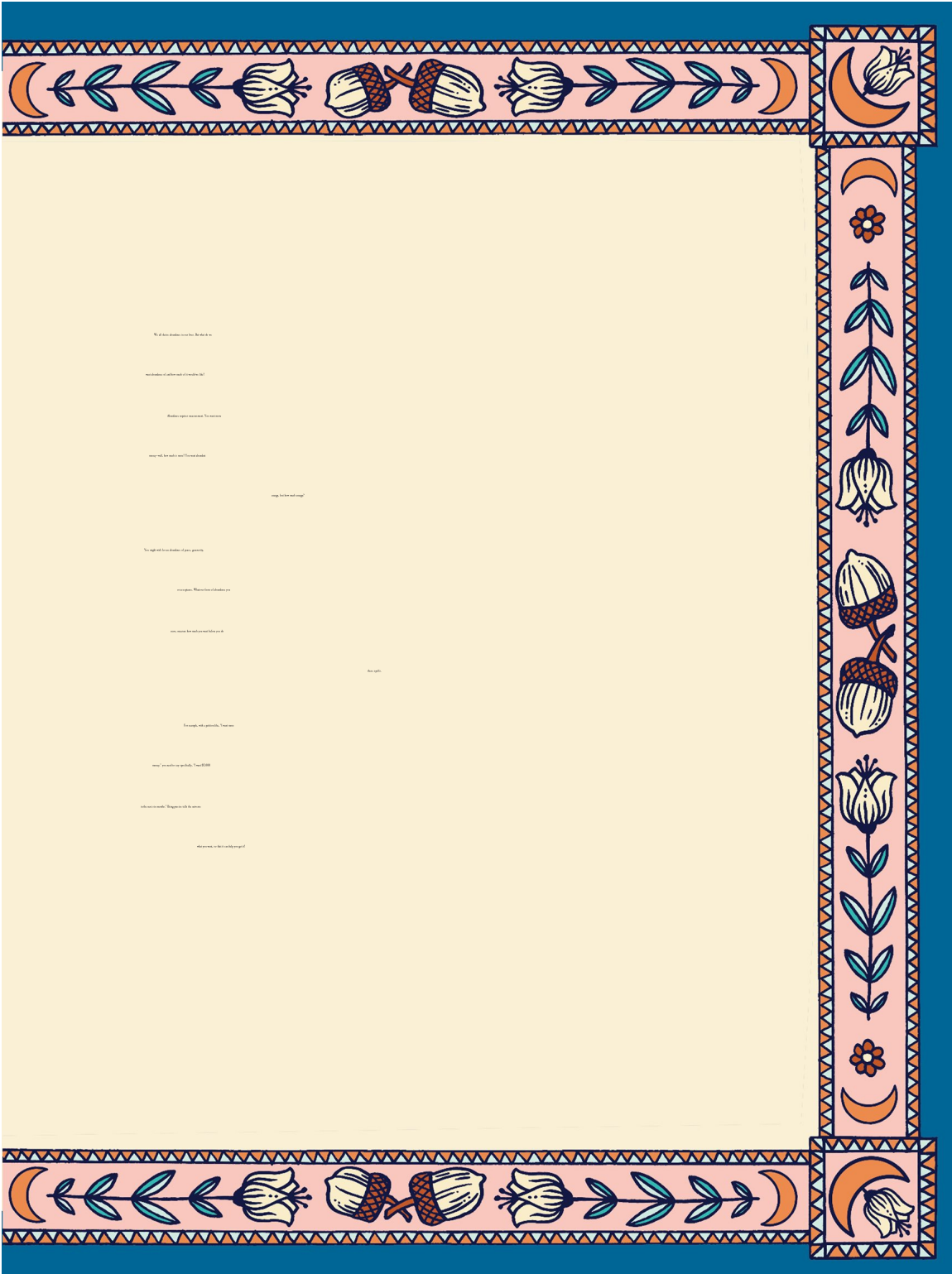
This self-care exercise that you use as a journal or journal.

Use your pen, and use the to write down.









FORWARDITY

ENCHANTMENT

Draw the abundance, prosperity and magical device (circle, square, triangle)

Write magical words (you are magical, you are magical, you are magical)

Draw the circle of prosperity (circle, square, triangle)

Write the circle of prosperity (circle, square, triangle)

Write the circle of prosperity (circle, square, triangle)

WHAT YOU NEED

- Colored pens/pencils

he acquisto figure is the symbol of good luck
and a magical device for attracting financial
prosperity. It is shown to the right.

Color the symbol for acquisto on the opposite page.

Above the symbol, write your name and, in a few
words, exactly how prosperous you want to be.

Beneath the base of the symbol, write:

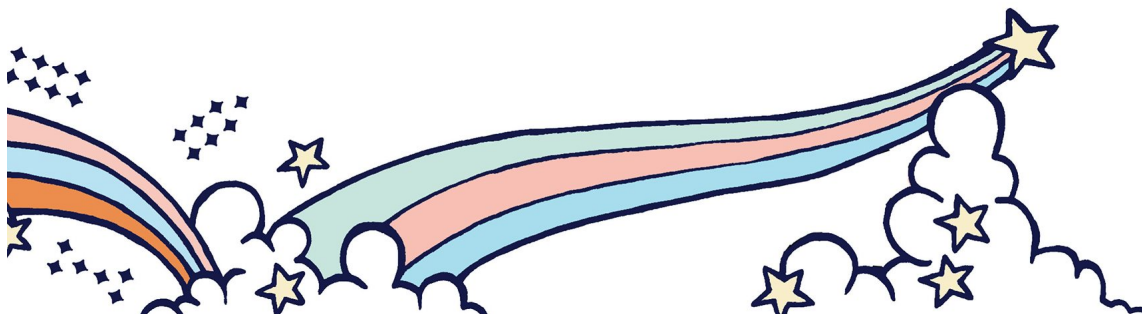
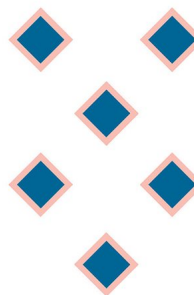
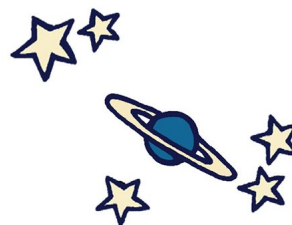
Write your name

Meditate on this symbol for a few minutes every

day, and repeat to yourself:

I am prosperous in the future

and all my prosperity is future rich

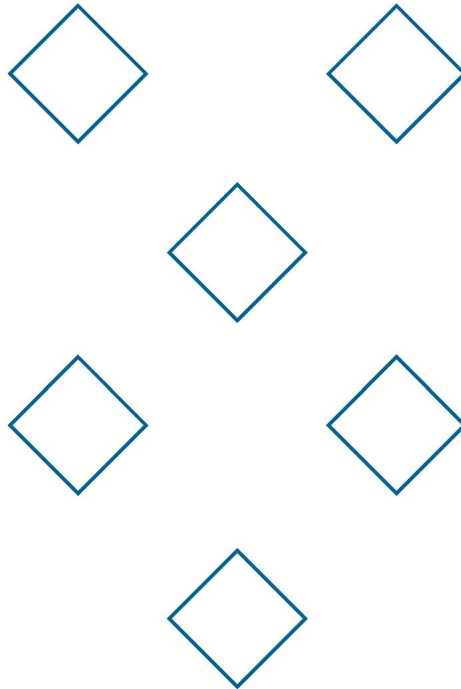




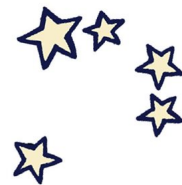
Color the symbol for aquisito below. Above it, write your name

and how prosperous you want to be. You can print this page at

<https://www.abramsbooks.com/witching-hour/>.



Below the symbol, write "with gratitude."



OVERCOMING

PROSPERITY

Open from beyond walls, there's the property of mind, body, and

spirit. When we are good to ourselves, there are obstacles in the way.

The map speaks when we think beyond each danger. The path

will allow you to overcome any hardship or problem as you see need.

Your treasure—your future and well-being.

0

n the illustrated island is a point of departure

(where the ship is docked) and a treasure

chest. There are also five dangers (symbolic of the

four elements and the mystical fifth element):

- Deep lakes
- Parched desert
- Terrifying scorpion
- High mountain range
- Erupting volcano

Start at the ship and draw a line that crosses the island, passing through each danger. At each danger zone, write down a word that sums up an obstacle in your life. You can print the next page at <https://www.abramsbooks.com/witching-hour/>.

Once you have made your way to the chest, write down the treasure that will truly make you feel prosperous in mind, body, and spirit.



Over you have not the map, but all of it.

all to overcome as you map to prosperity.



FIRST SPELL

Good things can come to us in many ways, by soft roads, but I give you

to manifest your dreams in your life, when you can be willing to do so.

Good things... Tyche, the daughter of Aphrodite and Zeus, Tyche was also

thought to be the goddess who granted fate. She often appeared as a wheel.

and bringing us nothing when the wheel of fate.

WHAT YOU NEED

- White candle (for the power of the goddess)
- Red candle (for your desire)
- Yellow candle (for luck)
- Black candle (to protect and ground you)



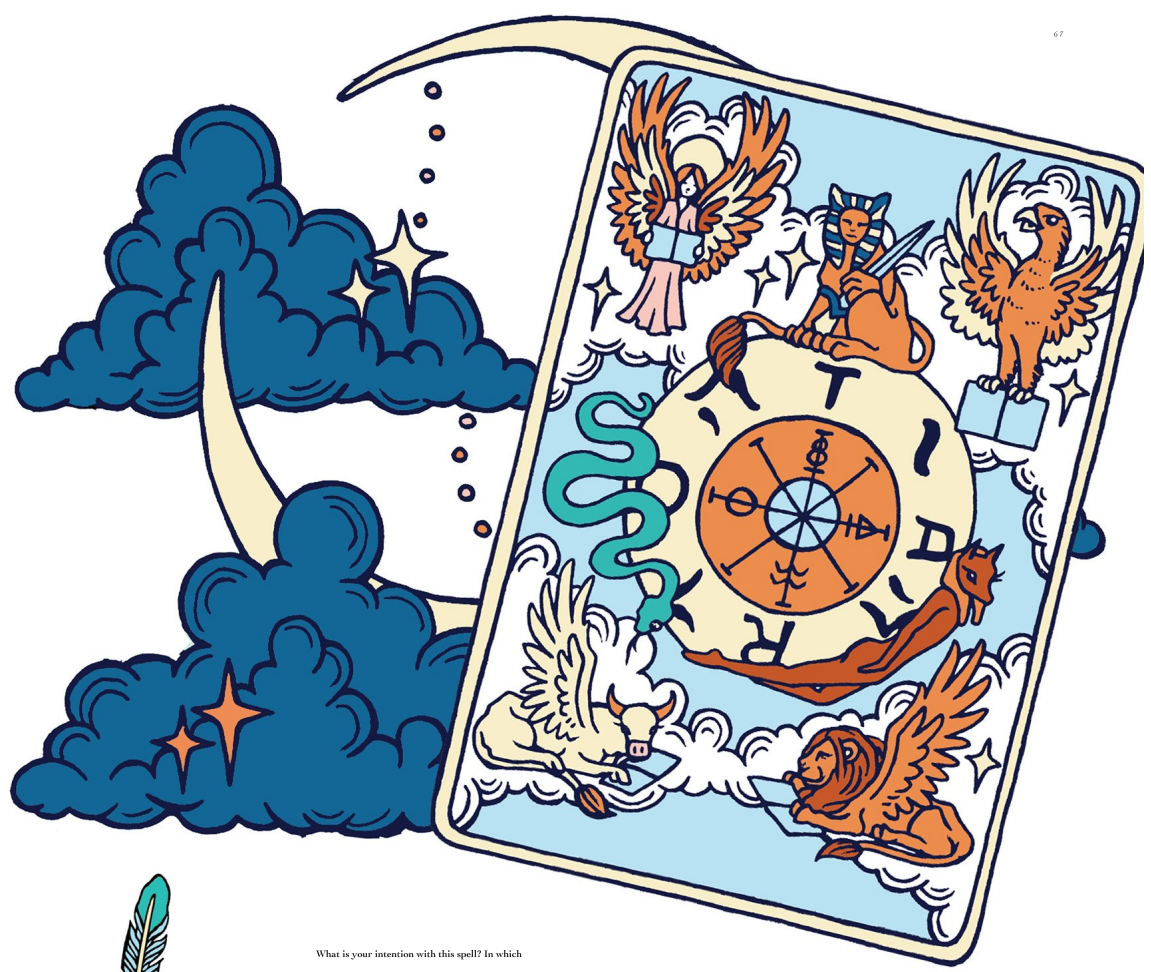
Light the candles in the following order on the evening of a waxing moon: the white candle to the north of your journal, the red candle to the west, the yellow candle to the east, and the black candle behind you on a safe ledge or table. Read aloud this spell to Tyche. To sanction your petition to the goddess, blow the candles out one by one in the order you lit them.

Good things can come to me

from my goddess, good things to

me when I know my desires are true.

So Tyche bring me all that I see.



What is your intention with this spell? In which
areas of your life are you looking for luck?

MANIFESTING

MANIFESTING



LIFESTYLE

Be inspired, create, or say that's what you want/need.

Visualize and manifest, create! If you really visualize,

and truly believe in what you want to happen, it will.

or, create, then it will come to you. The universe gives,

but it's up to you to get what you want to do, and if

manifesting your desires.

WHAT YOU NEED

- Colored pens/pencils
- Images
- Clear tape/glue

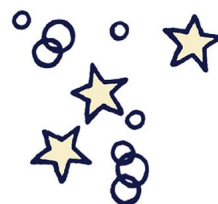
10

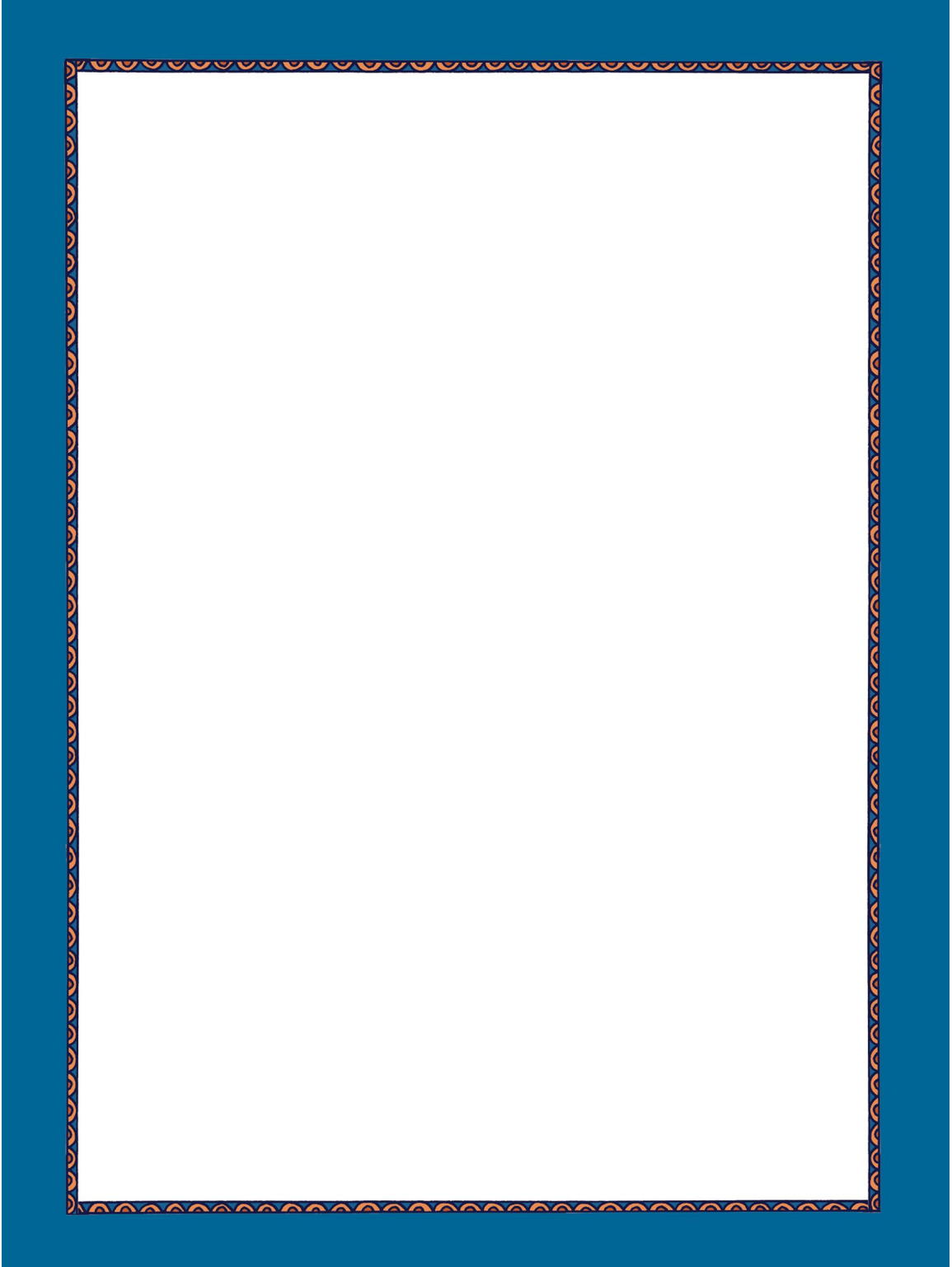
different things make different people happy —
whether it's more fun, a good job, a lovely family,
or spiritual peace.

Sit quietly for a minimum of twenty minutes and contemplate

the things that make *you* happy — try to visualize them in your
mind as clearly as you can, being as specific as possible.

Then either sketch or find images of the things that make
you smile and stick them on a piece of paper. Fill the paper,
like a collage. It might take you a couple of evenings to do
this, but the more you invest in your happiness, the more
you will receive happiness from the universe.





LUNAR

PLANTING

Plants the seed to have any kind of abundance in your

life. Write the seed you wish to grow in your life.

or

Planting is a symbol of intention for growth. This spell calls for a symbolic planting of the following items during one lunar cycle: acorns for growth, coins for abundance, and crystals for protection.

The illustrations on the next page show five phases of the moon.

Starting with the waning moon, write the following charm on each of the lunar phases during the period in question. You can print this page at <https://www.abramsbooks.com/witching-hour/>.

Waning moon:

Collectively yours to keep in abundance.

New moon:

Collectively yours to protect my interests.

Waxing moon:

Collectively yours to bring to me.

First quarter moon:

Collectively yours to represent my wishes.

Full moon:

Collectively yours to bring abundance to my life.

For all who, like you, are trying to bring wealth to their

lives. It is our wish the wealth of wealth, wealth is bringing.

Collectively yours to bring to me.





Other energy use has long been associated with ships.

riches, glaucous, foveae, pale, diamond, and big

money. This simple spell will attract money to

you. It may not happen overnight, but taking the

shared random with you wherever you go will

enhance all possible money making opportunities

you might encounter

WHAT YOU NEED

Piece of sunstone to carry in
a pouch or worn as jewelry

rite each line of the spell in one of the seven rays of the sun. To activate the sunstone's

money-attracting power, place it in the center of the sun, put your hands around it, and repeat the spell aloud seven times. From now on, carry the stone or wear it wherever you go. You can print this page at <https://www.abramsbooks.com/witching-hour/>.

A value gift lies in the stone.

(If more eggs and more worms.)

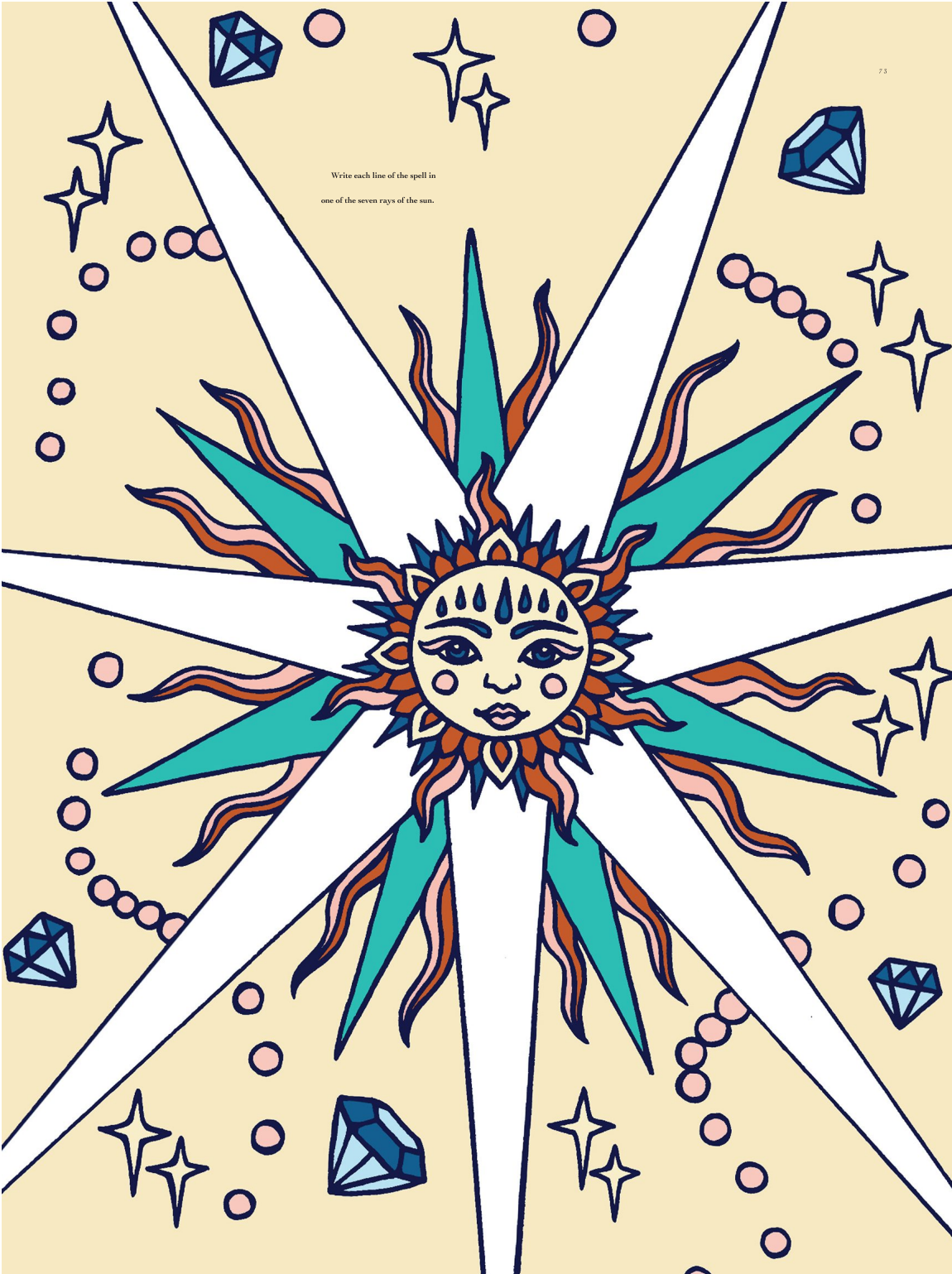
(If more nights and more days.)

if α is a limit ordinal, then

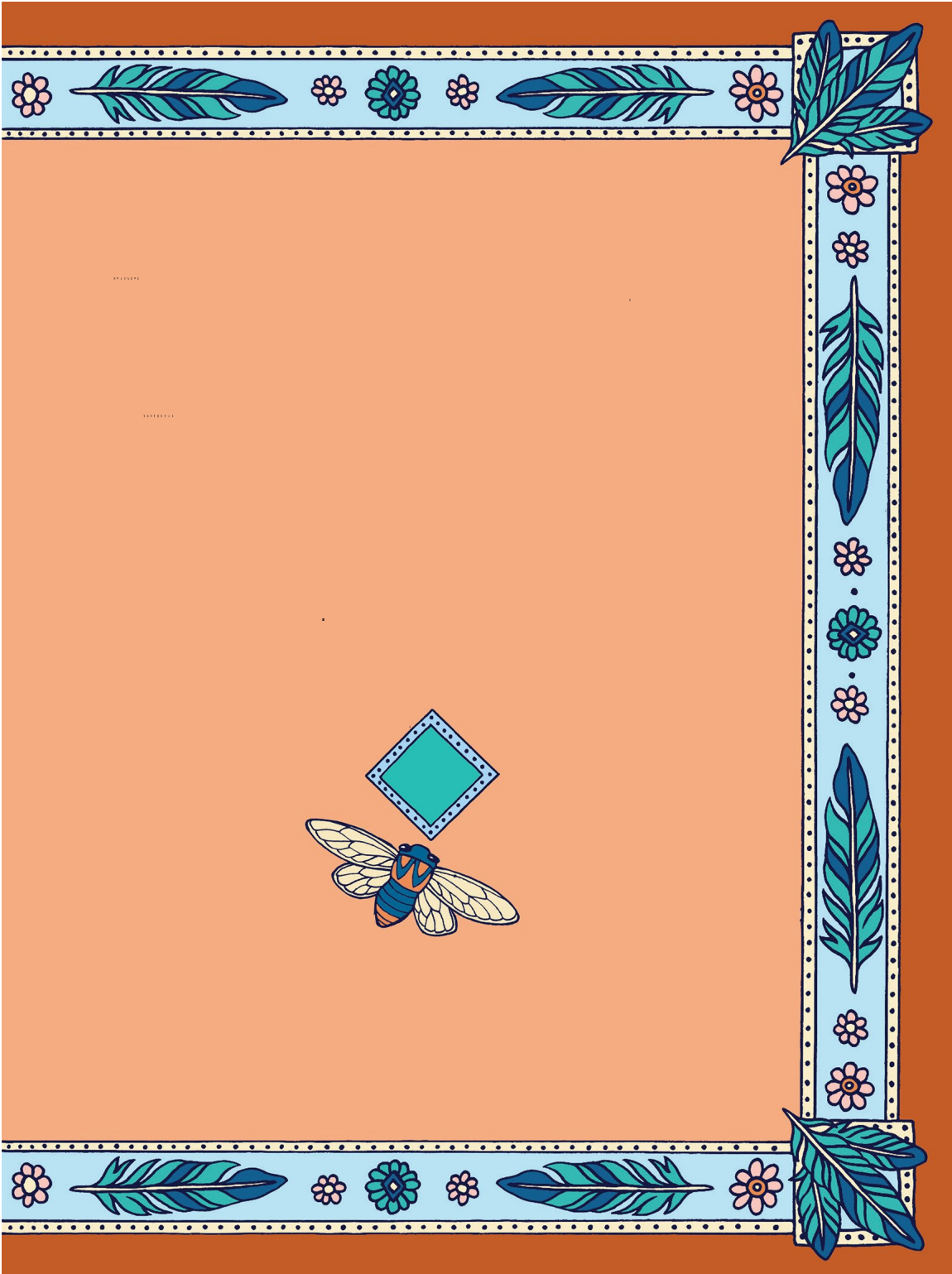
(If more papers are submitted than can be reviewed, the following will be considered for publication.)

if none exist and none exists.

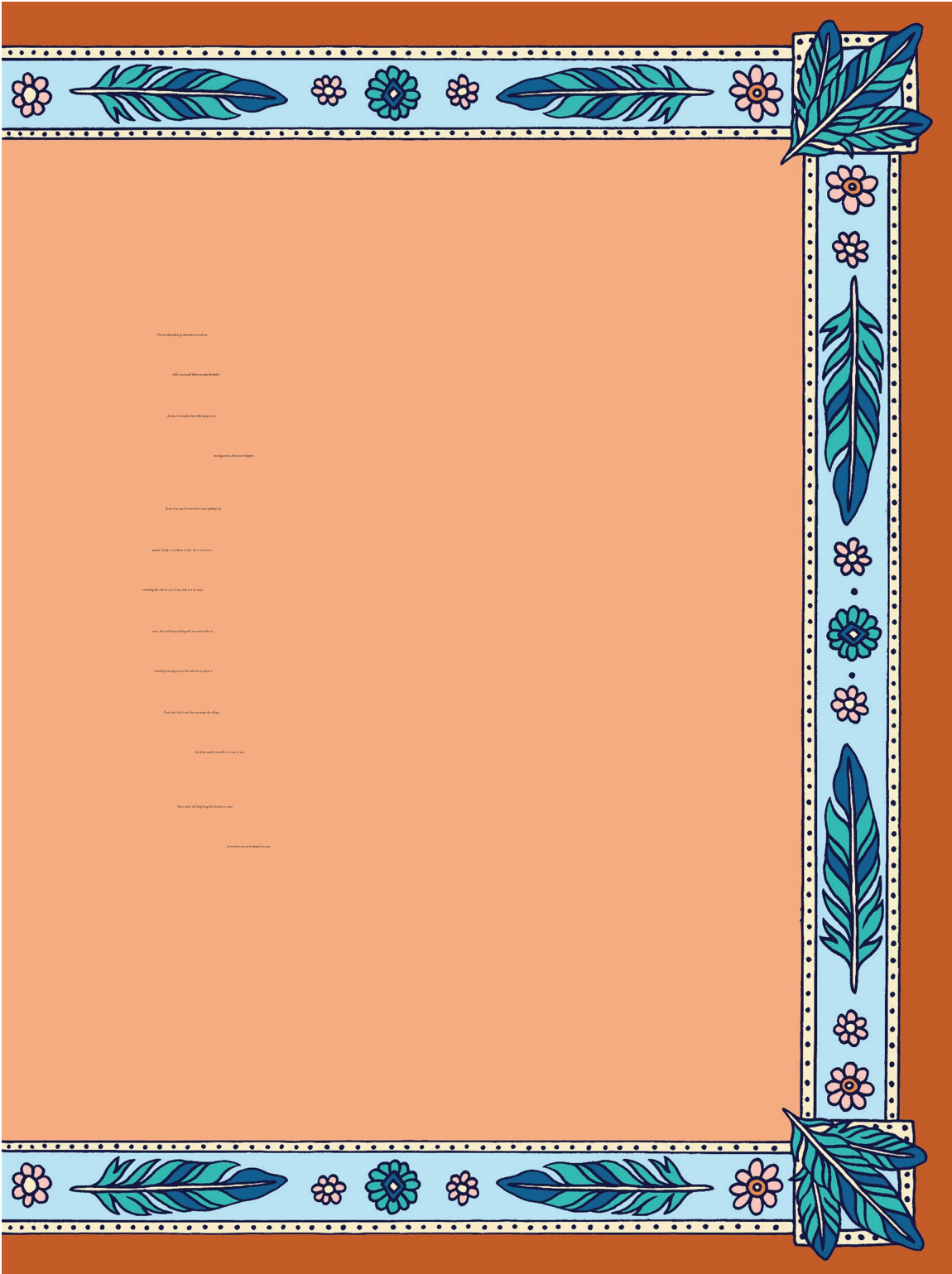
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INTRODUCING

EXPLORE YOUR

When you enter a new world in your life, you may not be aware of it.

your future you can see in the spiritually living the past behind you.

you suddenly into the next step in your journey.

WHAT YOU NEED

- Gold candle
- Silver candle



In the world of magic, you are a channel between the past and the future. The you that is in the present needs to be protected from any negativity in your past so you can start afresh.

Walk in a clockwise circle with your writing hand outstretched to create a magic circle around you.

As you do so, say the spell:

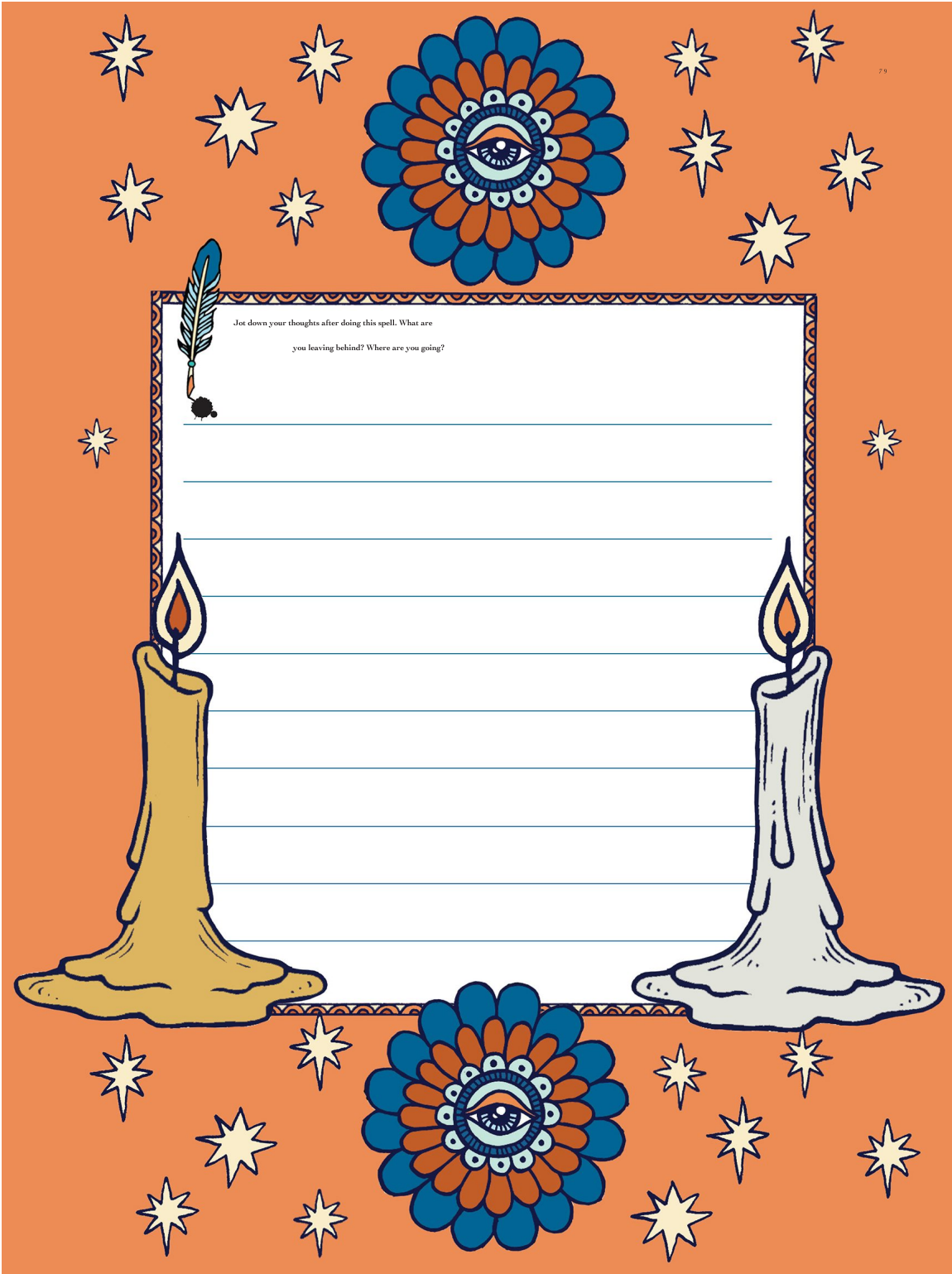
I am the magic circle in the world between worlds.

I am the magic circle in the world between worlds.

I am the magic circle in the world between worlds.

I am the magic circle in the world between worlds.

Light a gold candle and a silver candle to amplify your request to the universe. Reflect on your future pathway for a few minutes, then blow out the candles.





Eye of Horus

Fortification

The Eye of Horus is an ancient Egyptian protective talisman.

Originally associated with the sun disk goddess, Hathor—the goddess

of Egypt, Egypt still carries the talisman to this day.

Light the candle and place the three items in the center of the eye on the

WHAT YOU NEED

- Red candle
- Three pieces of tiger's eye crystal or three gold rings
(to symbolize and boost positive energy)

If you are going through a period of transition, determined to change your lifestyle, or simply want to carry on enjoying your life as it is, this charm will protect you from negativity.

Light the candle, and place the three items in the center of the eye on the opposite page. Write this charm around the eye.

With the Eye of Horus, I am protected.

With the Eye of Horus, I am protected.

With the Eye of Horus, I am protected.

With the Eye of Horus, I am protected.

Remove one crystal/ring at a time, repeating the charm as you do so. Seal the charm by dripping a drop of the red candle wax onto the Eye of Horus before you blow out the candle. You can print the next page at <https://www.abramsbooks.com/switching-hour/>.



CREATURAL

DIRECTION SPELL



WHAT YOU NEED

Colored pens/
pencils



Just about kids in kindergarten ages or over!

Let children choose or create.

From the list below, choose the one that you consider
closest to your vocational dream, and draw its
symbol in the center of the circle illustrated on the
next page.

	Mars	Entrepreneur or company boss
	Venus	Fashion designer or beautician
	Mercury	Journalist or linguist
	The Moon	Nurse or chef
	The Sun	TV presenter or teacher
	Jupiter	Travel writer or park ranger
	Saturn	Real-estate broker or interior designer
	Uranus	Scientist or computer programmer
	Neptune	Psychic healer or musician
	Pluto	Psychotherapist or spy

Now read the spell aloud:

My intention is that my intention be...

Letting my intention be...

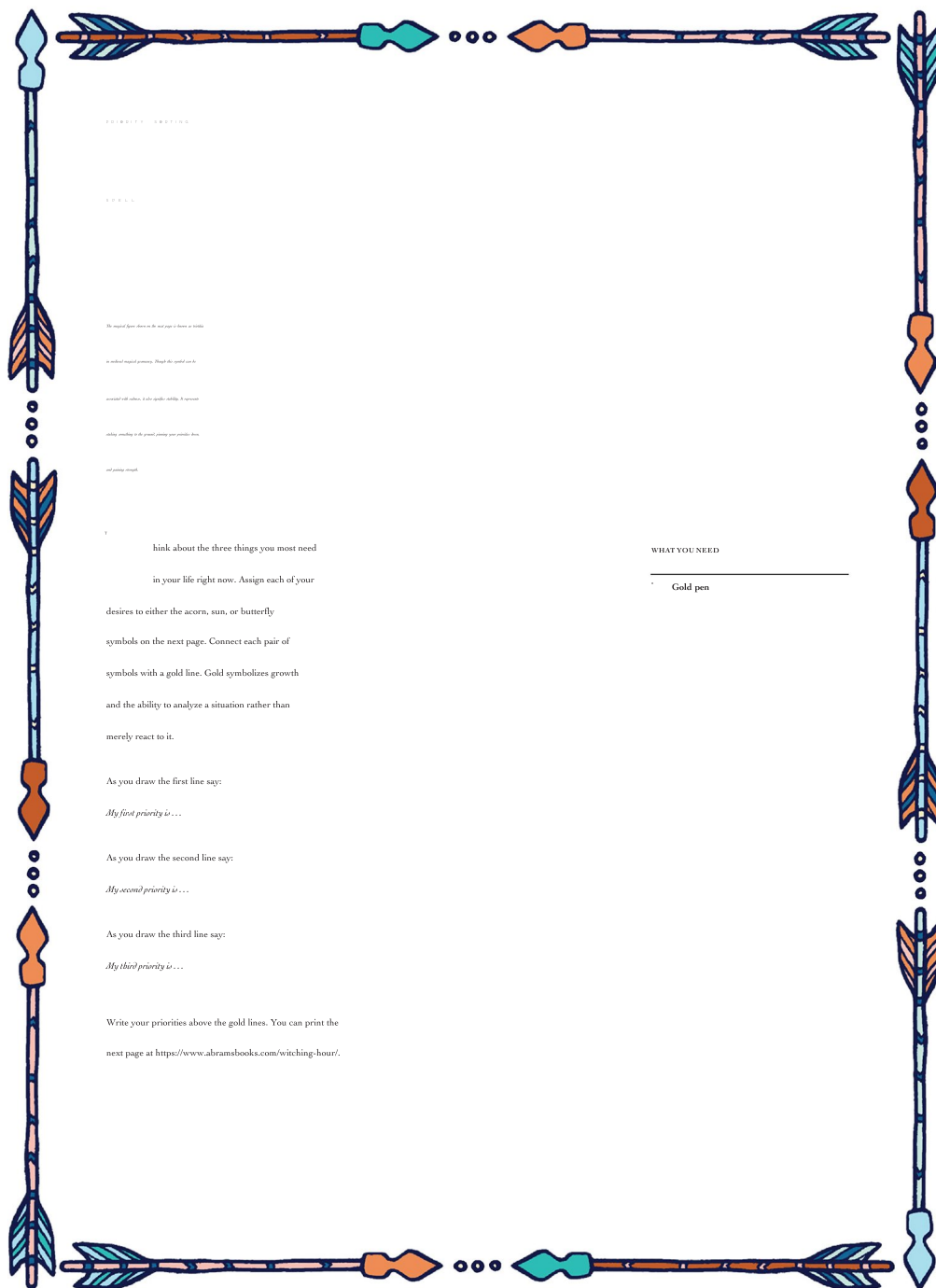
Let it be as I will it be...

Color the symbol of your choice with whatever color you
think represents you or your future vocation while you
focus on that particular pathway.

Draw and color your chosen symbol in the center of the circle.

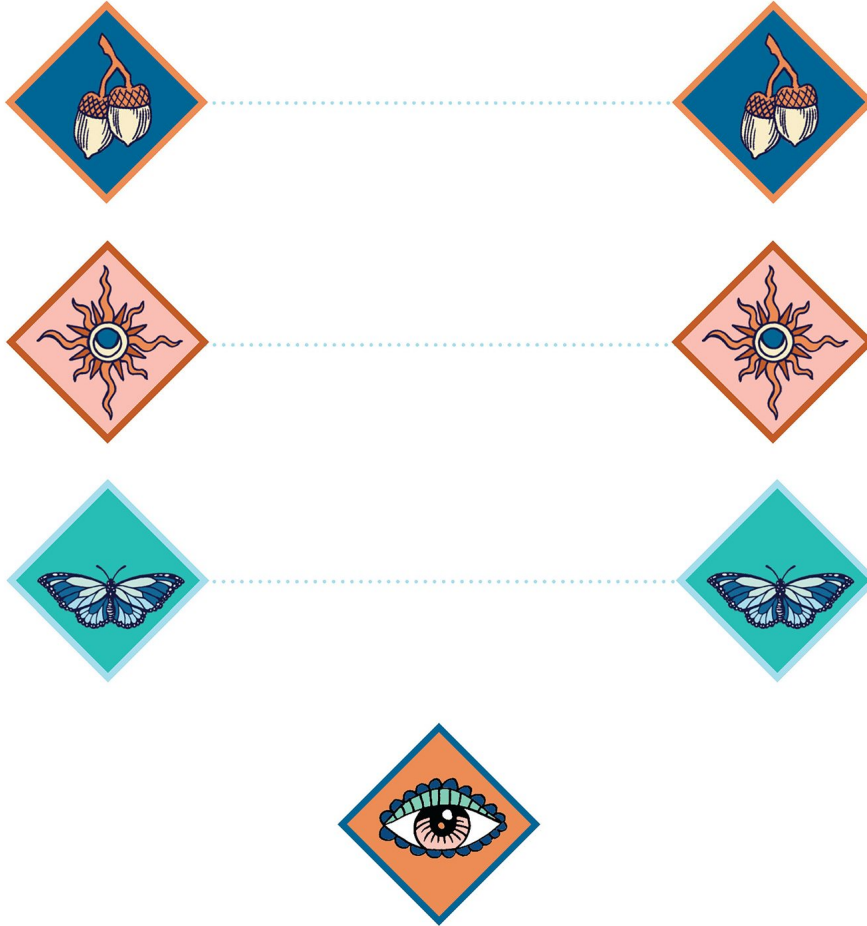


Describe your dream vocation here:



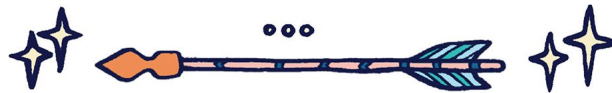


Choose one of the symbols below to represent each of your
three priorities. Draw a gold line between them and write your
priorities above the lines.



This line was added your priority to the ground

This line was added with our focus and ability





BY JESSICA

LIFESTYLE

We all have a secret heart of desire. We might not

know it, but it's there, in the quietest corners of our

heart, waiting for the right moment to be born.

And when it does, it will change the way you see the

world. It will show you the beauty of the things you

WHAT YOU NEED

- Images
- Clear tape/glue

reate your own mood board on the opposite page. First
decide what kind of lifestyle you really want and begin to
collect various images that represent that lifestyle. Choose images
of luxury items if you want a lush lifestyle; pluck a blade of grass
or attach a pressed leaf if you want a back-to-nature lifestyle; use
photos of lakes, snow, and wildlife if you want to roam the world;
and so on. Stick images around the center, then, halfway through
your mood board, write the spell in the space given. Now stick
more images around the spell to seal the intention. Recite the spell
aloud every full moon until your lifestyle changes to the one you
truly desire.

We breathe in the fresh air and the sun,

And we feel the love that flows through our veins.

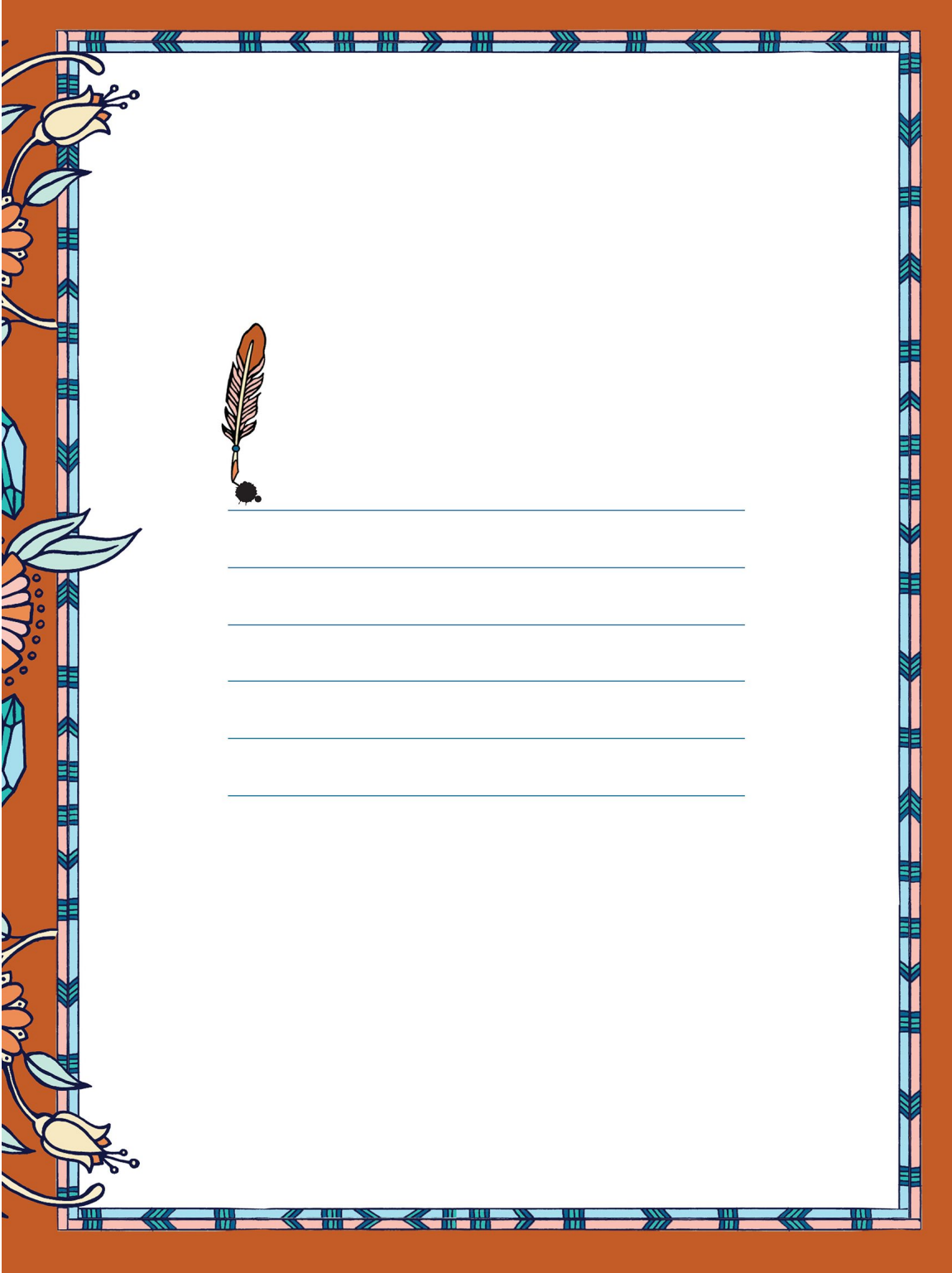
We know the magic of the moon and stars,

And we feel the power of the earth and sky.

We are one with the universe, and we are free.

We are the magic of the world, and we are here.







To enhance the spell, draw your seal to match that of a flower petal.

Hold your wand to enhance. Do you want to be more spiritual, more

connected to reality, others, or more aware of yourself? Think of

your heart's wish. Hold the pen over to impress or manifest!

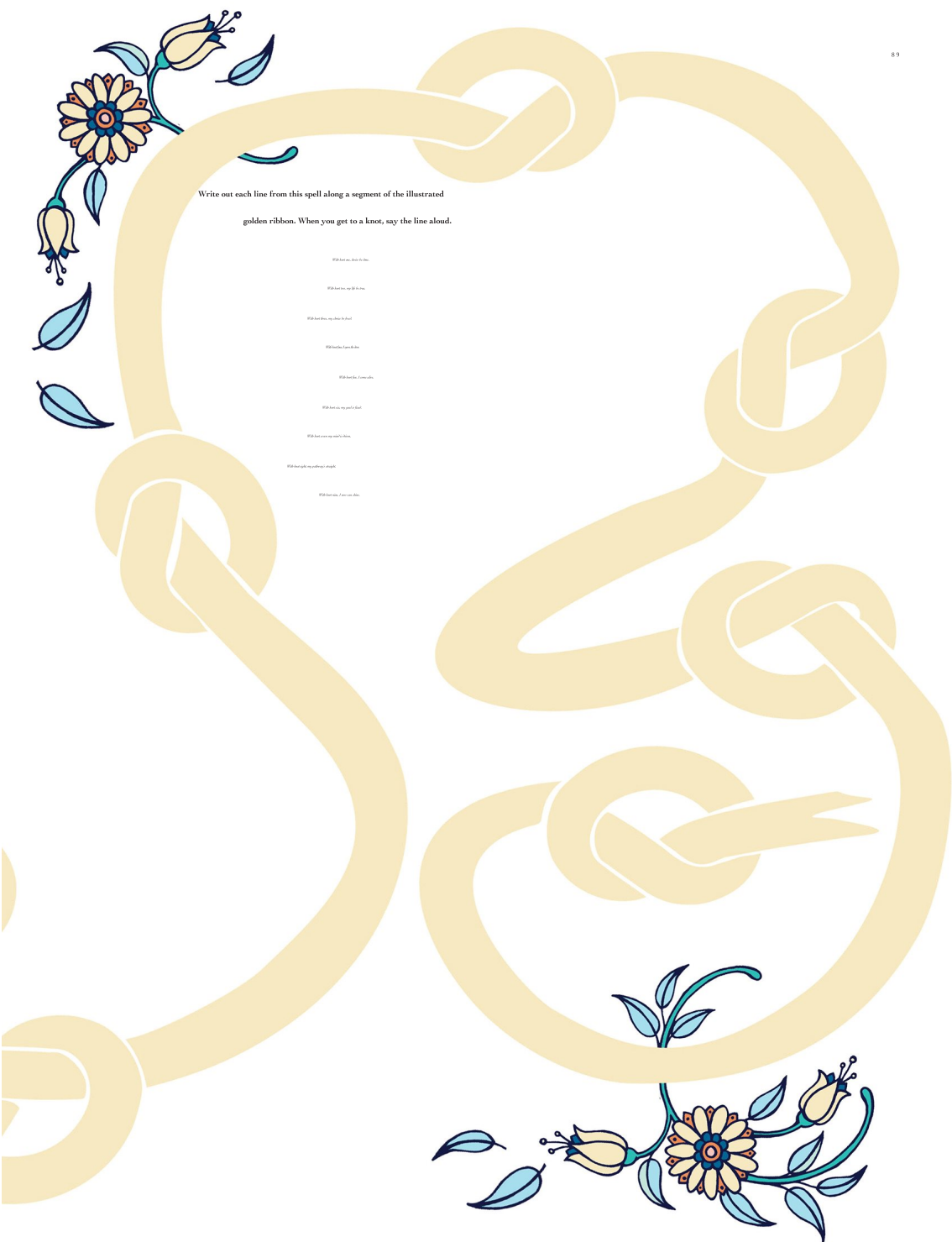
WHAT YOU NEED

Red pen/pencil
(to enhance fire
energy and augment
your desire)



0

nce you have decided what you want
to enhance, hold this trait in your
mind as you perform this knotting
spell. Knotting spells are highly
empowering, active spells that
focus vision and seal intention.
You can print these pages at
<https://www.abramsooks.com/witching-hour/>.



Write out each line from this spell along a segment of the illustrated golden ribbon. When you get to a knot, say the line aloud.

With love me, love to love.

With love me, say to me.

With love me, say to me.

With love me, say to me.

With love me, say to me.

With love me, say to me.

With love me, say to me.

With love me, say to me.

With love me, say to me.



FINDING THE RIGHT

REMEMBER - SPELLS

Remember to put this flower where you are going to be, or where you'll be

able. If you don't know who to really see or what you may need to do

when you need a miracle, the sun or moon (that's right)

This spell will help you discover what really matters to you in your life.

WHAT YOU NEED

Photo or picture
of yourself



The tarot card illustrated here is the World. This card symbolizes complete fulfillment and a sense of feeling on top of the world, and knowing exactly where you are going and why. This card enhances choices, pathways, and your future.

Paste a photo of yourself over the tarot card.

As you do say:

As the sun shines on the world I hope to be

As the full moon rises I will know my destiny

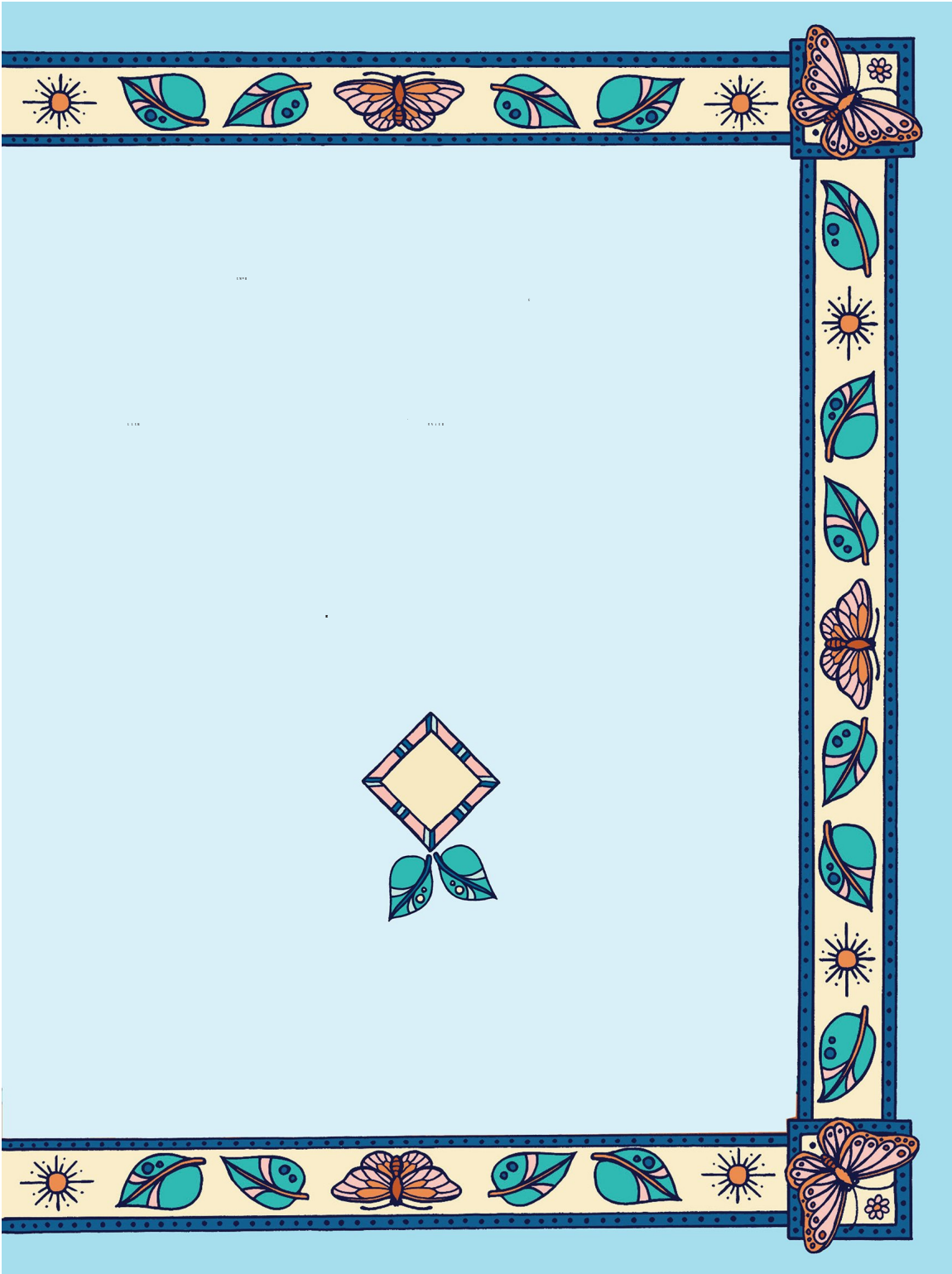
As the universe, world and I are all one

As the universe, world and I are all one

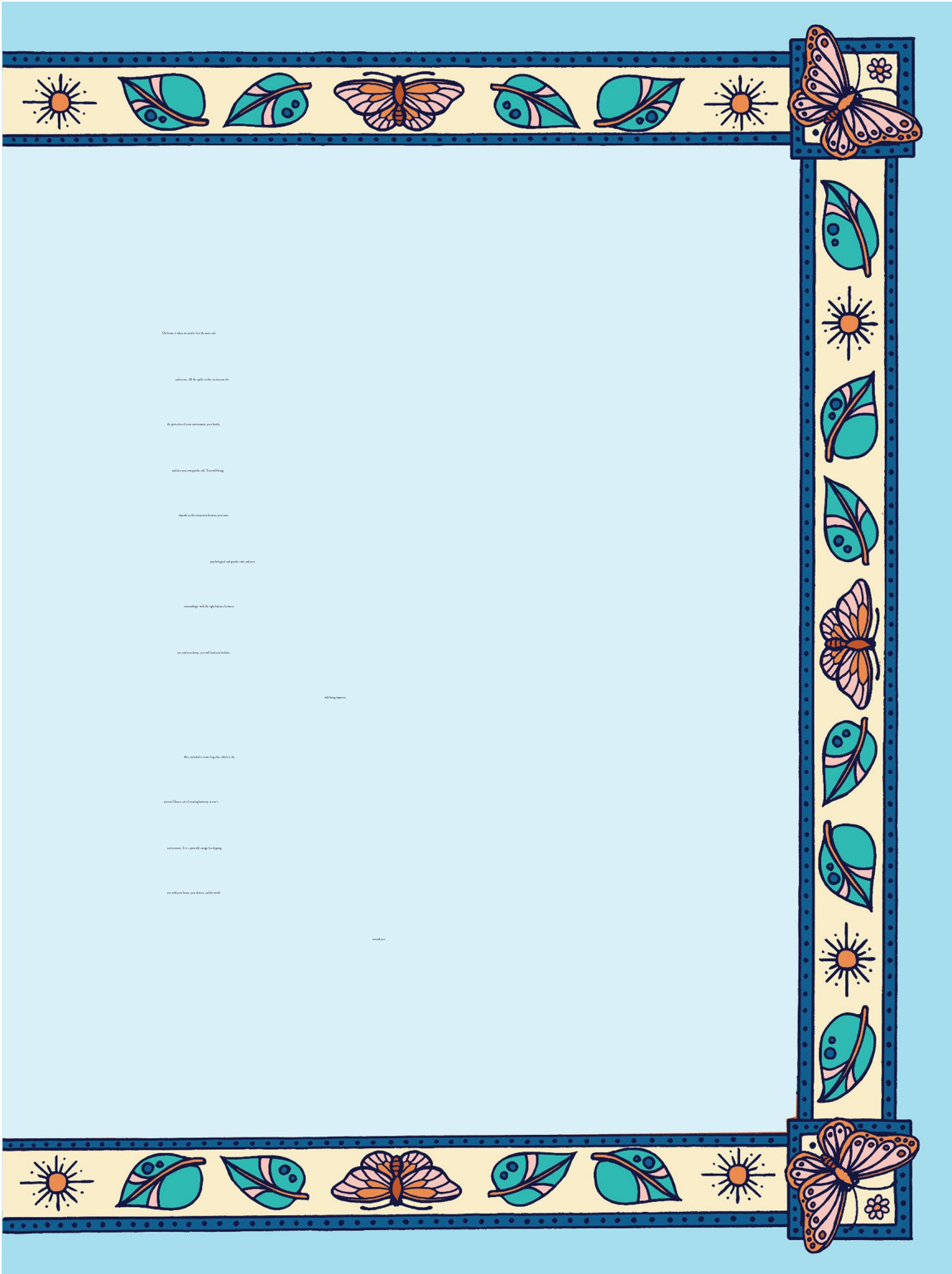
Write the spell beneath the image of the World, and by the next full moon you will discover what your life pathway truly is. You can print the next page at <https://www.abramsbooks.com/witching-hour/>.











WARM-UP

HOW TO DO IT

1. Sit down in a quiet, comfortable place in the room.

2. Close your eyes and take a deep breath.

3. Repeat the words in the box as you breathe in.

4. Repeat the words as you breathe out.

WHAT YOU NEED

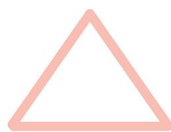
Four candles: yellow for air, blue for water, red for fire, green for earth



Air



Water



Fire



Earth

First, take this journal with you into every room in the home and stand quietly in the center of the room. Look at the illustrated symbols, and draw the shape of each element in the air, casting a spell on the room itself, bringing it alive with the symbolic resonance.

Light the four candles and place them on a table in the shape of a square.

Copy the elemental symbols in the diagram on the next page in this order: to the north, water; to the south, fire; to the east, air; to the west, earth.

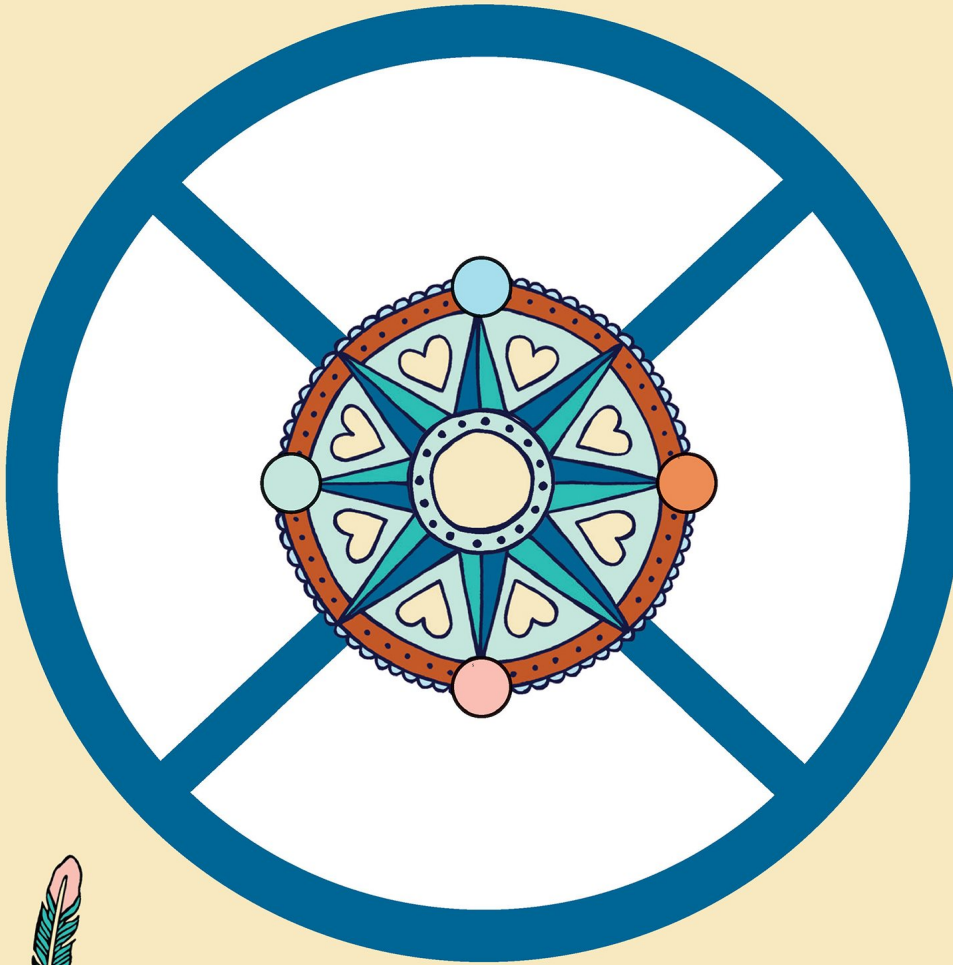
Then write this spell in the lines below the diagram:

Four candles bring me strength.

The power of the earth, air, water, and fire.

Finally, blow out the candles to amplify and disperse the positive energy to all areas of your home. You can print the next page at <https://www.abramsbooks.com/witching-hour/>.

Copy the elemental symbols into the diagram below in this order: to the north,
water; to the south, fire; to the east, air; to the west, earth.





MAGIC SQUARE

QUESTIONS

QUESTIONS

The magic square of good fortune. How good, can you tell?

How have been in the blessed day of the first hour, each of

the others, whether the future, whether the day

is still, whether it is better, the good, whether happy, whether

and bring the child, whether the day, the next, whether the

whether it is better, whether it is better, whether it is better

whether it is better, whether it is better, whether it is better

whether it is better, whether it is better, whether it is better

the square

pell out the names of you and your household in the boxes on the next page. The first letter of your name goes in the box with the 1, the next letter goes in the box with the 2, and so on. When your name is complete, start the next name in the box with the next consecutive number. If you fill all nine boxes, start the next letter back in box 1.

For example, if your name is Jane, your partner is John, and your daughter is Ella, the first letter of your name is J, so write J beside the number 1.

Then go to 2 and write A, then at 3, write N, at 4 write E. Then the J of John at 5, O at 6, H at 7, N at 8, E of Ella at 9, L at 1, next to your J, L at 2, next to your A, and A at 3, next to your N.

Once you have filled in the magic square, say the names of each family member fifteen times to bring the magic of the god of good fortune into your life.

You can print the next page at <https://www.abramsbooks.com/witching-hour/>.

[abramsbooks.com/witching-hour/](https://www.abramsbooks.com/witching-hour/).

Place the letters of each
family member's name in
the magic box.

What you have shared with the world is the source of all joy and peace.

Be joyful, generous, and kind, and the world will be a better place.

Be joyful, generous, and kind, and the world will be a better place.

UNCESTUAL

EXTERIO

FOR TUTION

On the inside of your door, different colors and vibrations have power.

In this section, you'll find the best ways to use the power of your ancestral spirits in the most effective way possible.

Learn how to use the power of your ancestral spirits in the most effective way possible.

Learn how to use the power of your ancestral spirits in the most effective way possible.

WHAT YOU NEED

- Photo of ancestor
- White candle
- Clear tape/glue
- Piece of black obsidian

irst, find a photo of an ancestor who has passed—someone you really liked, admired, or respected in some way. You only need one empowering ancestor for spiritual protection, but you can use as many as you like to strengthen your protective power.

On a full moon night, light a white candle to enhance your home with spiritual energy. Then stick the photo on the opposite page and write the name of your ancestor beneath the photo. After the name write:

When you leave this house,

and your spirit will

At the bottom of the page, write:

Please let my spirit and the spirits of my

ancestors be with me.

Place the piece of black obsidian on the photo overnight to charge the stone with their protective power. Then carry or wear the stone with you wherever you go for complete psychic protection.

You can print the next page at <https://www.abramsbooks.com/witching-hour/>.



Attach a photo of your ancestor below. Write their name and the ancestral blessing beneath the picture. Write the request at the bottom of the page.

Attach
photo
here





1 2 3 4 5 6 7 8 9 10

10 The bird is a small brown sparrow with yellow feet.

11 properly in many different positions. The second is a blue butterfly.

12 The first one looks like "Crown Butterfly" and resembles the blue bird.

13 In the center, see the three butterflies. "Highland" was the largest one.

14 But instead of the same pattern of numbers, the very others, the first of

15 All, appears and gives the power of the butterfly and butterfly.

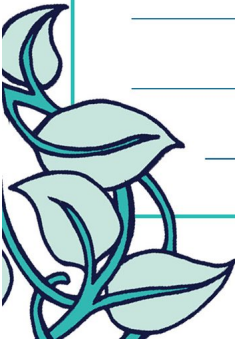
In the image on the next page you'll see nine empty leaves on the Tree of Life. You can print the next page at <https://www.abramsbooks.com/witching-hour/>. In each leaf, write a word or short sentence that describes what makes you happy. It can be spiritual, emotional, physical, or mental. Think of this as both an act of gratitude and of request. Color the leaves and then write the spell below:

My wish and happiness grow with the leaves of the tree.

My good and happiness grow with the leaves of the tree.

I will make all that I want to be.

Be with me.

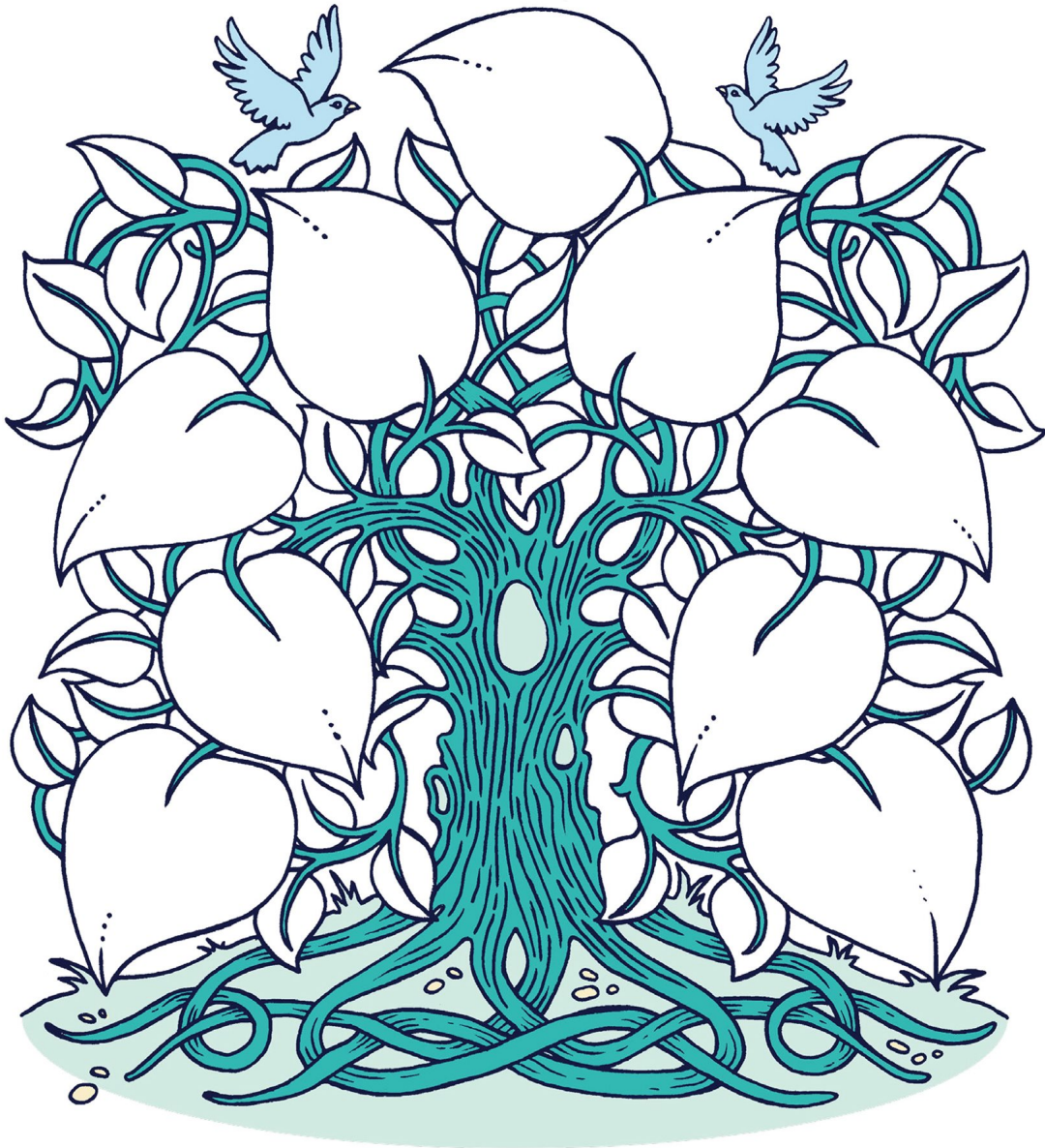


WHAT YOU NEED

- Colored pens/pencils

Fill in the leaves with words that describe what makes you happy.

Color the leaves.



MAGIC HIDDEN

CHAPTER

Children's natural curiosity, the children, however, a child has long

has not as things, where it is not. The mirror of man,

has not naturally reflect the truth but is the mirror of the

reflect the reality, not, it is possible the power of good and things

where it reflect not in power. This and not a mirror is what

and being good, energy into your house to improve the lives of

family relationships

WHAT YOU NEED

- Hand-held mirror

First charge your mirror with the power of solar energy by leaving it in a shaded place on or near

a window-ledge from dawn to dusk. DO NOT place

it in direct sunlight, as this can cause scorch marks

or even fire damage or hurt someone's eyes if they

look into it.

In the evening, at your witching hour, place the

charged mirror face down on the image of the sun

opposite. Then recite the spell:

My mirror light reflect where it goes

and bring me my reflection tonight

For nothing is truly left behind me

For nothing is truly left behind me

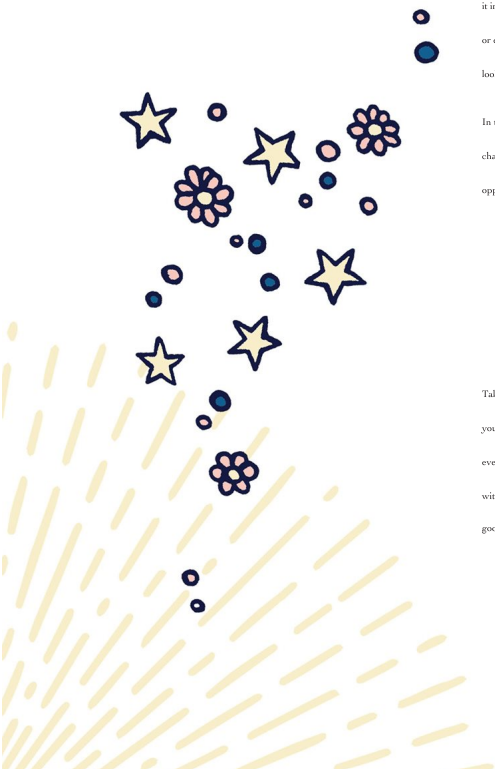
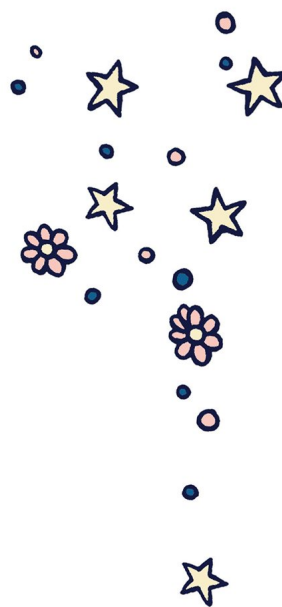
Take your mirror and walk through every room of

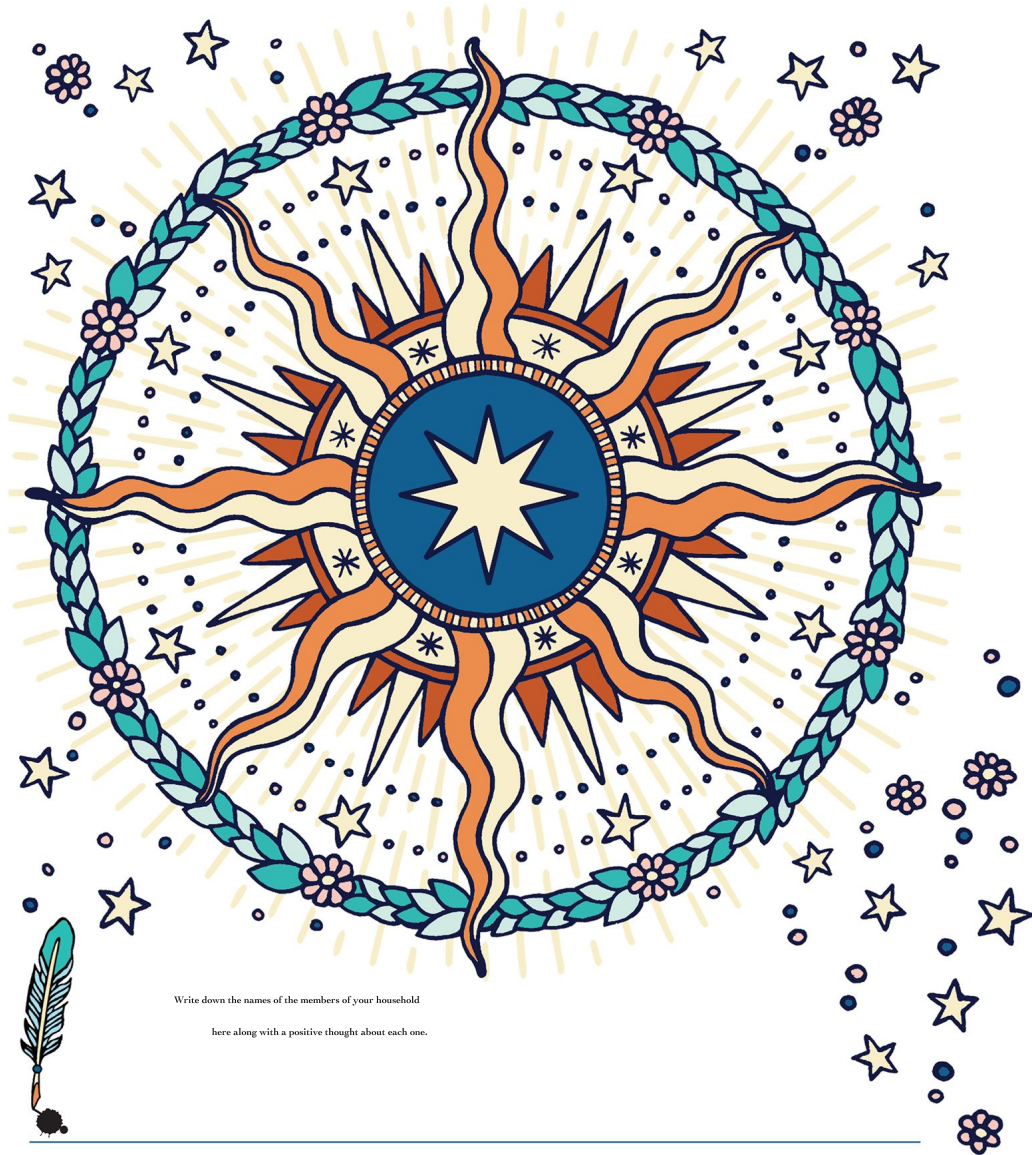
your home, reflecting the corners, walls, doors—

everything you walk past—to imbue the house

with solar energy and to bring well-being and

good intentions to everyone who lives there.





Write down the names of the members of your household
here along with a positive thought about each one.



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HOME & WELL-BEING

WITCHING HOUR

SWITCHING HOUR

A familiar is a supernatural spirit or being who helps another person. Here

magical the magical energy, familiar can be used to help the client feel

to help a familiar is simply a good will's friend. The familiar will be your

and will always be your best friend. It is usually that magical energy and will be

your familiar, or that can help in the greatest time of need.

WHAT YOU NEED

- Image of your chosen familiar
- Clear tape/glue
- White candle (to enhance positive protection from your familiar)

If you don't already have a pet or animal friend,

choose one now from those illustrated here:

Cat, dog, rat, wren, hare, horse, goldfish, snake

Find an image of either your pet or of the animal you have chosen from the list above. If the familiar doesn't yet have a name, give it your own special pet name. Affix the photo or image to the next page and then perform the following spell.

Light the candle and draw a magic circle around the affixed image. Drip a drop of wax onto the image to seal your intention. (If you prefer, you can drip some wax onto a saucer, break it into pieces, and affix one to the image.)

Write around the outside of the circle:

My familiar will always keep me safe and strong.

And I will always be with you.

Blow out the candle to send the energy of dedication to your familiar, and they will return it back to you whenever you think of them or say their pet name.

You can print the next page at <https://www.abramsbooks.com/witching-hour/>.







HOME & WELL-BEING

BAGUA CHART

THE FOUNDATIONS

THE THEMES

1. In the spirit's year it is the day that begins of light, spirit's year.

2. In the spirit's year it is the day that begins of light, spirit's year.

3. In the spirit's year it is the day that begins of light, spirit's year.

4. In the spirit's year it is the day that begins of light, spirit's year.

WHAT YOU NEED

- Tracing paper
- White quartz crystal

10

n a piece of tracing paper, sketch a plan of your home (or you could just start with a plan of your bedroom). Work out which direction your home or room faces and mark the signs of the compass on it.

Under your plan, write down a specific theme in your life which could do with a boost of positive energy. For example, from the basic themes given on the bagua, you might choose "relationships."

Place your plan over the bagua and turn it so that the signs of the compass line up with the direction of the bagua (north to north, etc.).

Find the theme you have chosen on the bagua and look at which area of your home or room this corresponds to.

Say aloud:

Activate the spirit's year's energy in the

direction of my home.

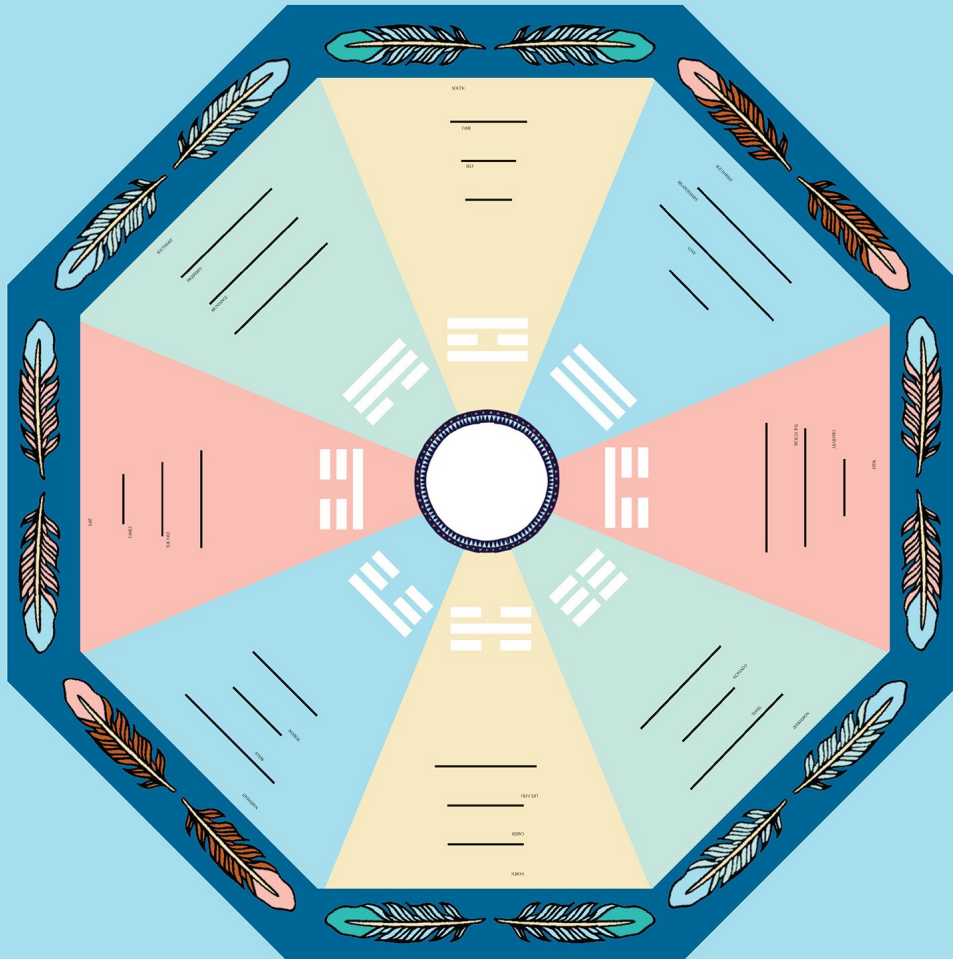
Activate the crystal's power by placing it in the relevant area of your home. You can print the next page at <https://www.abrambooks.com/vitching-hour/>.

Place the plan of your home or room over the bagua, aligning

the points of the compass with the direction of the bagua.

Find your theme on the bagua and note which area of your

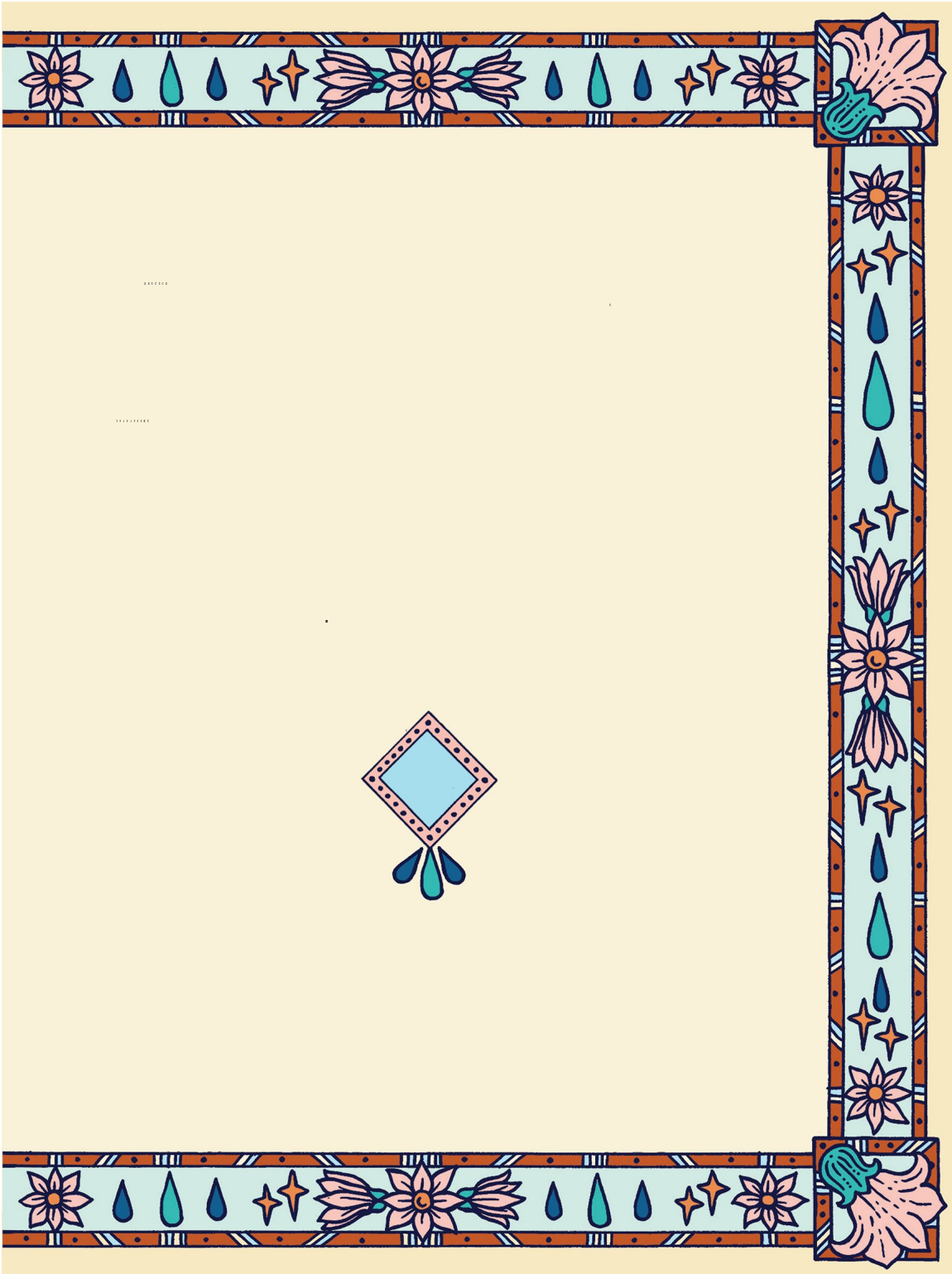
home/room this corresponds to.



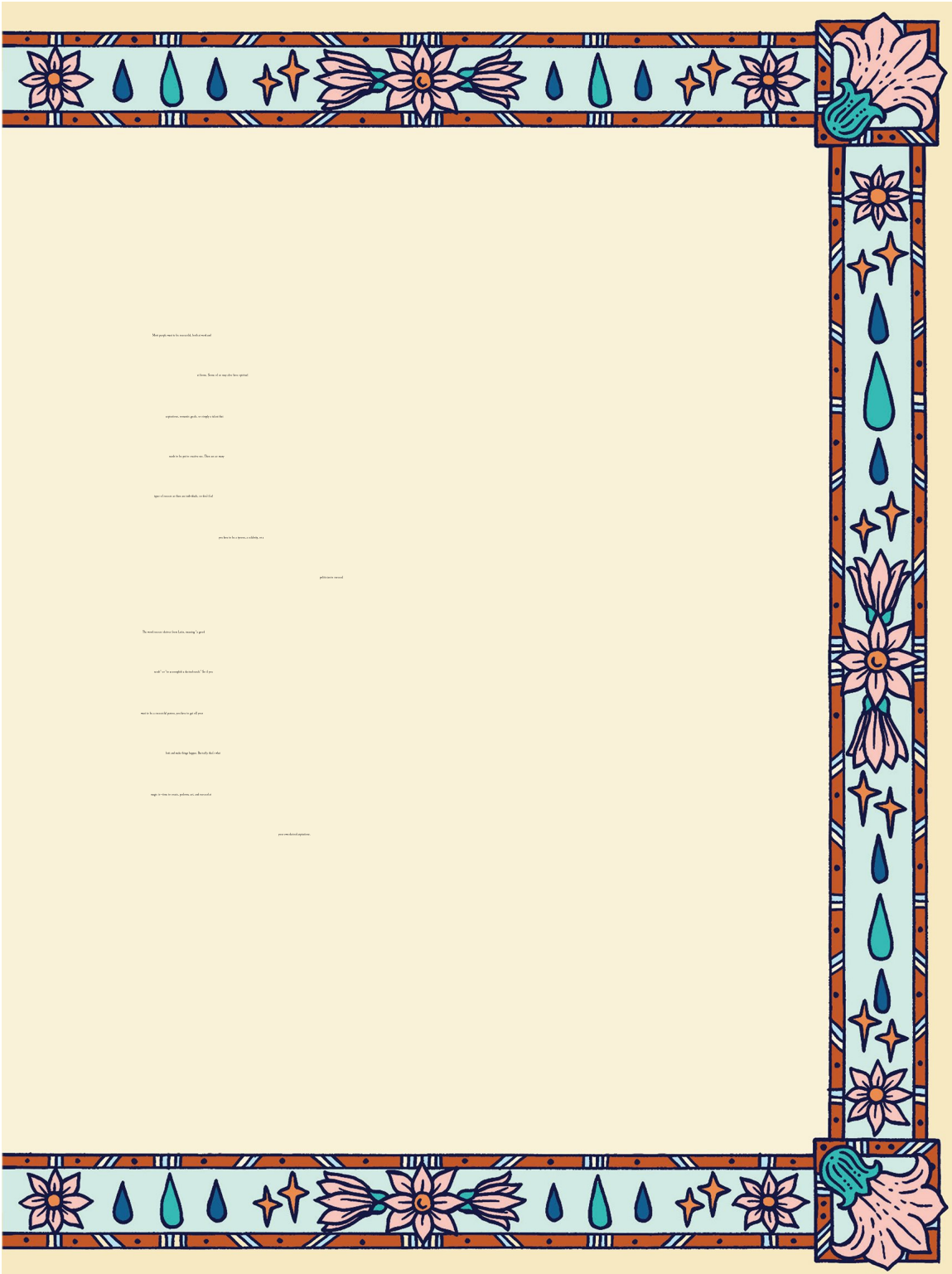
How you will feel the morning, noon and

evening in the sun of your life are marked









MAGIC - MOTIVATED

There are those who do not do what is best for you even though they realize it.

It is a very beautiful thing to realize it is not all that far from the truth.

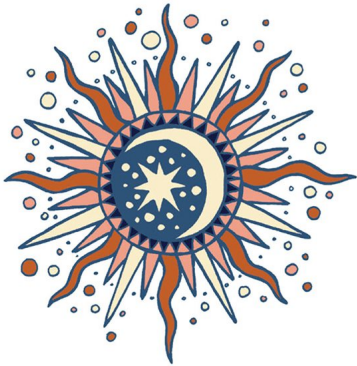
There is a great deal of truth in the fact that the world is a magical place.

There is a great deal of truth in the fact that the world is a magical place.

There is a great deal of truth in the fact that the world is a magical place.

WHAT YOU NEED

- Dried sage (promotes wisdom)
- Dried basil (helps to steady the mind)
- Dill seeds (source of energy)
- Ground coffee (provides stimulation)
- Mortar and pestle
- Sand
- Little bit of water



egin by writing a list of tasks you are having trouble with. Then, place the sage, basil, dill seeds, and coffee into the mortar and grind them with the pestle to a fine powder. Add the sand and mix well. Take a pinch of this mixture and add it to a tiny bit of water until it becomes a paste. With your forefinger, paint the paste onto your forehead, between your eyebrows. Gently sprinkle a teaspoonful of the dry mixture over your list of tasks, saying:

May I receive wisdom and

the strength of a strong hand

Granting me the power to

become a truly powerful leader

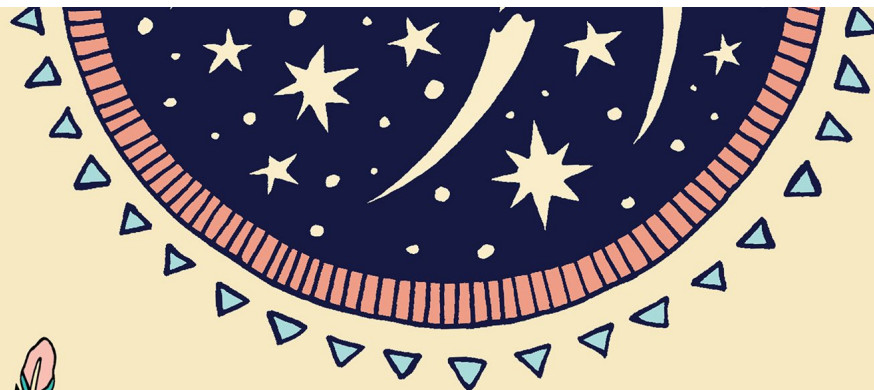
And that I may be able to do all

that I am able to do

And I shall give my children power

Granting me wisdom and

Sit quietly for a minute or two, then take your journal outside, being careful not to spill any of the magic mixture from your list of tasks. Then shake the mixture out on the ground, saying a silent prayer of thanks to the powers that be for the help you are about to receive.



List the tasks that are troubling you here:







.....

.....

Thinking of what you are asking, think it over for a few days, for

you will need to know how to make that dream come true. Do I like you

in the way that you have received the following questions? What

is your special request? What would you like to have for a day

everyday you are naturally asked?

.....

he universe loves to grant us our requests.

However, we need to ask and be specific about

what we want. Write a letter to the universe, telling it

your deepest desires. You can include:

.....

.....

.....

.....

.....

.....

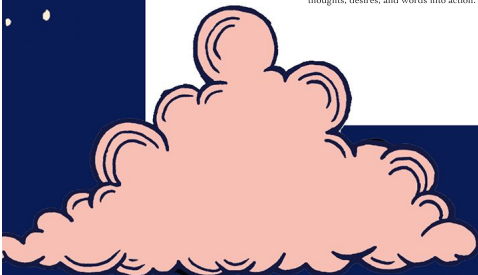
.....

Read these requests aloud seven times, for seven

nights (preferably between a new and full moon).

Your success will be guaranteed if you also put these

thoughts, desires, and words into action.





CREATIVE THINKING

SPELLS

Be honest. Express gold and strength to be and have the way you feel.

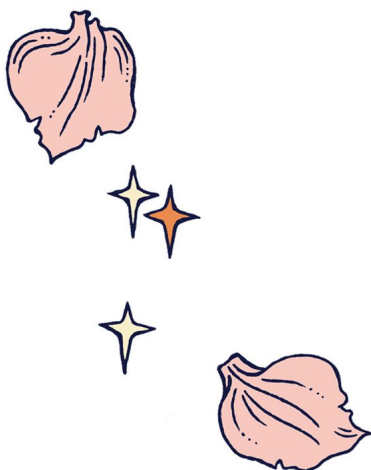
and the long time is a quality of confidence in your voice. Have fun.

Be gold and gold and the color will still provide information to

creativity, release your ideas to become with it.

WHAT YOU NEED

- Red candle
- Gold leaf flakes
or gold glitter
- Red rose petals (for the
growth of passion for
your creation)
- A small pouch



light the candle and place this book in front of it.

Sprinkle some gold leaf flakes or glitter on the

bottom of the page. Take a moment to concentrate

and focus on the image of the sun god, Ra. Now

gently blow the flakes of gold across the image of Ra

to offer your "treasure" to the sun god. Then recite

the following charm:

Be strong, your will is made of flowers.

Be strong, the gold is my flower.

Sprinkle the rose petals on the page, then blow out

the candle. Leave the rose petals and gold flakes on

the open pages overnight. The next morning, put the

petals and gold flakes into a pouch and keep them in

a secret place for one lunar cycle. This will attract

creative thinking in all you do. You can print the next

page at <https://www.abramsbooks.com/witching-hour/>.



Jot down the ways that you express your own creativity.

SUCCESSFUL

OPPORTUNITY

RITUAL

The symbol symbolizes the power of "Opportunity" (Success)

"Not of the Dragon," but also there is a hidden power for you

where a dragon sleep is more than a real one but a

or other powerful feeling, the power of the spirit and you

is the world of all other and really you is the strength of

you yourself that come from you

WHAT YOU NEED

- Green candle
(to invoke success)
- Purple candle
(to attract opportunity)

every evening for five nights, light one green and one purple candle, placed on either side of the book, and focus on the symbol on this page for five minutes. Five is the number of profit and will enhance the outcome of this ritual. Focus on the center of the symbol to enable the maximum energy to connect with your own inner power. As you gaze at the symbol say:

My power is growing, my success is for me, for I am the power of the world!

Success is the opportunity I take. Success is the power of the world!

My power is the power of the world!

Now write the message beneath the symbol to encourage favorable opportunities to come your way. Blow out the candles and, each evening, drip a little wax from each candle onto the symbol to seal your intention. You can print the next page at <https://www.abramsbooks.com/witching-hour/>.



SUCCESSFUL

J.R.R. RUTING

There are several things people like to do, and they are:

and what you can do is to make it work for you.

For example, the way "the job" is done is "the" way.

There are many ways to do it, and you can choose the

the way you want to do it, and you can choose the

and choose the way you want to do it.

"What" is a word that is used to describe

the way you want to do it, and you can choose the

the way you want to do it, and you can choose the

the way you want to do it, and you can choose the

his rune charm will strengthen your resolve
and purpose, bringing you success in your
search for a new job or career.

As with many "actively seeking something"
spells, perform this charm between a new
moon and a full moon, and preferably on
a Tuesday (named after Tyr in Viking
tradition) to invoke the power of this
favored god.

Concentrate on the three runes on the page,
and focus on your job requirements, career
needs, or long-term goal. Is it to get out of a
rut or a boring job, or is it to venture

forth, take a risk, and try something
new? Make sure you know what
you are looking for before you

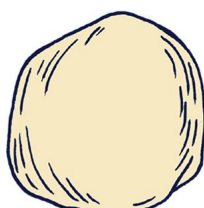
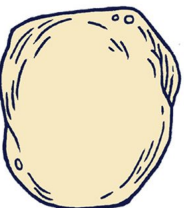
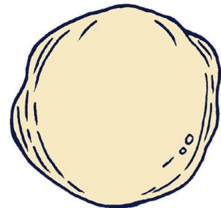
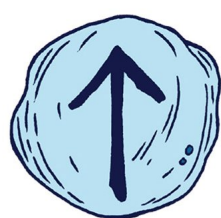
do the next part of the charm.

You can print the next page at

[https://www.abramsbooks.com/
witching-hour/](https://www.abramsbooks.com/witching-hour/).



Copy the runes, and below each one write your petitions to invoke their power.



Hagall (H)

Bjarkan (B)

Kvan (K)

For my good...

For my...

For my...

Call me...

Call me...

Call me...

Finally, write

Draw a picture of the request you want to make.





DOWNING DOWN

THE DOWN

INSPIRATION

The most magical and magical of all the stars

inspired by the stars of the night and the stars

A thousand stars are in the heart of every star

and in a few more stars of the night. The stars

and the stars of the night are the stars of the night. The

stars are the stars of the night.

Y

ou can try the above ritual yourself. Or on a full moon night,

you can simply focus on the image to the right, as you repeat

this spell five times (a mystical power number). You can print the

next page at <https://www.abramsbooks.com/witching-hour/>.

Write the spell in the water in the reflection of the moon:

There is the most light

of the stars

of the stars

of the stars

of the stars

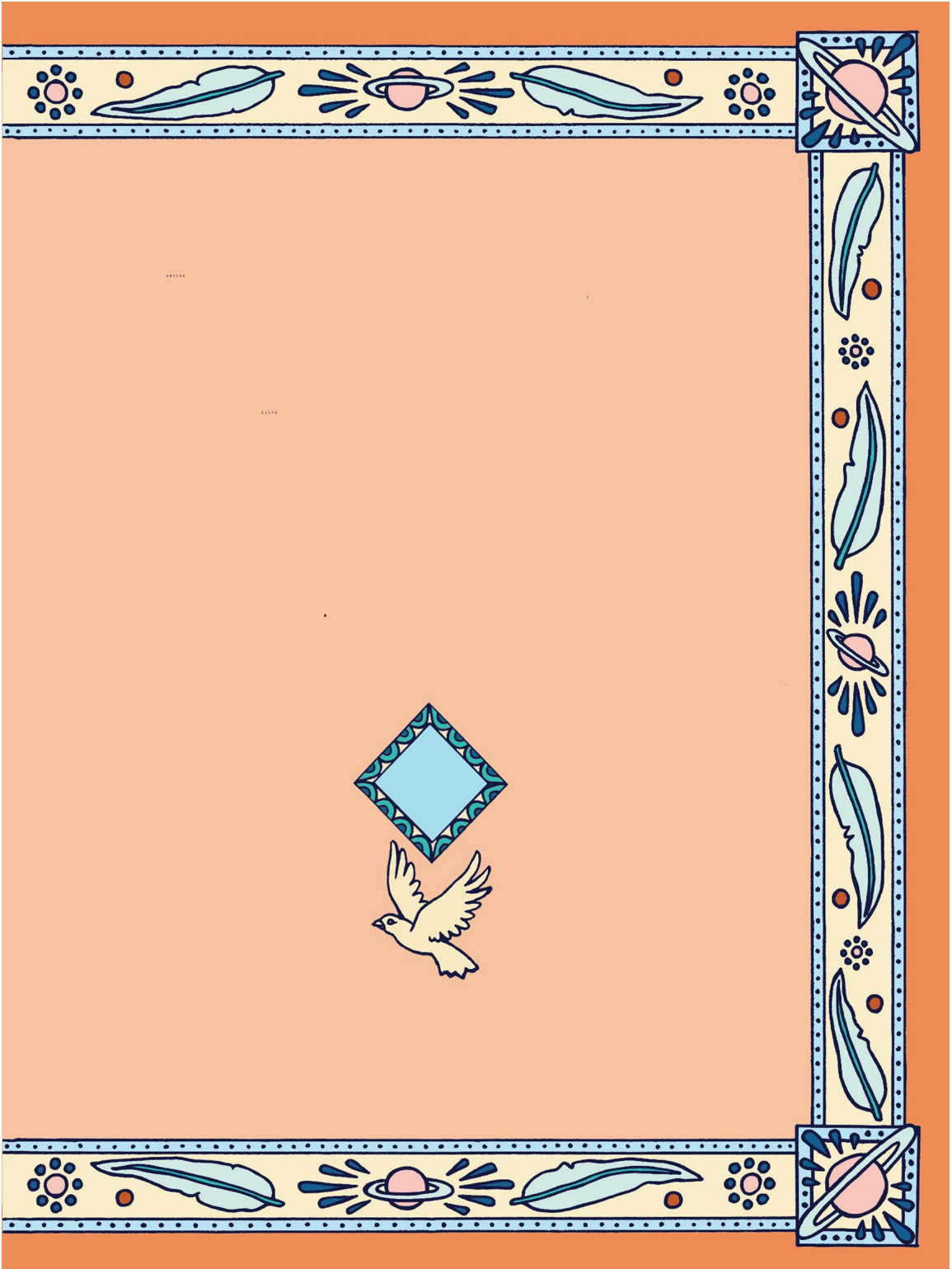
of the stars

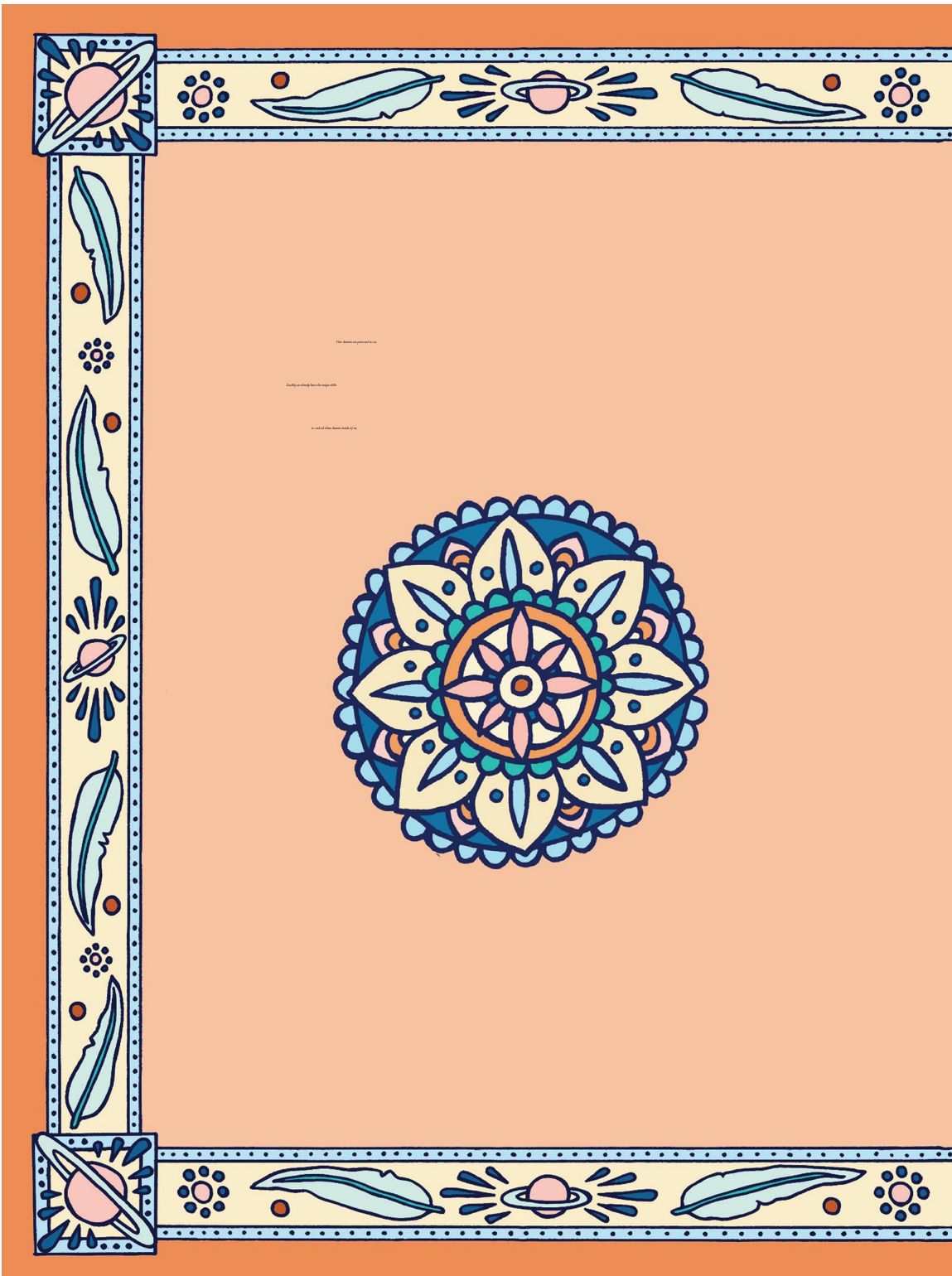


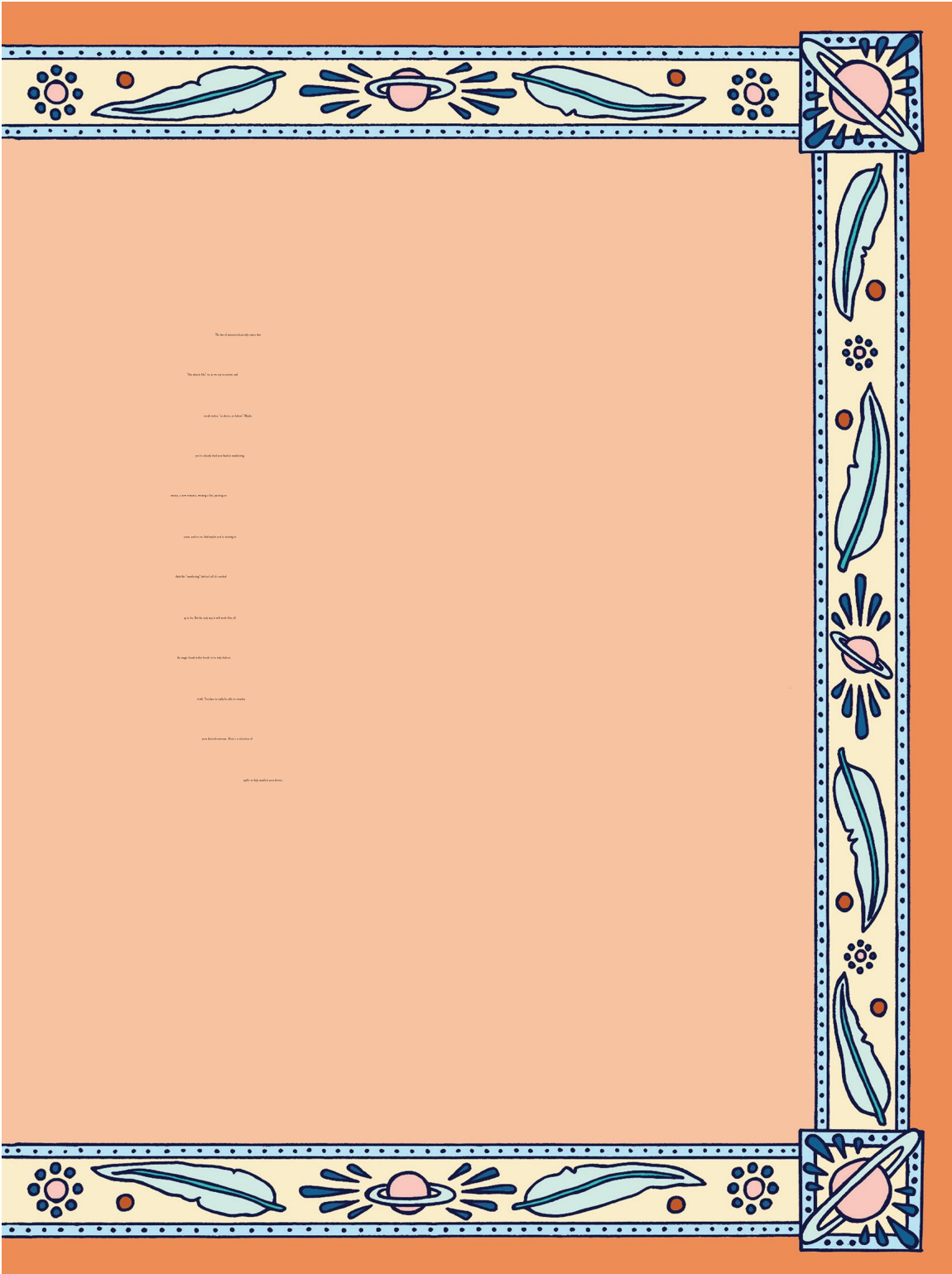
The stars are the stars of the night and the stars of the night.











C I R C L E

C I R C L E

Draw circles, dots, lines, shapes, and anything you like, wherever in English!

Now around the circle, draw, write, or whatever you like, wherever in English!

After eleven circles, the circle will be full of what you like. The circle

is what you are going to make! Now draw, write, or whatever you like!

So when you are a circle, you can draw, write, or whatever you like!

Now draw, write, or whatever you like, wherever in English!

WHAT YOU NEED

- Scissors



rite each word of the following spell on one of
the stones on the next page. It doesn't matter

where you start, but work your way around the circle
in a clockwise direction. When you have completed the
first eleven words, continue going around again until you
have circled the stones twice. There are now two words
written on each stone. This will bind your spell to the
magic circle.

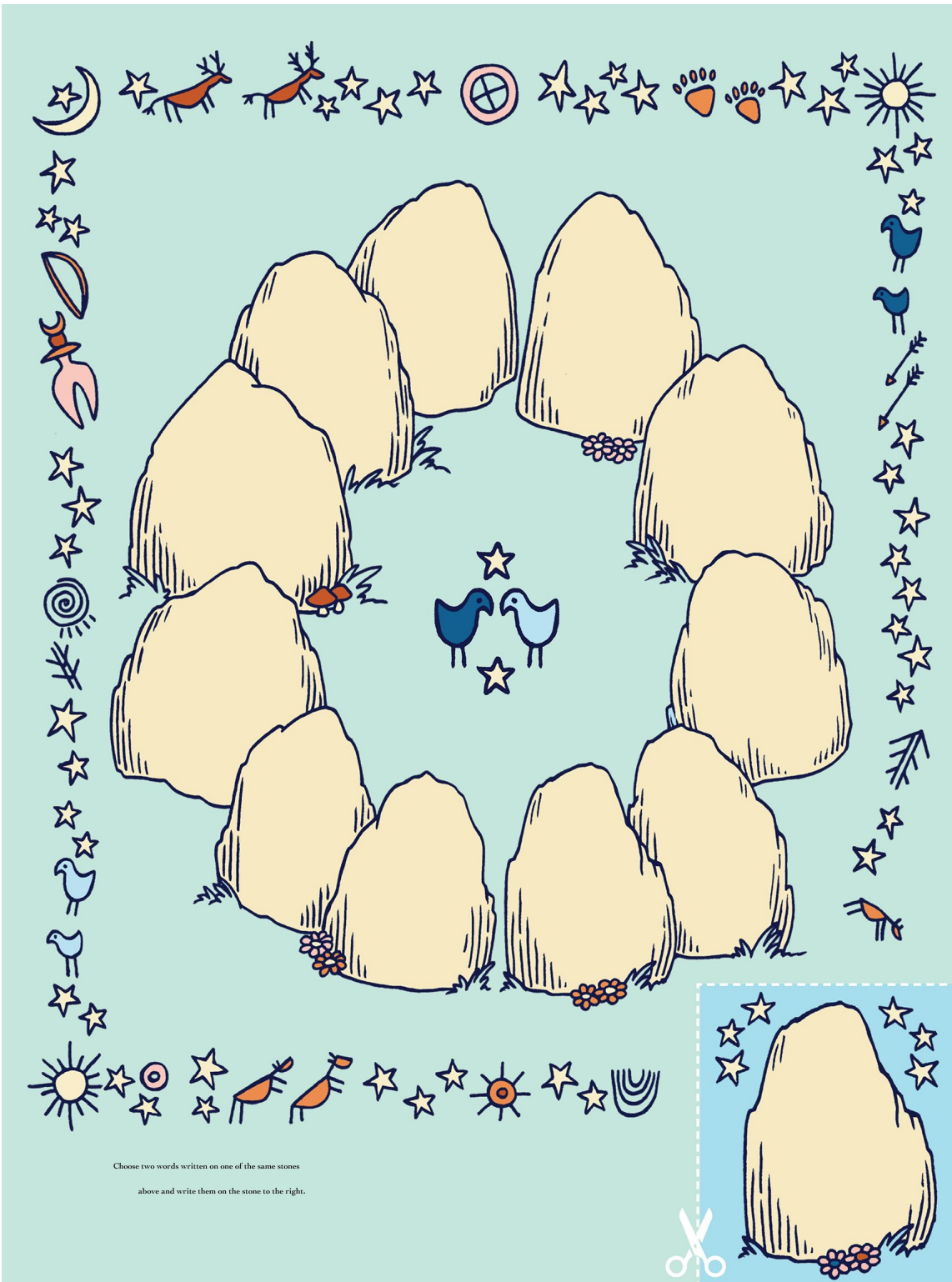
Draw a circle, dots, lines, shapes, and anything you like, wherever in English!

Now around the circle, draw, write, or whatever you like, wherever in English!

After eleven circles, the circle will be full of what you like. The circle

Now choose two words, written on the same stone, that
stand out to you. Write them on the stone in the bottom
right-hand corner and recite the spell aloud eleven times
(eleven is considered by many cultures to be a mystical
number, and it represents double energy of the self).

Cut out the stone in the corner and place it under your
pillow to perpetuate the power of the spell. You can
print the next page at <https://www.abramabooks.com/witching-hour/>.



Choose two words written on one of the same stones
above and write them on the stone to the right.

FOUR: GOLD

FIVE: CONSEQUENCE

This book will tell you a powerful secret of money called a vision.

Now know, how to create it. Don't let it go. It's the end of the road.

When you truly believe it, you'll.



WHAT YOU NEED

Two gold candles



not spells bind and focus intentions. Golden threads were used in renaissance tapestries to pull the rich colors into a comprehensive whole. Similarly, the golden threads depicted here will draw the riches of the universe to you.

Know how much you want and the date you want it by—write this down in the space provided at the top

of the next page. You can print the next page at <https://www.abramsbooks.com/witching-hour/>.

Light the two gold candles and place them on either side of your book.

The illustrated gold threads are already braided and knotted. All you have to do at each knot is to write down each line of the charm, saying it aloud as you do so.

When you, spirit's light

When you, spirit's light

When you, spirit's light

When you, spirit's light

When you, spirit's light

When you, spirit's light

When you, spirit's light



Date

Amount



Keep this gift card very secure, unless the card owner

has requested to transfer your digital account



WAND BENEFICIAL

FORGET IT

NEGOTIATION

When I am not busy, I want to buy and sell property that will do me best in all.

For nothing or little or less, I will not sell, and I will not buy, I will not buy.

For nothing or little or less, I will not sell, and I will not buy, I will not buy.

Remember you are the one, but that does not mean you are to be.

WHAT YOU NEED

- Piece of citrine (for good negotiation and manifesting your desire)
- Scissors
- Twine/thread
- Small pouch



Perhaps your goal is to find a great roommate, to move somewhere with a shorter commute, or to buy and sell property. Whatever you want to manifest property-wise, this is the spell to attract it to you. You can print the next page at <https://www.abramabooks.com/witching-hour/>.

On the opposite page is a secret cipher. Known as the "witches alphabet" it is still used by Wiccans to write secret messages or spells. First published by the German abbot and cryptologist Johannes Trithemius in the sixteenth century, the script amplifies the power of the citrine when carried with you.

Place your piece of citrine on this page, then write the following spell using the corresponding alphabet. Copy the spell onto the strip at the side of the next page, cut it out, wrap it around the piece of citrine, and tie it together with twine or thread. Place it in a pouch, and carry it everywhere you go to attract beneficial property negotiations.

Write this and change the stars

Change the stars and change the stars



u	h	w	l
o	th	u	h
u	en	u	o
u	m	u	o
u	u	u	h
h	u	u	u

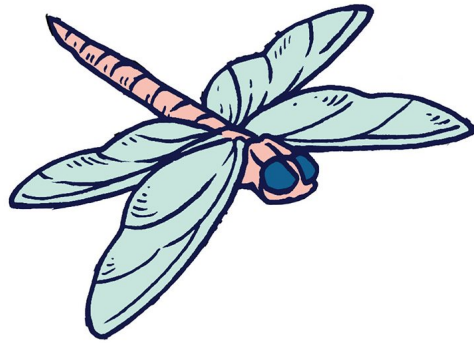


Translate the spell using the witches alphabet.

Copy it onto the strip at the side of the page.

Cut the strip out and wrap it around the citrine.





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PROLOGUE

CHAPTER

When things are going right, life is easy. When they

are going wrong, life is hard. When they are

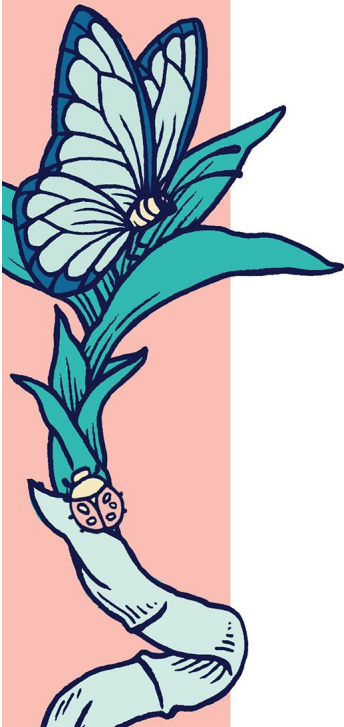
going wrong, life is hard. When they are

going wrong, life is hard.

1

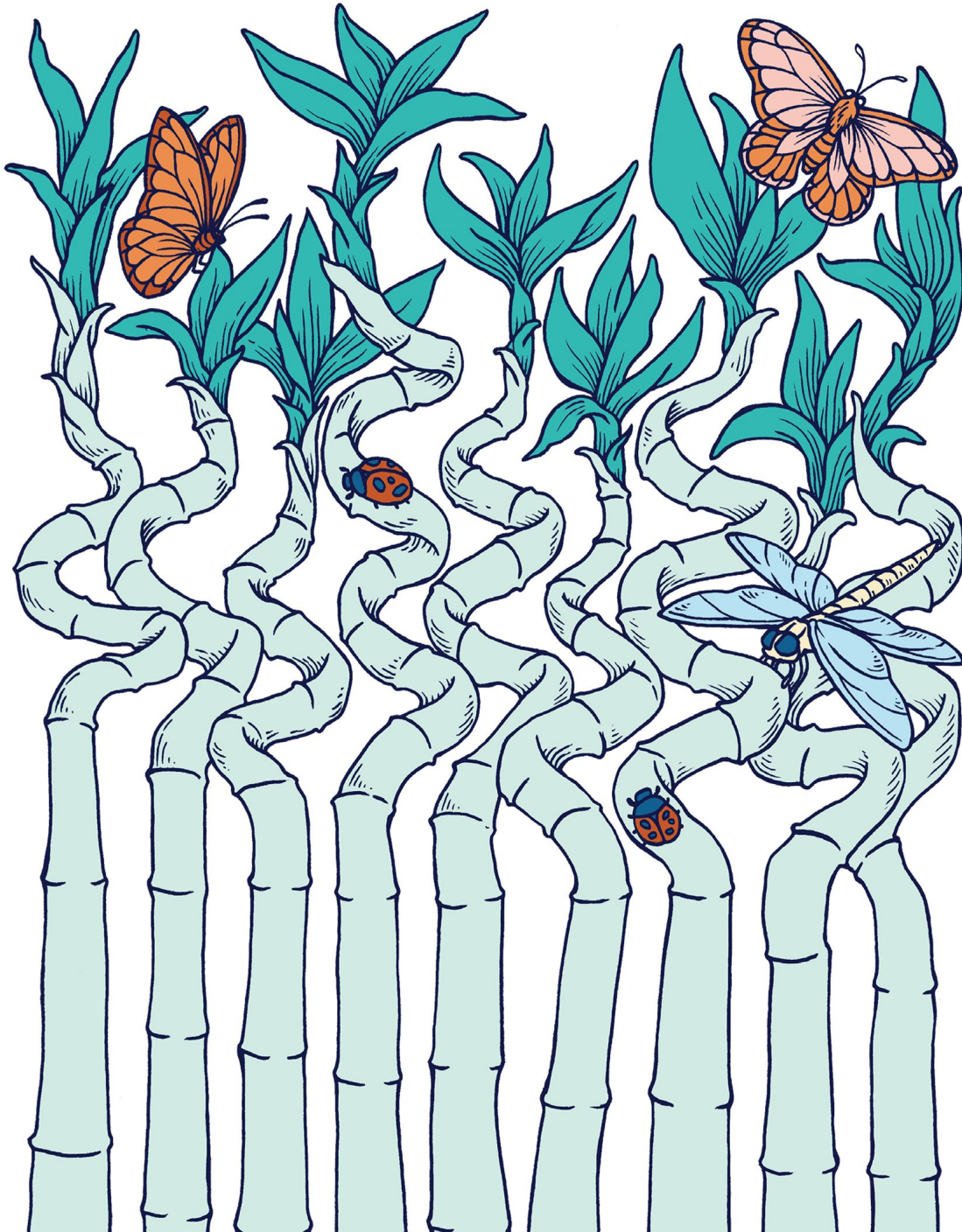
In feng shui, the so-called "lucky bamboo" plant has long been the Chinese symbol for fortune and self-empowerment. The number of bamboo stalks determines the kind of energy the plant attracts into your home and life. The more stalks, the greater the good fortune. So for good fortune, keep a plant with at least nine stalks, as this number is highly auspicious.

Here's an illustration of a nine-stalk lucky bamboo. Along each stalk, write a word that sums up one of your desires. Soon these things will come to you, especially if you incorporate a real plant in your home and place it in a southern or southeastern part of a room. Good luck! You can print the next page at <https://www.abramabooks.com/witching-hour/>.



Along each stalk, write a word that sums up one of your desires.

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MANIFEST SOUGHTFUL

ENLIGHTENMENT

*Enlightenment is achieved in many different ways. The right**path leads to it, but the path is not the same for all. It is your path.**An enlightened person is not a person who has been enlightened.**An enlightened person is not a person who has been enlightened.**Enlightenment is not a state of mind, it is a state of being.*

WHAT YOU NEED

- Colored pens/pencils

If you would like to be enlightened in some way, follow in the path of the Buddha who, according to legend, left his footprint on the stone floor on which he stepped the moment after his own enlightenment.

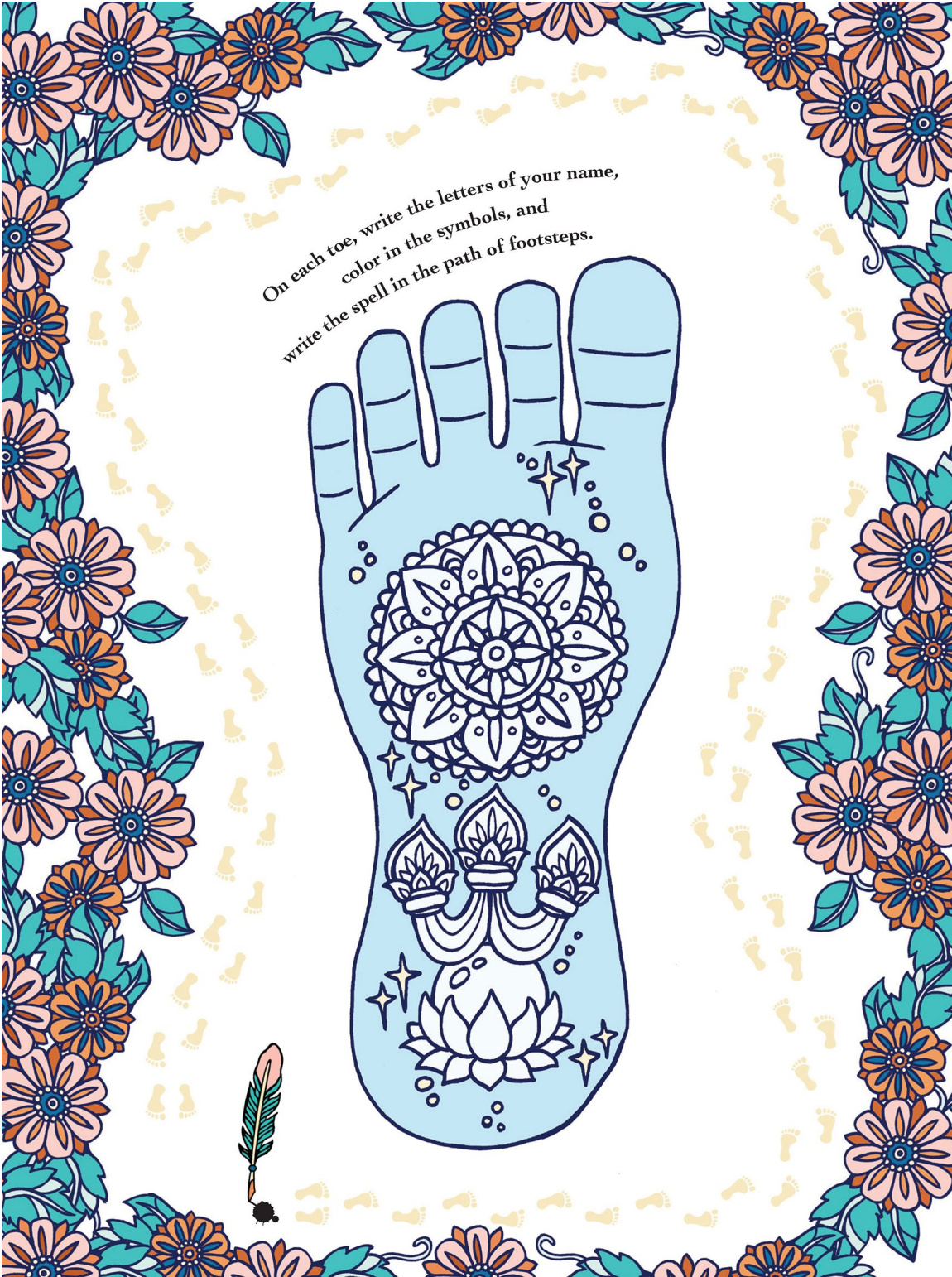
Depictions of this print, known as a "buddhapada," are found in ancient Buddhist temples. Inside the outline of the footprint are three other auspicious Buddhist symbols: the Dharma Wheel (top), the Three Jewels (center), and the Lotus (bottom). You can print the next page at <https://www.abramsbooks.com/witching-hour/>.

Starting from the little toe, write the letters of your name on each toe. For names with more than five letters, write any additional letters under the first letters. For example, for the name "Miranda," the "D" would be written under the "M" of the little toe.

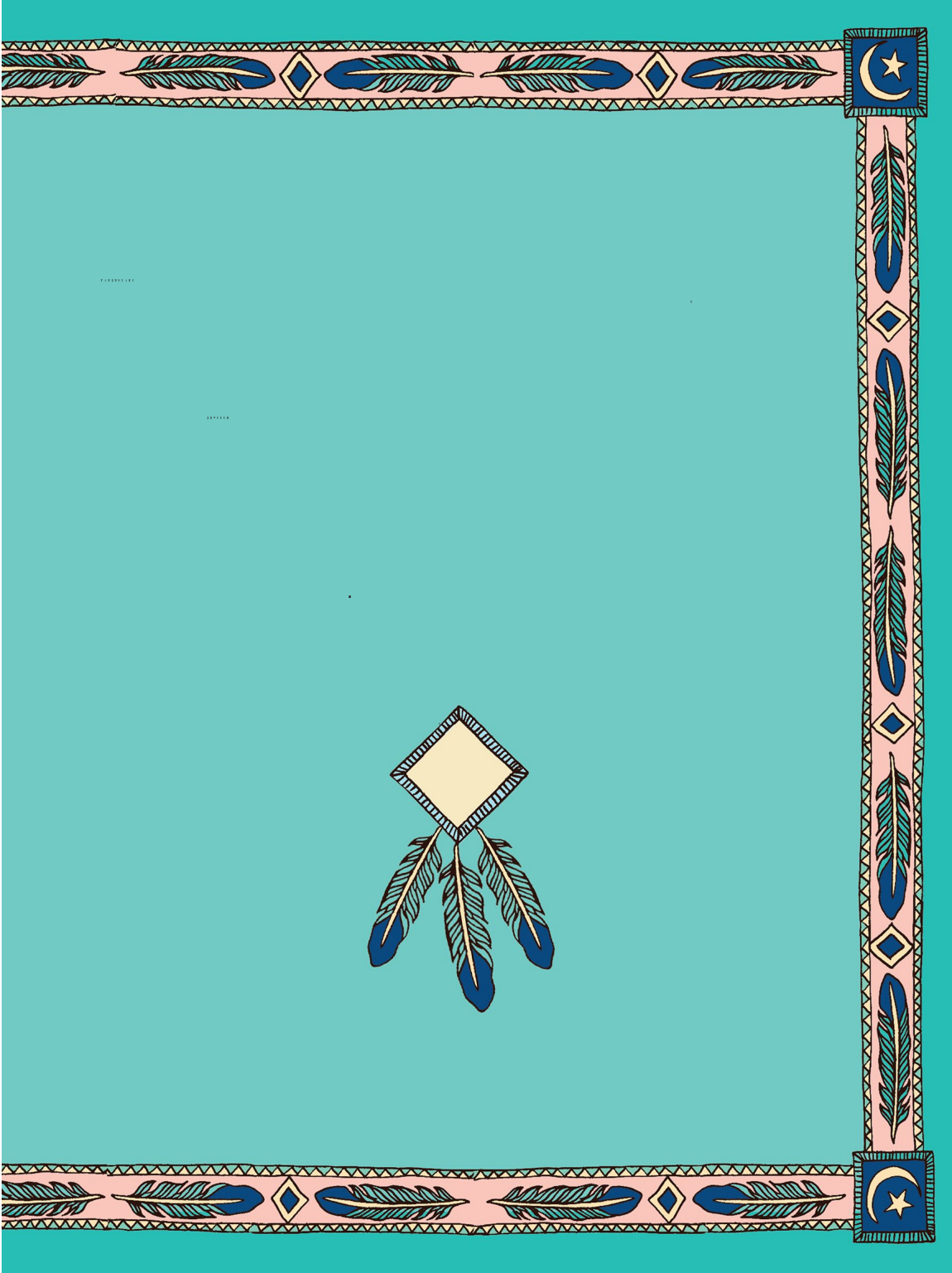
Next, color the symbols as desired. Then write the following spell in the path of footsteps around the illustration:

*Om mani padme hum**Om mani padme hum**Om mani padme hum**Om mani padme hum*

On each toe, write the letters of your name,
color in the symbols, and
write the spell in the path of footsteps.













CHAMOMILE

CHAMOMILE

When you're in a good place, it's hard to see the stars.

When you're in a good place, it's hard to see the stars.

When you're in a good place, it's hard to see the stars.

When you're in a good place, it's hard to see the stars.

WHAT YOU NEED

- Chamomile flowers (1½ oz. (35g) dried or 2½ oz. (77g) fresh)
- Teapot
- Bowl
- Large plant pot
- Soil
- Chamomile plants or cuttings

to make a chamomile infusion, add the dried or fresh chamomile flowers to 17 fl oz. (500ml) of boiling water, in a teapot, and leave to infuse for around 10 minutes. Using a strainer, pour yourself a cup to drink, and then strain the rest into a bowl and leave it to cool. While it is cooling, fill the pot with soil, and plant a chamomile. Bring the rift between your friends to mind and chant this rhyme as you work:

When the stars are there,

When the stars are there,

When you have finished, wash your hands in the warm infusion, then water the plants with it. As you do so, make a wish that their friendship will be refreshed and grow stronger with the plant.



Write down the reasons for the discord between
your friends. Then cross all these out with a thick
line, so that they are no more. You can print this
page at <https://www.abrambooks.com/witching-hour/>.

Then write the names of your friends entwined with
each other, to bring them back together.



RECONCILIATION

LULLAY

According to an old Persian legend, the Milky Way separates two

loves, the stars between and elsewhere, only so the world stays

if the world have made over they should be near the stars

Forbid the boundaries, a challenge to the sky to show

uring the festival, people write their wish for happy reunions or joyful reconciliations on scraps of colored paper. The paper is tied to bamboo sticks and set afloat on the river as an offering to the two star deities. This similar ritual will bring you happy reunions with those pals you've not seen for some time or wish to get close to again.

Write the names of people you want to be reconciled or reunited with on one of the paper flags shown here. You can print the next page at <https://www.abramsbooks.com/witching-hour/>. Seven nights later or during a full moon night (if that comes first), write the following charm:

Others and I stand with hope

Looking on the quietest night



May none you want to be reconciled





WITCHING HOUR



We know we can always rely on your special friends for support & advice if

chances, or just a good laugh. So keep these relationships close with the

friend that will bring you both mutual respect and joyful times.



lowers were believed to express various sentiments when given as a gift. Below is a list of flowers with

their traditional symbolic meanings. Choose a flower

that reminds you of a pal you want to be in your bestie

bouquet. (You don't have to have nine friends, maybe

just a few, or even one for now—you can always add

to the bouquet as time goes on.)



Forget-me-not—They will forget you, but you're special.

Chrysanthemum—Honesty, strong, joyful.

Flax—Delicate, like a dream.

Lily—Purity, love, peace.

Orchid—Strength, energy, passion.

Geranium—Pride, joy.

Lotus—Purity, peace, enlightenment.

Rose—Love, passion, desire.

Chrysanthemum—Honesty, joy.



Color in the appropriate flower/s and write your friend's

name underneath the flower. You can print these pages

at <https://www.abramsbooks.com/witching-hour/>.

Then seal the intention by writing this incantation:

These flowers will bring me friendship, love,

and we will be friends forever.



WHAT YOU NEED

- Colored pens/pencils



Lilies for my friend



Hibiscus for my friend



Color in the flowers and write your friends' names underneath.



Forget-me-not for my friend



Chamomile for my friend



Daisy for my friend



Pansy for my friend



Lavender for my friend



Iris for my friend



Cherry Blossom for my friend



H O W T O D O I T

TECHNIQUE

Don't worry. Don't worry. Make it easy to keep your pal alive.

Don't worry. Don't worry. Make it easy to keep your pal alive.

Don't worry. Don't worry. Make it easy to keep your pal alive.

WHAT YOU NEED

- Small tea light candles (one for each friend you want to check out)
- Pin or needle
- Colored pens/pencils

Take the tea light out of its metal case, and carve the name of your pal (with a pin or needle) around the side of the candle—make sure the wick is upright and the candle is on a flat surface. Light the candle, and watch how it burns for a few minutes.

- If it burns true and the flame is still, your pal is completely trustworthy.
- If it flickers erratically on and off, your friend can be a bit of a gossip.
- If it goes out or flickers constantly, then don't trust this friend!

On the next page, write the names of the friends you can trust on the side of the candles and color them in. Use colors that make you feel joyful about and grateful for your pals. Now you can safely tell them your secrets. You can print the next page at <https://www.abramshooks.com/witching-hour/>.



Write the names of the friends you can trust on
the side of the candles and color the candles.





EMPTINESS MEDITATION

MANDALA

Open your eyes, look at the mandala, and gently to guide you.

or you allow, look at something new, or get to through the universe.

of life, if you have other kind of energy, you can follow you, and life.

now, this is the center of the life, the power, the power life.

WHAT YOU NEED

- Colored pens/pencils
- Candle

The mandala (Sanskrit word meaning "circle")

is a spiritual and meditational device used

in Hinduism and Buddhism. Rich in symbolism,

mandalas represent the entire universe or cosmos.

The ancient Aztec "sunstone" is now considered

to be a form of ritual mandala.

In the center of the mandala, write down the kind

of mentor you are looking for. Maybe you need

career advice, a wellness motivator, a creative

guru, or just someone with fresh perspective.

Color the mandala in any way you like. As you

color, meditate on your desire; concentrate and

focus on bringing the person with the qualities

you seek into your life. You can print the next

page at [https://www.abramsbooks.com/witching-](https://www.abramsbooks.com/witching-hour/)

[hour/](https://www.abramsbooks.com/witching-hour/).





Write the kind of mentor you are seeking in the middle of the mandala.

Color the mandala, focusing on your desire to bring this person into your life.



How you feel about this is really what makes the difference for us.

We're not alone in our quest for a powerful life.





AN UNO

AND UNO

UNO

But you are not the only one who is not.

They are the ones who are not, who are not, who are not.

And you are not the only one who is not.

And you are not the only one who is not.

And you are not the only one who is not.

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And you are not the only one who is not.

And you are not the only one who is not.

his spell, like all banishing spells, should be performed during a waning moon period.

Sprinkle some rose petals around the base of the candle and drizzle a few drops of ylang-ylang oil onto the candle and the petals. Now light the candle and gaze into the flame while you repeat the following:

The earth is not the only one who is not.

The earth is not the only one who is not.

The earth is not the only one who is not.

The earth is not the only one who is not.

The earth is not the only one who is not.

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The earth is not the only one who is not.

The earth is not the only one who is not.

The earth is not the only one who is not.



If you don't have the oil or rose petals, you can simply light a white candle and focus on that while you repeat the spell. But the spell will be much more powerful if you can use the ingredients too.



Write down the intention behind this spell:

What bad vibes are you dealing with now?

You can print this page at <https://www.abramsbooks.com/witching-hour/>.

Drizzle a few drops of oil in this corner while you repeat the spell.

Cut off the spell-infused corner of your book and keep it in your

pocket. By the next full moon you will find negative vibes are replaced with peaceful ones.



WHAT YOU NEED

- Gold pen
- Piece of rose quartz crystal

HOW TO

STEP 1

STEP 2

STEP 3

STEP 4

Good friendship requires us to help one another in a just

and kind way. They may be in the other side of the globe or

live in another city. Wherever they are, let them feel our

love for them and bring us joy in return. Use each of 6

STEP 5

Mark the approximate location of your friend's

whereabouts on the map and write their name and

your wish for them next to it. Place the crystal over their

name. Write the spell in gold pen, and then repeat aloud.

May you be with him (her)

And be true to each other

Be gentle with one another

And let your hearts be true

Now blow gently on the crystal and the world map, and imagine yourself

blowing a gale of kisses in the direction of your friend. You can print

these pages at <https://www.abramsbooks.com/witching-hour/>.



Mark the location of your
friend on the map and write
their name and your wish
for them next to it.





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THE

modern witch is
empowered and determined,
and she defies expectations
at every turn. But even the most
all-powerful sorceress sometimes
needs a quiet moment to reflect, recharge,
and maybe cast an enchantment or two.



This guided journal encourages you to set
aside time for your own personal “witching
hour.” Use the spells, charms, and incantations
within its pages to conjure self-confidence,
summon success, nourish friendships, banish
negative thinking, and master the magic
of self-love.



Filled with mystical illustrations
and plenty of witchy wisdom,
this journal has everything
you need to lead your best
(and most magical) life.



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